

*Kris Andre-Stocker  
President*

## 2017 Lodge Officers

President: Kris —279-1610  
VP: Carl Ingvaldstad—987-2404  
Counselor: Kirby Aasen—349-8792  
Secretary, Musician/Editor:  
Mary Beth Ingvaldstad  
Membership Secretary/Publicity  
Director: Ellen Aasen—279-8699  
Treasurer/Foundation Director:  
Carl Ingvaldstad  
Social/Cultural Director:  
Kirby Aasen

Marshalls: Kris Kjera, Elsie Voss  
Greeters: Jo Swenson, Ellen Aasen  
Librarian: Dennie Robison  
Tubfrim Chair: Ev Robison  
Webmaster/Camp Norge  
Ambassador: Kirby Aasen  
Sunshine: Jo Swenson

## *Hurrah, Hurrah for Syttende Mai!!!*



*Saturday, May 13—1:00pm*

### *Constitution Day Tea Party*

A **Potluck** of Small Tea Sandwiches  
and Sweets  
(Bring a tea cup and your fare to  
share! )



*Special Program—  
Wire Weaving with Robin Prosje*



Make your own bracelet the  
Viking Way

All materials and  
instructions  
provided by  
the Artist!



*Bring a friend to share in the fun!!!  
Make a gift for Mom for Mother's Day!!*

**We Meet at:** Galilee Lutheran Church Community Center 8860 Soda Bay Road  
Kelseyville, CA 95451

Usually every Second Sunday—1:00pm

A Meal followed by a Program



## Today's Recruitment Goals Fuel Future Success

Sons of Norway Headquarters is pleased to announce the launch of its 2017 recruitment campaign – a revamped and expanded Founders Day Awards.





With our 125th anniversary fast approaching, the new campaign reinforces the vision of Sons of Norway's founders for an organization that celebrates its roots while continuing to look toward the future.

With the new Founders Day Award, lodges that reach their target recruitment goal are rewarded with a number of prizes. **The 10% growth for Vikings of Lake Lodge #6-166 is SIX new members—we have reached our goal already. However, we will keep striving to add more members until December 31, 2017. Watch for news about a Prospective New Member Luncheon in the Fall!** The prizes include a \$200 cash card the lodge may use toward a celebration of reaching its goal, exclusive access to a new program for lodge members, and more.

Lodge Vice Presidents recently received additional information about the 2017 Founders Day contest as well individualized goals for recruitment. These goals were developed to align with Sons of Norway's overall goal of welcoming **3,500 new members in 2017**, just one of the ambitious organizational goals developed by Sons of Norway's International Board of Directors.

The 2017 Founders Day campaign is an opportunity for all members to get involved and support not only their lodges, but help grow the organization. Keep up with the Sons of Norway blog and e-Post throughout the year for ways you can help Sons of Norway and find lodge success stories.

### MARK YOUR CALENDARS—GREAT STUFF COMING!!

|  |   |   |  |                                      |
|--|---|---|--|--------------------------------------|
| Sunday,<br>June 11<br>1:00pm                         | Pølse med Lompe and<br>all the fixin's<br><br>Tine Marsj                                |                  | <i>Sankt Hans Aften</i><br>Picnic on the lake at The Aasens'   | Kirby and<br>Ellen Aasen             |
| Sunday, July 9<br>12Noon<br><br><b>Ingvoldstads'</b> | Potluck Lunch<br>A-I—Salad<br>J-Z—Desserts<br>Sandwich fixings<br>provided by CP and MB | <b>Velkommen til oss!</b><br><br><b>Slapp Av Med Venner og Mat</b><br>"Relax with Friends and Food" |   | Carl and<br>Mary Beth<br>Ingvoldstad |
| Sunday<br>August 13<br>1:00pm                        | Potluck: Please bring<br>your favorite salad<br><br>Tine Marsj                          |                  | <b>"Falun to Røros"</b><br>A Historic Journey with<br>Horse and Sled   | Kris Kjera                           |
| Sunday<br>September 10<br>1:00pm                     | Potluck<br>Cold Cuts, Veggies and<br>Dip<br><br>Tine Marsj                              |                  | <b>Norwegian Elkhounds</b><br>Keith and Jeannie<br>Emmertson bring Solskinn,<br>Solveig and Tove to visit<br>with us.<br><br>Come enjoy these great animals!!! | Evelyn and<br>Dennie<br>Robison      |

Velkommen Nye Medlem—————Steven Stocker

**Thanks for Renewing Your Membership!!**

Dorothy Aline Dahl

Ruby E. Glebe

Christina L. Hanzel

Vale D. Hanzel



**Please start bringing raffle items each month for our Scandinavian Christmas Open House to support our kids and our Community!!!**

**Hurrah for deg!!**



**GRATULERER  
MED  
DAGEN**

- 1—Paul Ingvoldstad
- 2—Maryetta Andre
- 13—Elsie Voss
- 17—Kris Kjera
- 25—Christine Potter
- 29—Karen Rae Madsen

**Heritage Members**

- 1—Alex Castillo
- 8—Adam Astrup
- 17—Bianca Baretto



**TUBFRIM  
(TUBerculosis and  
FRIMerke/stamps)**

The Tubfrim program has provided funds for years to aid disabled children in Norway. The program was established in 1928 in the Norwegian town of Nesbyen, originally raising money to aid the eradication of tuberculosis among children in Norway.

You need to trim stamps, leaving a quarter inch around the edges so as not to damage perforations. Then bring them to the Lodge for Evelyn Robison to send on to our District Coordinator, Jon Arild. One pound of trimmed stamps gives you one entry into the contest in which you can win ticket to Norway (up to \$1000 value).



April 8, 2017—Norwegian Mystery Tour



President Kris tells about Easter in Norway. Mystery Books, Lunsj (kitkat) and an orange in the mountains.



The "Astrup Boys", Adam, Paul and Gordon, enjoy their afternoon as guests.



Mary Beth and Carl Peter enjoy having Jo, Phoebe and Kai join us for the afternoon.

**KitKat Candy Winners:  
Vicki, Robin, Gordon and Jo**

**Raffle Winners: Adam and  
President Kris**



Kirby and Carl show off their membership cards for the Century Club!



Eva, Dorothy, Theresa, Robin, Ellen and Jo enjoy their wonderful pork roast meal.



Sven and Ole are up fixing the roof. Sven picks up a nail, looks at it, and throws it away. He picks up the next one, looks at it, and hammers it into the roof. The next one, he hammers it into the roof; the next one, he throws it away. Ole says, "Sven, why do you throw away half the nails?" Sven says, "Ole, don't you see, they have the point on the wrong end!" Ole says, "Sven, don't be such a dummy! Those are for the OTHER side of the roof!" *Tusen takk to Troan at #6-09*

***Veiled Peasant Girls (Tilslørte bondepiker)***  
Authentic Norwegian Cooking Astrid Karlsen Scott



- 1/2 lb. apples
- 1/2 cup water
- 3/8 cup approx. sugar
- 2 1/2 tbsp. butter
- 2 cups white bread, dried and ground
- 3/8 cup sugar
- 1 1/2-2 cups heavy cream
- 1/2 tsp. pure vanilla extract

Peel and core apples, and cut in wedges. Cook in the water until tender. Be careful not to scorch. Add sugar to taste. Stir to the consistency of applesauce, but leave a few whole bits of apple. Cool.

Melt the butter or margarine in a frying pan. Add the bread crumbs and sugar. Mix and brown over medium heat. Turn constantly with a spatula as they brown. The bread can easily be burnt if it is not stirred all the time. The crumbs should be a light caramel color. When done spread on platter to cool.

Whip cream until firm and glossy, adding a little vanilla if desired. Layer bread crumbs, applesauce and whipped cream in a glass bowl. Place a layer of cream on top. Sprinkle a few crumbs on top for garnish. Serves 4.

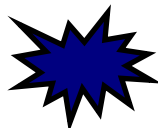
**Live** *life*  
**Laugh** *lots*  
**Love** *never*

Sven and Ole buy a mule. But when they get it home, they can't get it into the barn. It just won't go. Sven says, "I know just the problem. He won't fit through the door. His ears are too long." Ole sees that Sven is right, thinks a bit, and then says, "I know what we can do. We should raise the barn by a foot, so he'll fit." Sven asks, "Wouldn't it be easier to dig a ditch for him to walk in?" Ole says, "Sven, don't be such a dummy! It's his ears that are too long, not his legs!

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**Announcement—UPCOMING EVENT**

**May 15—2:40pm—Cobb Elementary School  
Adopt-a-School Presentation of \$600  
Sharon, Carl, Mary Beth and Joleen**



***Facts about Norway's Constitution***

Most of us know that the Constitution was signed on May 17, 1814, a day that Norway celebrates today with massive parades and parties annually.



But there are plenty more interesting facts surrounding this event, arguably Norway's greatest event in history.

**Did you know...**that the Constitution that was signed and adopted is the second oldest written Constitution in the world still in existence today? At the time it was also considered to be the most forward thinking and radically democratic Constitution ever written.

**Did you know...**that the Constitution underwent a linguistic revision in 1903? The overall language of the Constitution has basically remained unaltered, and the 1903 language is still used when proposed changes are made to the Constitution.

**Did you know...**that the document was inspired by the United States and French constitutions? The main difference was the text that referred to Norway as a Constitutional Monarchy.

**Did you know...**that within the famous portrait of the Constituent Assembly at Eidsvoll, about 70 of the 112 delegates present were painted well enough to be identified?

**Did you know...**that the representatives who put the Constitution together were under great pressure to finish the document? The Constitution was written and signed in 5 weeks. The January 14, 1814 Kiel Treaty said that Denmark would relinquish control over Norway to Sweden. During that transition of power Norway was considered an independent kingdom. In taking full advantage of that control a Constituent Assembly was put together, a King was appointed and a Constitution was written.

## *Vikings of Lake “SMART GOALS” for 2017*

1. Elect Nominating Committee of five members by August 2017.
2. Have a Prospective New Member Seminar in November 2017.
3. Set up a Lodge Telephone Tree to call and remind members of upcoming activities by June 1st.
4. Begin utilizing Evite reminders via the internet by June 30th.
5. Produce and provide a Member Satisfaction form for all members to complete by the end of November. (LAF)



### **Kids Will Now Have Time to Eat**

Schoolchildren should not have to gobble their lunches. The [Norwegian] government wants kids to have 20 minutes to eat. “Now the children will have time to eat their lunches. It is important to set aside time for this. Both for diet and health,” says Torbjørn Røe Isaksen to news agency NTB. He is [Norway’s] Minister of Education.

The government and Norwegian Directorate for Health and Social Affairs want children to have more time to eat. They advise about 20 minutes for lunchtime. For everyone. “We know that mealtimes at many schools disappear into many other things.

Some students in Norway receive five or ten minutes to devour their lunch. No more,” says Isaksen. This advice is part of a plan for a better diet. It applies to all of Norway. Only half of the primary schools in Norway have a lunch break of 20 minutes.

Schools and municipalities get to decide how the school day goes. And how long students will have for breaks. “Kids get very little time to eat. Many parents will recognize this. It creates bad attitudes towards having a good lunch break,” says Isaksen. “The government does not want to control municipalities.

They’re calling it a request. But that could change if schools don’t follow suit,” he said.





## Norway Tops the Global Happiness Rankings 2017

According to this year's World Happiness Report, Norway has jumped from 4th place in 2016 to 1st place this year, followed by Denmark, Iceland and Switzerland in a tightly packed bunch. All of the top four countries rank highly on all the main factors found to support happiness: caring, freedom, generosity, honesty, health, income and good governance. Their averages are so close that small changes can re-order the rankings from year to year.

Norway moves to the top of the ranking despite weaker oil prices. It is sometimes said that Norway achieves and maintains its high happiness not because of its oil wealth, but in spite of it. By choosing to produce its oil slowly, and investing the proceeds for the future rather than spending them in the present, Norway has insulated itself from the boom and bust cycle of many other resource-rich economies.

To do this successfully requires high levels of mutual trust, shared purpose, generosity and good governance, all factors that help to keep Norway and other top countries where they are in the happiness rankings. All of the other countries in the top 10 also have high values in all six of the key variables used to explain happiness differences among countries and through time – income, healthy life expectancy, having someone to count on in times of trouble, generosity, freedom and trust, with the latter measured by the absence of corruption in business and government.

Here too there has been some shuffling of ranks among closely grouped countries, with this year's rankings placing Finland in 5th place, followed by the Netherlands, Canada and New Zealand; and Australia and Sweden tied for the 9th position, having the same 2014-2016 score to three decimals. The USA is a story of reduced happiness, according to the report. In 2007 the USA ranked 3rd; in 2016 it came in 19th.



**RNR Construction** has begun to repair the road at Camp Norge and we are all excited!!



Work is to be completed by mid-June!!!

Photo to the left is from April 25th!



# LAKEVIEWS

the official publication  
of

**VIKINGS OF LAKE**

**LODGE #6-166**

**SONS OF NORWAY**

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ADDRESS SERVICE  
REQUESTED  
DATED MAIL

PLACE  
STAMP  
HERE

SAVE STAMPS FOR  
TUBFRIM!!!!

**FREEDOM, FRATERNITY AND PROGRESS—SONS OF NORWAY**

**LAKE COUNTY NEWS**  
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