



**SONS of
NORWAY**



LAKEVIEWS

Vikings of Lake Lodge #6-166 Newsletter

Volume 14 Issue 1
Scandinavians United!!!

January —2018



*Kris
Andre-Stocker
President*

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Installation of Officers

AND New Member Welcome

Sunday, January 14, 2018

1:00pm

Potluck Lunch

Thank our Vikings of Lake Officers of 2017 and congratulate our Vikings of Lake Lodge Officers for 2018 and welcome our most recent new members to Vikings of Lake Lodge!



Installing Officer: District Six President
Mary Beth Ingvaldstad

Bake Sale to benefit our Camp Trollfjell Campers for 2018 at Camp Norge!

Typically, We Meet At:

Galilee Lutheran Church Community Center
8860 Soda Bay Road, Kelseyville, CA 95451

Usually every Second Sunday—1:00pm

A Meal followed by a Program
Check our website at www.vikingsoflakelodge.org
and/ or visit our Facebook page



Attention: Social/Cultural Committee for 2018

Kris Andre Stocker—Chair

Robin Marsolek

Theresa Contos

Evelyn/Dennie Robison

Kirby Aasen

Mary Beth /Carl Ingvaldstad

Planning Programs for 2018—Monday, January 8th—3:00pm

Chair Stocker's home: 3327 S. Lake Street, Kelseyville (cell) 279-8550

Scandinavian Christmas Open House—Saturday, December 9, 2017



Irene, Theresa, Mary Beth, Kris K and President Kris Stocker decorate Friday—lovely!!!



Lots of good food enjoyed by all including Casper, Isaac and Ray!



Members and friends enjoying a special day!



Great table choice, guys!!



Tradition is with us today...Santa Lucia and Dancing Around the Tree!



Santa Lucia Baylee, Alyssa, Adam, Gordon and Ethan with Elise as our Elf during the Fest.



Super Day for CP & MB!



Kirby and Ellen manned the Bake Sale to raise money for our Camper-ships!



Adam and Gordon really helped with the raffle. We raised almost \$200 for our Adopt-a-School!

SAVE THE DATES
FOR THE SON DISTRICT SIX
2018 CONVENTION
IN ROHNERT PARK, CA
AT THE GRATON RESORT CASINO

Aged to Perfection

HOTEL AND SPA
GENERAL MEETING ROOM
SMALL MEETING ROOM

FOOD COURT
DOUBLE QUEEN GUESTROOM
SWIMMING POOL CENTER COURT

JUNE 10 – JUNE 14, 2018

We will elect our Lodge Delegates to this Convention in March 2018.

Are you interested?

Januari Fødseldager

We have no January Birthdays!!

HOWEVER:
Please wish brand new member Judith Bergstrom a Gratulerer Med Dagen for a December 30th birthday!!

HAPPY BIRTHDAY

Anders Viestad newscan.com..

- **Saturday, January 6 at 8:30 AM on KQED – Popular Sausage** – Sausages serve a special function in Norway as an everyday meal and as festive food. In this episode, discover the culture and history behind a well-made sausage.
- **Sunday, January 21 at 6:30 AM on KQED – Drama on a Plate** – Travel to the port town of Skien in Eastern Norway, the hometown of Henrik Ibsen. In this episode, a 19th century recipe is used to make herring salad and a buttermilk dessert.
- **Saturday, January 27 at 8:30 AM on KQED – It All Starts with Kids** – Visit Geitmyra Farm in the middle of Oslo, the site of a new food culture center for kids.
- **Sunday, January 28 at 6:30 AM on KQED – Tina's French Pantry** – Travel to the Cognac region of France where they will combine Scandinavian and French ingredients to make mouthwatering seafood dishes.

TUBFRIM
(TUBerculosis and FRIMerke/stamps)

The Tubfrim program has provided funds for years to aid disabled children in Norway. The program was established in 1928 in the Norwegian town of Nesbyen, originally raising money to aid the eradication of tuberculosis among children in Norway.

You need to trim stamps, leaving a quarter inch around the edges so as not to damage perforations. **Then bring them to the Lodge for Evelyn Robison** to send on to our District Coordinator, Jon Arild.

Save those BOX TOPS for Education!!!

Our Adopt-a-School Coordinator, Sharon Lewis, is collecting these. Please bring any you have to the next event and keep clipping.



Judith Ingeborg Bergstrom

Judith and her husband, Wayne, moved into the new home that they built, out on Watertrough Road near Indian Valley Reservoir almost exactly a year ago. They both are native-born Santa Rosans and came over to Lake County two years ago to build and start a quieter life.

Judith's Dad came to the US in 1927 and in 1936 went back to Norway where he married her Mom. Returning to the United States, they proceeded to have 8 children. Judith went back to

Norway with her Mom at about 4 1/2 years of age and lived there about 4 1/2 months and this is when she learned to speak Norwegian. After that her Grandmother would send her books so she would keep practicing reading it. Her Dad was from south of Ålesund and her Mom from Hønefoss. She was always told she was full-blooded Norwegian until she had her DNA tested and was disappointed to find out she is only 70% Norse (Northern European, Russian, etc. rounds it all out—oh, those Vikings)!

Judith spent her 50th birthday (December 30th) in Norway to experience being on her Father's Farm, where a cousin still lives, and to feel the winter there with its short dark days. Wayne's Great-Great-Grandmother came from Trondheim and he is doing research on Ancestry to learn more about that.

A special interest for Judith is Rosemaling so I mentioned the Rosemaling weekends at our Camp. She asked, "The one at Alta?". I told it was that same Camp...and she related that she had been kicked out of that Camp in 1967 while attending as a youth. As an older Camper, she was upset that, just because she already spoke Norwegian, they would use her doing that time to run the ringer washing machine and do up Campers' clothes/etc. She and another gal rebelled and that was that! It's quite the story! I suggested she give Camp another try, now that she's older and wiser, as we have other members who attend those Rosemaling weekends.

She would also like to teach the young children how to make cookies. She feels it is so important that we pass on the heritage that we know. Between her and Wayne, they have 7 children, so I think she's had some practice. So, please come on January 14th and welcome Judith and visit with her and Wayne. Their place in the country sounds lovely (maybe a lodge activity there sometime?).

Maria Jallen Ioli



Maria first came to visit Vikings of Lake Lodge six years ago at our Scandinavian Christmas Open House. She seemed very interested in our group so Mary Beth asked if she would like to receive the news letter via email. She said she would and so, she has been reading about us over all these years. She and her husband since 1994, Vince, joined us for our 2017 Open House and she signed up. We are so glad!!

Maria was born and adopted in Santa Rosa through St. Luke's Lutheran Church. Her adoptive dad, Will, was a *printer* of Norwegian descent whose parents spoke Norwegian. She lost most contact with him after age 4. Her parents were divorced and she thought it was cool to be so special when she was told at age 14 that she had been adopted.

Maria finally met her natural father, Larry Johannsen, when she was in her mid-twenties and he was also a *printer* but of Norwegian/Swedish descent. She learned from her natural mother's parents that she, Shirley (Von) Braught, was of German/Dutch descent. All of Maria's parents are now deceased.

Maria and Vince Ioli, who is of Italian descent, have two children, Georjette (23) and Dario (19). She enjoys drawing, crafting, singing, horses, dogs, cats and chickens!! (What a menagerie!) And she really likes to shoot!

She would like to learn the Norwegian language, rosemaling and maybe travel to Scandinavia some day. (It seems that we need to find a rosemaling instructor around here somewhere!) So, again, please join us on January 14th as we welcome our new member, Maria, and visit with her and her husband, Vince.

Sons of Norway Headquarters is Packing Up!

A purchase agreement has been signed and plans are underway for the redevelopment of Sons of Norway's Headquarters. The new multi-use building will be designed with a Nordic flair, and the property developers will welcome us back as an anchor tenant in approximately two years. In the meantime, headquarters will relocate to temporary offices.

Our mailing address and phone numbers will remain the same, but our physical location will be a few miles west from our current Uptown Minneapolis address.

**If you plan to visit us (and we hope you do), as of March 5, 2018, you will find us at:
11100 Bren Road West Minnetonka, MN 55343**



Norwegian Scientist Advances Study of Grid Cells in Human Brains

May-Britt Moser may not be a household name, however, she is a Noble Prize award winning scientist from Oslo, Norway, who holds a psychology degree and PhD in Neurophysiology from the University of Oslo.

In 2014 Moser, along with the Edvard I. Moser and John O'Keefe, were awarded the Nobel Prize for the discovery of human grid cells, a population of neurons that enables us to understand where we are in space. For example, the nerve cell in our brain called the hippocampus activates when we occupy a certain spot in a room. Then, other nerves activate when we move to another place in the room, forming a map of the environment in our brains.

With the identification of this grid, Moser and her scientific colleagues have set the bar for this field of study. Moser now continues to discover new information about human grid cells and hopes to ultimately map out how complex thoughts, such as memory, arise.

To learn more about May-Britt Moser's discoveries, visit <https://goo.gl/z9ueLp>. "By discovering the grid cell network, we suddenly understood something fundamental about the mystery of the brain - how the brain generates a universal map of the environment." May-Britt Moser Photo: A. Mahmoud (nobelprize.org)

2018 Lodge Officers

- President: Carl Ingvaldstad—987-2404
- VP: Kris Andre Stocker—279-1610
- Counselor/Secretary/Musician/Editor: Mary Beth Ingvaldstad
- Membership Secretary: Kris Stocker
- Publicity Dir: Ellen Aasen—279-8699
- Treasurer: Kirby Aasen—
- Foundation Dir: Carl Ingvaldstad
- Social/Cultural Chair: Kris Stocker
- Marshalls: Kris Kjera, Elsie Voss
- Greeters: Jo Swenson, Robin Marsolek
- Librarian: Dennie Robison
- Tubfrim Chair: Ev Robison
- Webmaster/Camp Norge
- Ambassador: Kirby Aasen
- Sunshine: Jo Swenson
- Historian/Adopt-a-School: Sharon Lewis
- Sports/Recreation: Kris Kjera
- Calling Committee Chair: Maryetta Andre
- Trustees: Theresa Contos, Sharon Lewis
- Auditors: Irene Tisell, Claire Grieve

FIND US:

Facebook: Vikings of Lake Lodge
Website: vikingsoflakelodge.com

CHECK OUT:

Facebook: Sons of Norway District Six
Website: www.sofn6.org
Website: www.sofn.com

Scandinavian Jokes

Why does the Norwegian Navy have big bar codes on the side of their ships?

So when the ships are coming into port, they can "scan da navy in".

Okay, if you don't get it, read it aloud to your wife or husband.



VE COULDN'T AFFORD MORE

Two Norwegians from Minnesota went fishing in Canada and returned with one fish. 'The way I figger it, dat fish cost us \$400 said the first fellow. 'Vell,' said the other, 'At dat price it's a good ting ve only caught one!'

THE PRANK CALL

The phone rings in the middle of the night when Ole and Lena are in bed and Ole answers. 'Vell how da hell should I know, dats two tousand miles from here' he says and hangs up. 'Who vas dat?' asks Lena. 'I donno, some fool vanting to know if da coast vas clear.'

Thanks for Renewing Your Membership!!



Amber Kay Ingvoldstad
Karen Rae Madsen
Ruby Glebe
Ron Kram



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on this logo on the
right hand side!!



Sour Cream Porridge (Rømmegrøt) *****

- 1 2/3 cups 35% fat sour cream
- About 1 1/4 cups flour
- About 5 cups full fat milk
- 3/4 tsp salt

Sour cream porridge must be made from high fat (35%) natural sour cream with no stabilizers nor gelatin added. For the best results, use homemade sour cream. Heat 1 cup whipping cream to 95° F almost body temperature, then whisk in 2 tablespoons buttermilk.

Let stand at room temperature at least 8 hours, until thickened.

+Simmer sour cream, covered, about 15 minutes.

+Sift over 1/3 of the flour. Simmer until the butterfat begins to separate out. Skim off the fat.

+Sift over the remaining flour and bring to a boil. Bring the milk to a boil and thin the porridge to desired consistency. Whisk until smooth. Simmer about 10 minutes, and season with salt. Serve with the skimmed butterfat, sugar and cinnamon.

*****This is the true Rømmegrøt. What we make at Camp and at the Lodge for Christmas is Fløtegrøt (made with sweet cream). Now you know why my Mom was confused in Norway!! It's the fault of the immigrants!

SAVE THE DATES
2018



TROLLFJELL FOLKEHØGSKULE
June 24—July 7

CAMP TROLLFJELL
[Language Heritage Camp]
July 8 — 21

LAKEVIEWS

the official publication
of

VIKINGS OF LAKE

LODGE #6-166

SONS OF NORWAY

Mary Beth
Ingvoldstad, Editor

17207 Squirrelhill
Road

Hidden Valley Lake,
CA 95467

mbingvoldst@aol.com

ADDRESS SERVICE
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PLACE
STAMP
HERE

SAVE STAMPS FOR
TUBFRIM!!!!

FREEDOM, FRATERNITY AND PROGRESS—SONS OF NORWAY

LAKE COUNTY NEWS

www.lakeconews.com

Elizabeth Larson, Editor & Publisher
P.O. Box 305, Lakeport, CA 95453-0305
Phone: (707) 245-4550 Fax: (707) 274-8650
E-mail: elarson@lakeconews.com

OPERATON TANGO MIKE

Support our Troops!

Lake County
349-2838



SKI FOR LIGHT, INC.

January 20-28, 2018

Welcome to Reno, Nevada to this wonderful organization! Special guests will be International President, Jon Tehven and his wife, Gloria.

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Carl Peter Ingvoldstad
Sons of Norway Foundation
District Six Director

Residential: 707-987-2404
Cell: 707-580-8053
Email: cingvoldst@aol.com

www.sonsofnorway.com/foundation

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