



**SONS of
NORWAY**

Super Sixth District

Pre-2018 Convention Issue

WINTER 2018 NEWSLETTER

*“Aged
To
Perfection”*



**JUNE 10-14
2018**

**GRATON
RESORT
AND
CASINO
ROHNERT
PARK, CA**

CONVENTION PREPARATIONS—“AGED TO PERFECTION”

Highlighted in this District Six Newsletter is the 2018 Convention/Lodge Meeting at the Graton Resort & Casino in Rohnert Park, California. June will be here before we know it and you do not want to miss this innovative and interesting Convention hosted by the District Six Board of Directors.

So what’s so special about it?

- **Location** in beautiful Sonoma County**
- **Cultural Day** on Sunday, June 10th—read about this on another page
- **Leadership Seminar** on Monday, June 11th—check out Luella’s article
- **Fabulous Resort** in which to relax on your free time—Graton has it all!

**What’s to see and do in Sonoma County?

The Charles Schulz Museum with fascinating displays of his “Peanuts” cartoon work is just north up 101 in Santa Rosa.

The Luther Burbank Home and Gardens with gorgeous flowers and foliage in Santa Rosa downtown.

The Historic Sonoma Plaza and Mission San Francisco Solano in Sonoma just east of us in the town of Sonoma (the first capitol of California).

Train Town for family fun and the famous Buena Vista Winery, also in Sonoma.

And yes, **wineries** are everywhere! Drive a short distance to Napa County after the Convention and explore that beautiful valley with historic Calistoga and its Hot Spring Hotels and Mud Baths.

To the west you will find the lovely Pacific coastline with towns like Bodega Bay (filming of “The Birds”) and Mendocino (site of “Murder She Wrote”) and hiking spots above the ocean.

Parts of Northern California have been through some horrendous firestorms but none of it affected Rohnert Park or any of the above mentioned attractions.

Come a day or two early or stay for a couple of days afterward and explore this very beautiful part of California.

Now—getting down to business, which is very important at our District Meetings, we want to make sure ALL of our 5,000 District Six members are represented at this event. It is important that **EVERY Lodge send at least ONE delegate** and that, if it is at all possible, involve a younger member of your Lodge, who is eager to learn more about our organization. In 2016, we had a 16-year-old delegate who is now assisting us with YouTube presentations to inform delegates of what to expect at a Convention. They are our future. Attending a Convention is a wonderful way to meet people who are like-minded and you will find a new world of friends to cherish for a long time as you also become “Aged to Perfection”!

See you at the Graton!! *Mary Beth*

District Six Lodge Meeting and Convention



This is a reminder of the process for the election of delegates and alternates to the 2018 District Six Lodge Meeting and Convention. The notification of the number of delegates allowed for each lodge will be available in January 2018, after the year end membership reports are available. From the Charter and Constitutions – *Election of Delegates must take place prior to the month of March before a District Lodge Meeting. At the same time, an equal or greater number of Alternates shall be elected to fill the places of duly elected Delegates prevented from attending the meeting, the first duly elected alternate filling the first vacancy, the second the next vacancy, etc.*

2018 District Six Convention at Graton Resort Casino, Rohnert Park, CA (south of Santa Rosa)

Sunday, June 10 – Morning Board Meeting and Committee meetings, afternoon Cultural Sessions (open to all at **no charge**)

Monday, June 11 – Morning Leadership Conference (open to all for \$35.00) – “*Aging to Perfection – Rewiring Your Brain for Success*”, Vendors, late afternoon Opening Ceremonies, Memorial Service, and President’s Reception w/Bunads

Tuesday, June 12 – District Lodge Meeting, Recreation Center Meeting, optional evening special event

Wednesday, June 13 – District Lodge Meeting, evening Grand Banquet with Awards and Entertainment

Thursday, June 14 – morning meeting of the newly elected District Six Board of Directors

Delegates are required to be in attendance for the entire Tuesday and Wednesday District Lodge Meeting, and preferably for Monday events, as well. Come early for the fun and educational Sunday afternoon Cultural Sessions. Plan your days of participation accordingly.

Check out the Convention website often as information is added periodically: <http://2018.sofn6.org/>

Costs are a key concern for delegates and lodges. Now might be the time to start a discussion about special fundraising to assist in sending delegates to the Convention. The delegate package is \$325; guest package is \$285. Room costs in the very popular Sonoma Wine Country are \$129/night plus 14.2 % tax plus \$15.00 resort fee - \$162 per night total (plus \$30.00 per night for each guest over double occupancy). Assistance with finding a roommate will be available – note such request on your registration form.

Attending a District Convention is fun and educational: you learn more about Sons of Norway; you are updated and informed about the state of District Six; you meet folks from other lodges; you gain insight from cultural sessions and a speaker session; you help chart the course of our organization; and of course, you enjoy seeing wonderful entries in the Folk Art Exhibition and Competition. Delegates come back enthused with new ideas to help lodges grow and thrive. Conventions are including more heritage and culture, but be assured, there’s business to attend to as well. This year’s Convention will be full of fun, heritage and culture as well as the business of our future. We hope to see you there. The convention is open to all members; guest registration and delegate registration will be forthcoming.

Submitted by Nancy Madson, D-6 Secretary

FUNDRAISER RAFFLE

HEADS UP....GET READY....IT'S TIME FOR THE 2018 SUPER SIX CONVENTION FUNDRAISER!!!

Happy New Year to All! As we begin this New Year, it is the perfect time to plan and prepare for our Convention in June. Now, I know it feels like it is still very early, but time just gets away from us all.

As I mentioned before, as part of our fundraising efforts, to help defray convention costs, as well as to make a contribution to the Sons of Norway Foundation (or Camp Norge), we try to have many items to raffle and/or for a silent auction. Since your Board of Directors is hosting this year's Convention, we are asking each lodge in the District to donate at least one quality item for the fundraiser. And, you still have six months to prepare, in case you are going to provide a cultural craft item that will be created by one or more of your own lodge members.

Please plan on sending your lodge's contribution to the convention with your delegate(s). If that is not possible, we will give you other delivery options as time draws closer to the convention.

For planning purposes, please email me to let me know what you are planning to donate. You can email me at: bennyjo46@gmail.com.

Submitted by Benny Jo Hinchey, D-6 Zone 7 Director



NORWEGIAN COOKIES

One of the fine traditions of our conventions is the cookie. Coffee breaks wouldn't be the same without being able to scan and pick out several delectable Norwegian (Scandinavian) cookies to eat. During these breaks, we greet old friends, meet new friends, and share in the delightful heritage of the Norwegian baked goods.



We are requesting your help in providing the large number of cookies that our delegates, guests, and visitors so thoroughly enjoy. Cookies must be authentically Norwegian (Scandinavian) and be home-baked.

If your lodge members have not worked on the Cooking Cultural Skills unit, now would be a perfect opportunity to start or continue with Level 2--Baked Goods and Desserts.



VOLUNTEERS

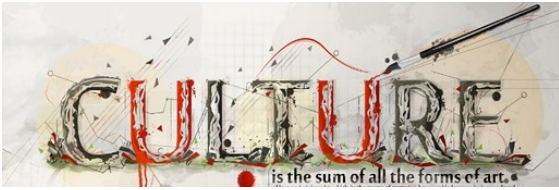
I am looking for volunteers to help with registration, folk art exhibit room and collection of meal tickets at planned meals. If you are going to attend the convention and want to help, please contact me.



I will be sending a letter to all District Six Lodges with more information.

I look forward to seeing you in Rohnert Park in June! THANK YOU!

Submitted by Lotte Sather, D-6 Zone 2 Director



CONVENTION IS COMING!

CULTURE IS COMING!

Your District Six Board of Directors is the Chair of the 2018 Convention and we are excited about innovations that are being introduced this year. We ARE “Aged to Perfection” with great ideas and great energy to share with all of you.

I am particularly delighted to be able to bring a Cultural Day to you on Sunday, June 10th from 1:00pm to 5:00pm. We have several special classes from which you can choose to be entertained and educated. These opportunities for you are offered **at no charge** due to a generous Grant from the Sons of Norway Foundation. So, let me whet your appetite so you will head for the Graton Resort and Casino, in Rohnert Park, California, to join in this fun afternoon—*whether you are a delegate or not!*

- 1) **Norway’s Best Loved Songs:** Music plays an important role in Norwegian life and this class is an opportunity to learn and practice some of the most popular songs of Norwegian-Americans. Pronunciation of lyrics, the music and melodies along with translations will be taught by Randi Cruze. (1 hour)
- 2) **Wheat Weaving:** This is an ancient and beloved craft in Norway and in this class you will weave a traditional piece. You will learn the symbolic meanings of weavings and have a productive and fun-filled time with Carol Thompson of the California Straw Arts Guild. (2 hours)
- 3) **Wood Carving:** You will marvel at the beauty and natural order of wood as a work of art unfolds before your eyes. Bill Splane enjoys sharing the folk art that results in such beautiful pieces of culture. (1 hour)
- 4) **Viking Wire Weaving:** Nearly 1,300 years ago, Vikings used long pieces of silver and gold wire to weave ropes. These woven wire ropes were then stretched and made into jewelry for famous and powerful Viking leaders. This wire weaving is called Viking knit. Robin Marsolek will provide the materials and instruction so that you will go home with a beautiful bracelet. (2 hours)
- 5) **Genealogy:** A record or table of the descent of a person, family, or group from an ancestor or ancestors; a family tree. The study or investigation of ancestry and family histories. Bring your questions, your current level of research and your inquisitive nature to visit with Kirby Aasen, our Convention Genealogist. He will have his computer/printer ready to assist you. (1 hour)
- 6) **“From Day to Day”:** Author Tim Boyce, a member of Norsk Carolina Lodge #3-679, will take you through the history of this diary written by Odd Nansen (son of Fridtjof Nansen) during his years in concentration camps in WWII. “It depicts Nansen’s daily struggle, not only to survive, but to preserve his sanity and maintain his humanity in a world engulfed by fear and hate. The diary is replete with examples of how he tried to help those less fortunate, and more vulnerable, than he.”* It is a fascinating story and an even more fascinating read. (*Viking Magazine May 2013) (1 hour)

The schedule will allow you to attend more than one session. Watch for further information as both **Convention and Culture are coming** in six short months!!



SON District Six Convention 2018

Folk Art Competition/Exhibition

Graton Resort & Casino: Rohnert Park, California June 10-14, 2018

June of 2018 is barely five months away, and we know great works of art and handicrafts take time to create, so let's get busy!!

Don't be intimidated thinking that your work will not win a ribbon. Not everyone who enters a marathon will win, or even finish – but people enter marathons none-the-less, many times just for the experience. Give it a try and allow all of us the opportunity to admire your work!

You may enter your art/craft for Exhibition or Competition. We want to showcase to others what we are learning in the Norwegian Folk Arts and Handicrafts Exhibit. The following are traditional Folk Art categories for the convention:

1. Rosemaling
2. Weaving w/Norwegian design
3. Hardanger embroidery
4. Klostersom, diamantsom, other traditional needlework w/ Norwegian theme
5. Hand knitting w/Norwegian design
6. Crocheting and tatting
7. Figure carving w/Norwegian motif
8. Relief carving w/Norwegian motif
9. Chip carving
10. Bentwood/tine box or other woodworking w/Norwegian motif
11. Folk Art from other Nordic Countries
12. Other media w/Norwegian theme: photography, painting, felting, kolrosing, etc.
13. Bunad and Viking Costume Exhibit

And let's not forget about our youth! Youth up to age 15 are invited to display their work. Ages 16-20 can compete in the Youth class. We would love to see the youth take an interest in these wonderful traditional Norwegian arts and crafts passed on, from generations past, to us!

The traditional Norwegian Folk Art Exhibit is a **very important** part of our Conventions. We celebrate the award winners, applaud all entrants, and encourage and appreciate all beginners.

Entry information and forms will be available the first of next year, but . . . the time to get started . . . is NOW! We are looking forward to seeing all of your entries in Rohnert Park!!

Good luck!

Submitted by Judy Immel, D-6 Cultural Director



NEW “COMMUNICATION AWARDS”

REPLACE

PREVIOUS “NEWSLETTER AWARDS”

At its fall meeting, the District Six Board of Directors voted to adopt a new (and improved) award to replace the long-standing, traditional "Newsletter Awards", given to lodge EDITORS for the quality of their newsletters. The theme of the new award (which will be given for the first time at the 2018 District Six Lodge Meeting and Convention this upcoming June) is "COMMUNICATION"! It honors the numerous

ways in which a lodge communicates with its members, its community, and with other Sons of Norway entities. It will now be a LODGE AWARD, not an "editor's certificate award", acknowledging that in today's multi-media world, communications takes a variety of approaches, and often involves a number of lodge members. At the 2018 convention, ALL members attending the convention (from each lodge that applies for and is awarded a "Communication Award") will sport award ribbons on their convention nametags in recognition of their lodge's efforts in COMMUNICATIONS.

All District Six Lodge Presidents and Editors have been sent the new guidelines and criteria, and are encouraged to apply for a 2018 GOLD, SILVER or BRONZE award.

The **GOLD MOOSE AWARD** is the highest award a lodge can receive in 2018.

M—MARKETING

O—OUR

O—ORGANIZATION

S—SUCCESSFULLY

E—EVERYWHERE



The **SILVER HORSE AWARD** is the 2nd highest award a lodge can receive in 2018.

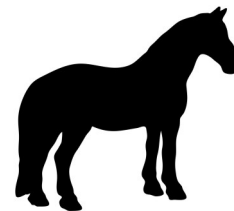
H—HIGHLIGHTING

O—OUR

R—RICH HERITAGE, AND

S—SPECIAL

E—EVENTS



The **BRONZE GOAT AWARD** is the 3rd highest award a lodge can receive in 2018.

G—GETTING

O—OUT

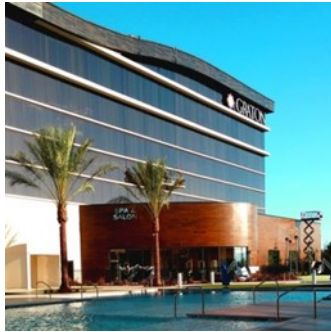
A—ALL

T—THE NEWS



GRATON RESORT CASINO

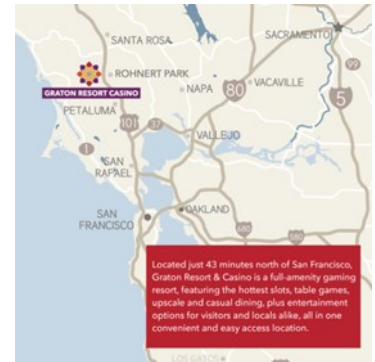
Rohnert Park, CA



BEAUTIFUL SONOMA COUNTY



45 minutes north of San Francisco. Home to California vineyards, wineries, and Sonoma State University.



15 minutes north of Rohnert Park, Santa Rosa is the County Seat of Sonoma County. Home to The Charles Schulz Museum with fascinating displays of his "Peanuts" cartoon work,



and



The Luther Burbank Home and Gardens with gorgeous flowers and foliage in downtown Santa Rosa. Declared a National Historic Landmark in 1964, The Gardens are open 8 am to dusk, everyday.

NOW . . . GETTING DOWN TO BUSINESS! Yes, folks—



sometimes, in our excitement of preparing for the Convention, we forget that the Convention is not just a social get-together, (although we DO have a GOOD time!) but it is also a time for the IMPORTANT STUFF . . . Like the District Lodge Meeting. This is the real reason for electing delegates; the time where we conduct the IMPORTANT BUSINESS for all our members and lodges in the SUPER SIXTH DISTRICT! (impacting the future of our district and its members).

So, with that in mind, and wanting YOUR delegates to have an idea of what the District business is all about—here is a brief synopsis of the Fall 2017 Board of Directors meeting:

Synopsis of District Six Board meeting on Saturday, October, 28, 2017

(as submitted by Nancy Madson, D-6 Secretary)

It was approved to move scholarship revenue in the local scholarship fund to our scholarship fund within the Foundation (higher rate of return) to grow this fund to be an endowment fund (still under District control). The District Scholarships are now open to incoming freshmen.

The District scholarship fund (Foundation) was supported with the approval of \$2.00/person, for this year, from the new dues, to help grow the fund. This to be reviewed annually.

Linda Pederson, Fraternal Director, explained the Growing to 2020 membership campaign - the 10% growth based on new members, not net membership. Linda also presented and explained the newly designed marketing materials, the logo, and the longevity pins.

Linda Pederson had a presentation on the new uniform dues structure with much information and discussion.

The Board approved and added to a new Communications Award suggested by Kaye Wergedal, Public Relations Officer. This will replace the Newsletter Contest.

The Recreation Center Board's new 'Raise the Roof' campaign is about half way to its goal of raising \$50,000. If each member would contribute only \$10, we'd reach the goal.

Work is proceeding with the 2018 Language and Heritage camps. There is a lot to be done, including recruiting staff. After a year with no camp, the big push will be in promotions to get campers.

Cultural events at Camp Norge are being planned, including Bunad class, Hardanger class, and an adult cultural/heritage weekend.

Approval of a developer's software annual license for Bruce Fihe's (webmaster) use in creating forms and assisting lodges.

An interim solution was approved to support Camp Norge due to the loss of the prior fraternal fees, \$1, \$2, or \$3 collected from dues, that are now lost due to the new uniform dues structure.

Nominating Committee chairperson gave a report on who has sent in their application to run for District office and International Director. Applications will be accepted for all positions until May 1, 2018.

Resolutions were developed to present at the District Six Lodge Meeting & Convention regarding the permanent solution to the loss of the fraternal fees for Camp Norge; a bylaw change to comply with International policy regarding the participation of the International Director at District Board meetings and conventions; a Charter & Constitution change to eliminate number of required elected officers for local lodges and eliminate a couple offices that cannot be held by the same individual.

Scholarships

District Six offers up to three \$1000 Academic Scholarships each year to deserving Unge Venner or Youth Members who are or will be attending any accredited post-secondary schooling or training institution. The District President annually appoints a Scholarship committee to evaluate the applicants and determine the recipients. Note: effective 2018, the District Six Scholarships are now open to high school graduates who have been accepted for enrollment in any accredited program of higher learning based upon high school performance/grades. Also of note, application of the online District Six web site must now be postmarked on or before May 1, 2018 (vice April 1st as in years past).

District Six also offers a \$1,000 scholarship for a Heritage or Unge Venner member to attend Skogfjorden Norwegian Language Camp. The information can be found at www.concordialanguagevillages.org where you click on Norwegian village. This is operated by Concordia College and is situated in Bemidji, MN. Life at Skogfjorden is immersion in the Norwegian language and culture from the moment you wake up – participating in small language learning groups, cultural and camp activities, sports, dance, and song – until the close of the day. Scholarship Committee Chair: Carl P. Ingvaldstad at cingvoldst@aol.com or 707-987-2404

Two 50% cost of tuition Camperships to Camp Folkehøgskule and two 50% cost of tuition Camperships to Camp Trollfjell are available District wide for attendance at Camp Norge's summer camps in the High Sierras between Sacramento, CA and Reno, NV.

For more information about Camp Trollfjell and the Folkehøgskule, check out www.sofn6.org/arv for camperships and applications. Also, check with your local Lodge for ½ Camperships that may be available. District Six Campership Chair: Kristen Hunsbedt, at kristenhunsbedt@gmail.com



Submitted by Carl P. Ingvaldstad, D-6 Zone 1 Director

MEET YOUR NEW ZONE 3 DIRECTOR,

KAREN AAKER

After the resignation of Zone 3 Director, Irene Jordahl, Nordahl Grieg Lodge #6-052 member, Karen Aaker stepped up to take her place, and was installed at the Fall 2017 District Six Board of Directors' meeting. Karen has been serving her lodge (most recently) as Vice President, and has been attending District Board meetings (as a guest) for the past year.

WELCOME TO THE BOARD, KAREN!



HAPPY NEW YEAR, 2018!!
(From your D-6 Treasurer, Bob Sather)



It is extremely important that your financial reports are completed on an “on time” basis each year.

The IRS seems to be less tolerant of late filings.

How we operate as a District and how we support Camp Norge will be affected greatly by the new dues structure. Your District Board will be able to make the changes necessary until the District Convention in June. At that time the Delegates will need to make any changes to our by-laws and Policy/Procedures due to the dues structure.

It is imperative that each lodge is represented with its’ entire delegation.

At our last convention, the Delegates approved the establishment of a scholarship fund with the Sons of Norway Foundation that allows donations to be tax deductible. As of this date, I have not received any reports regarding scholarship donations to the foundation. **Please make sure all new scholarship donations go to:**

“District Six, Sons of Norway Educational Fund”

Sons of Norway Foundation
1455 West Lake Street
Minneapolis, MN 55408

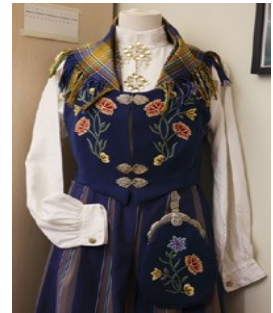
Thank you to all lodges and individuals who have and will support our D-6 Scholarship Program!



7th Annual Bunad Camp at Camp Norge

May 4 – 7, 2018

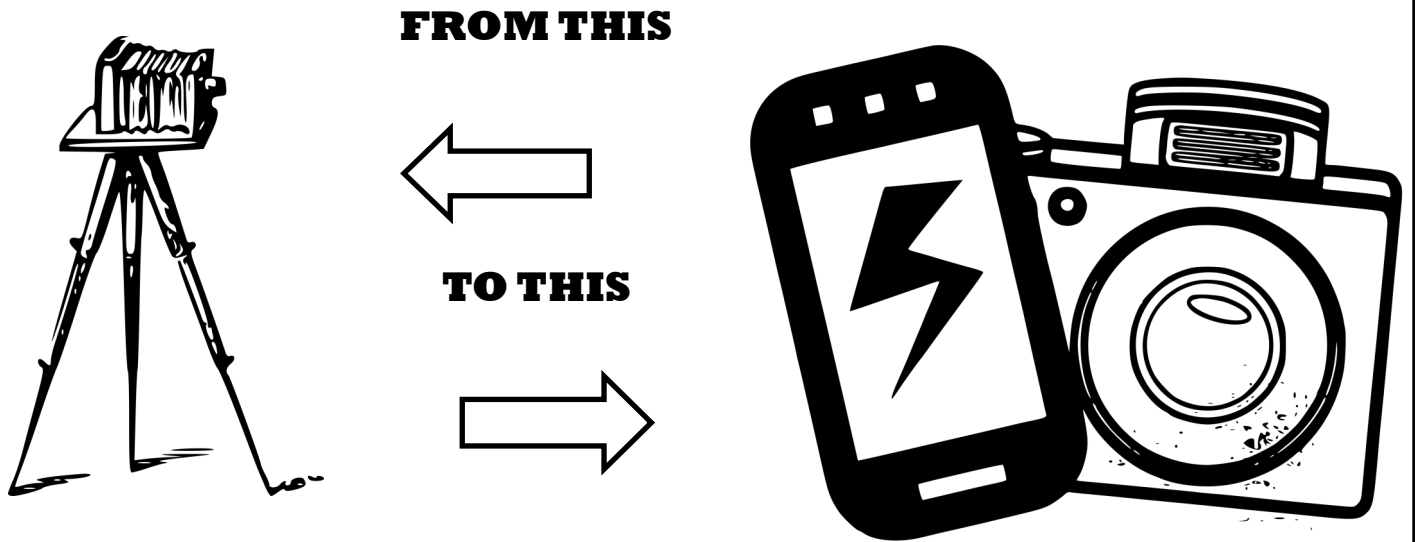
I only have half (5/10) the number of sign-ups, so if you have ever wanted to try making one, NOW IS THE TIME! The registration information is on the District 6 website. AND—even though the registration deadline has passed, please contact me if you are wanting to attend. Bunad Camp is a wonderful way to explore Bunads and to meet other ladies who are making their own Bunad. It’s is also a great way to get to meet a fascinating teacher from Minnesota who has spent the past several years studying how Bunads are made in Norway.



I would like to know if someone in each of our District 6 zones would like to serve on a Cultural Skills Committee. I am looking for at least one person from each zone.

If interested, contact me at culturaldirector@gmail.com

Submitted by Judy Immel, D-6 Cultural Director



Taking photos for *VIKING MAGAZINE* is a challenge!!!

And . . . Then -

Filling out the submission form . . . ON THE COMPUTER????

UFFDA!!!!

And . . . Then -

WILL WE EVER SEE IT ACTUALLY IN PRINT????

(I should live so long!)

Yes, we hear your frustrations. If you'd like some help with these challenges—and need a few tips here and there, please plan to attend this informal HELP session (come in and leave when your questions are answered) from 1—5 pm on Sunday, June 10th at the D-6 Convention.

”SO YOU WANT TO SEE YOUR LODGE IN THE VIKING?”

I hope to see you there!

Submitted by Kaye Wergedal, D-6 PRO



SONS of NORWAY

District ^{Super}Six

Sons of Norway, District Six, represents California, Utah, Nevada, Arizona, Colorado, New Mexico and Hawaii. Although there are currently no Sons of Norway lodges in New Mexico and Hawaii, individuals in those states may still be members of Sons of Norway.

Sons of Norway Website:
www.sonsofnorway.com

District 6 Website: www.sofn6.org

CAMP NORGE
P.O. Box 622 Alta, CA 95701
530-389-2508-Office
Website www.campnorge.org

DISTRICT SIX BOARD OF DIRECTORS

- PRESIDENT—Mary Beth Ingvoldstad president@sofn6.org
- VICE PRESIDENT—Luella Grangaard . . vicepresident@sofn6.org
- SECRETARY—Nancy Madson secretary@sofn6.org
- TREASURER—Bob Sather treasurer@sofn6.org
- PRO—Kaye Wergedal pro@sofn6.org
- CULTURAL DIRECTOR—Judy Immel. culturaldirector@sofn6.org
- INTL. DIR.—Roger Espeland . . . internationaldirector@sofn6.org
- ZONE 1 DIRECTOR—Carl Ingvoldstad zone1@sofn6.org
- ZONE 2 DIRECTOR—Lotte Sather zone2@sofn6.org
- ZONE 3 DIRECTOR—Karen Aaker zone3@sofn6.org
- ZONE 5 DIRECTOR—Teresa Broadhead zone5@sofn6.org
- ZONE 6 DIRECTOR—Open
- ZONE 7 DIRECTOR—Benny Jo Hinchey zone7@sofn6.org
- ZONE 8 DIRECTOR—Bev Moe zone8@sofn6.org

ZONE 8

January and February is a busy time for District Six, Zone 8. Six of our seven Lodges will be hosting their Installation of 2018 Officers for their Lodges.

Then on January 27 the ZONE Leadership Seminar will be held at Trollheim Lodge in Lakewood, Colorado. Our average attendance is 50 or more members sharing information and enjoying each others company!

We are also looking forward to our annual Barneløpet at Snow Mountain Ranch on February 10. The children are delightful and we even have 3-year-olds in the cross country race! They end their race to the sounds of cow bells, getting the medallion and a warm lunch. Leggett Hall gets filled with children and family fun!



I continue to be busy working on my wooden horses, goats and moose. **ONE** OF WHICH WILL BE GIVEN AS A GIFT TO EACH CONVENTION DELEGATE at the 2018 District Six Convention in Rohnert Park, CA..

Join us at the Graton Resort & Casino June 10-14, 2018!

Submitted by Bev Moe, D-6 Zone 8 Director