



**SONS of  
NORWAY**

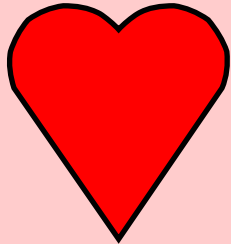


**LAKEVIEWS**

Vikings of Lake Lodge #6-166 Newsletter

Volume 15- Issue 2  
Scandinavians United!!!

February—2018



*“Love Is In the Air”*

Sunday, February 11, 1:00pm

Potluck of Heart-shaped foods  
Sharing of special love stories!

Hostesses: Sharon Lewis and  
Ev Robison



**Ord fra Presidenten**



“**Toward the Unknown**” pictured to the left, is one of nine Floyd Johnson Viking prints that adorn the walls of our home that we call “Valhalla”. This print is easily worth a thousand words in what it depicts: a Viking ship sailing into the Unknown over possibly rough uncharted waters. Hopefully, Vikings of Lake Lodge is sailing into the known (2018) over “possibly smooth charted waters.”

Briefly here are some of the helpful things that bolster my belief of the voyage we are embarking upon during the coming year. **First**, we have a planned/scheduled “Heritage and Culture Calendar” that is attached and on our website. We put our calendar on our “fridge”. **Second**, there are pertinent articles in the *Viking* magazine each month which effectively portray or predict the future. Specifically, International President Jon Tehven encouragingly promoted “Cultural Skills” and Sons of Norway CEO enthusiastically promoted the 2018 International Convention as well as the 2018 Leadership Conference in Minneapolis in August in the February 2018 *Viking*. **Third**, Vikings of Lake Lodge is in sound financial condition and will benefit by the new Simplified Dues Structure and be able to support all of our 2018 financial obligations according to our 2018 budget. I am EACO (encouraged and cautiously optimistic) that 2018 will be a great year for us. After all, the “Past is Prologue”, the key to the future

In closing, let me quote Charles Darwin, noted English author (*Survival of the Species*) and naturalist: “It is not the strongest of the species that survive nor the most intelligent, but the one most responsive to change.” Embrace change and enjoy our joint course “**Toward the Known**”.

Med Vennlig Hilsen,

*Carl Peter*

**Typically, We Meet At:**

Galilee Lutheran Church Community Center  
8860 Soda Bay Road, Kelseyville, CA 95451

Usually every Second Sunday—1:00pm  
A Meal followed by a Program

# Installation of 2018 Officers and Welcome New Members—January 14



Another great potluck that is being enjoyed by everyone. Thanks all for the great yum-mies!! Great meatballs, LH!



The 3 Astrup gents entertain CP and MB during lunch.



So nice to have Michael Contos with us for a short visit from AZ! He enjoys lunch with his bride, the Robisons and Vicky.

Below finds Elsie, Kris, Jo and Maryetta “feeding their faces!”



Above, the Hammers and Bergstroms join the Aasens for some good visiting.



The Installation of Officers with Mary Beth officiating. Our Marshals were Adam and Gordon Astrup, who got some fun time to relax after a job well done!!

**Congratulations to our President, Carl Ingvoldstad.**



**SAVE THE DATES**  
FOR THE SON DISTRICT SIX  
**2018 CONVENTION**  
IN ROHNERT PARK, CA  
AT THE **GRATON RESORT CASINO**

HOTEL AND SPA  
FOOD COURT  
GENERAL MEETING ROOM  
DOUBLE QUEEN GUESTROOM  
SMALL MEETING ROOM  
SWIMMING POOL  
CENTER COURT

*Aged to Perfection*  
SONS OF NORWAY  
1952 District Six Reserve

**JUNE 10 – JUNE 14, 2018**

**Thanks for Renewing Your Membership!!**

**Clu Carradine**  
**Michael Contos**  
**Theresa Contos**

**Robin Marie Marsolek**  
**Bob Clark**  
**Guri Clark**

**You members are super!!**  
**Tusen Hjertelig Takk!!!**

**Februari Fødseldager**

14—Paul Astrup  
20—Dorothy Dahl

Belated January birthday wishes to our new members the Hammers—Lawrence on January 8th and Sue on January 15th.

**Norway has new official most popular baby names for both boys and girls after the 2017 totals were announced!**

Both Sofie and Jakob have had a classic swing in popularity for names. The two names were extremely popular at the beginning of the 20th century, then fell almost completely out of use before seeing a modern return to popularity

**Girls:** 1. Sofie/Sophie 2. Nora/Norah 3. Emma 4. Sara/Sahra/Sarah/Zara 5. Ella 6. Olivia 7. Maja/Maia/Maya 8. Emilie 9. Sofia/ Sophia 10. Ingrid/ Ingerid/Ingri

**Boys:** 1. Jakob/Jacob 2. Lucas/Lukas 3. Emil 4. Oskar/Oscar 5. Oliver 6. William 7. Fili;/Fillip/ Philip/Phillip 8. Noah/Noa 9. Elias 10. Isak/Isaac/ Isac

**TUBFRIM**  
(TUBerculosis and FRIMerke/stamps)

The Tubfrim program has provided funds for years to aid disabled children in Norway. The program was established in 1928 in the Norwegian town of Nesbyen, originally raising money to aid the eradication of tuberculosis among children in Norway.

You need to trim stamps, leaving a quarter inch around the edges so as not to damage perforations. **Then bring them to the Lodge for Evelyn Robison** to send on to our District Coordinator, Jon Arild.

**Save those BOX TOPS for Education!!!**

Our Adopt-a-School Coordinator, Sharon Lewis, is collecting these. Please bring any you have to the next event and keep clipping.

## Velkommen Nye Medlemmer!!



Say hello to Sue and Lawrence Hammer from Willits! Lawrence is the brother of our new member in last month's *Lakeviews*, Judith Ingeberg Bergstrom.

Lawrence's parents were both born in Norway. His Dad emigrated in 1927 to the Bay area but went to Alaska to work to make enough money to go back for a Norwegian Bride, who had been his penpal. They settled in Santa Rosa where they raised 8 children. Sue has just had her DNA done to see if maybe she is more Norwegian than Lawrence. She is originally from Mill Valley and the two of them met serving in a Soup Kitchen in a Church.

They have lived in Willits since 1995 but first joined Sons of Norway when they went on an adventure to Billings, Montana that lasted about two years. They returned to California's warmer climate! Sue has recently retired from clerical administration. She also had a housekeeping business. Lawrence retired in 2006 from his cabinet maker/backhoe business. Lawrence has no children and Sue has two. Lawrence said having been raised in a chaotic family of 10, he is happy with this situation!

We are so delighted to have these two wonderful people join our Sons of Norway family. Please make a point to make all four of our brand-new members, Sue, Lawrence, Judith and Maria, feel at home.

### *Ski for Light— Tahoe Donner California January 21-27, 2018*



150 Visually/  
physically impaired  
and their guides  
took to the slopes  
daily!



Bussed over from the Nugget in Sparks, participants from all over the world skied 1k, 5k and 10k races. Mary Beth got to help hand out their medals and came home with one herself. We hope our lodge will consider providing monetary support in the future.



## From Ashes to an Art Nouveau Inspired Town

What used to be a town of ashes is now one of Norway's most beautiful cities. In 1904, the town of Ålesund burnt to the ground after an oil lamp fell to the ground. More than 10,000 residents were without a home, and nearly 800 buildings destroyed. Shortly after, a group of Norwegian architects and designers embarked on rebuilding Ålesund. They used the Art Nouveau period as their inspiration in the redevelopment of the town.



Today, Ålesund is known for having the world's most exquisite concentrations of Art Nouveau architecture. While touring Ålesund, visitors will find hewn stone buildings, crested roofs or towers typical of medieval wooden churches and an occasional sculpted head of a Viking. The best time to experience the charming town of Ålesund is during the spring and summer months of April to August. With warmer temperatures and very little rainfall, you could go hiking, explore the fjords – or just relax and enjoy the view.

To learn more about visiting Ålesund, go to [www.visitaalesund.com](http://www.visitaalesund.com).

*Ed: I spent Midsummer Night in this lovely town back in 1985. I looked down on the city from this restaurant (same view of the city as here) and saw the bonfires being lit. I hiked down and walked out on the pier only to find the musicians and celebrants were singing American songs, not Norwegian!! Surprised me but enjoyable anyway. Quite a night of revelry and beer-drinking!*



**Norwegian Prime Minister Erna Solberg** is one of the world's most powerful women. Angela Merkel tops the list of the world's most powerful women. But Erna Solberg is more powerful than Hillary Clinton.

Forbes magazine is known for creating lists. They write who earns most and has the most power. Recently a list came out of the world's most powerful women. Forbes mentions 100 women who they think are the most powerful. Erna Solberg is 46th. She appears before Beyoncé Knowles (50th place) and politician Hillary Clinton (65th place).

"Norway's Angela Merkel," writes Forbes. At the top of the list is Germany's leader. 63-year-old Angela Merkel is number one for the seventh consecutive year. She retains the position despite losing power during the election this year. Forbes calls her the actual leader of the European Union (EU).

In second place is Theresa May. She is Prime Minister of the UK. Third place goes to Melinda Gates, the wife of Bill Gates, founder of the software company Microsoft. Melinda Gates runs a large charitable organization that helps people in poor countries.

There are many different women on the list. There are politicians from several countries, there are powerful leaders from big companies and there are entertainers.

Here are a few examples:

8th place: Christine Lagarde, head of the International Monetary Fund 11th place: Indra Nooyi, head of the company PepsiCo. 15th place: Tsai Ing-wen, Taiwan's first female leader 19th place: Ivanka Trump, businesswoman, Donald Trump's daughter 21st place: Oprah Winfrey, media queen 33rd place: Aung San Suu Kyi, leader in Myanmar 45th place: Gina Rinehart, owner of Hancock mineral company in Australia 78th place: Kersti Kaljulaid, Estonia's first female president 85th place: musical artist Taylor Swift from the United States



## Mother's Day in Norway Celebrated on February 11

Mother's Day is a celebration that honors mothers, motherhood and maternal bonds. One day a year countries around the world take time to give thanks for the mothers in their life.

In Norway, Mother's day is celebrated on the 2nd Sunday in February. The day is an American invention but it has taken root in Norway, probably because it's hard to say no to such a wonderful holiday. In Norway, Mother's Day was first celebrated in Bergen February 9th, 1919, and was initially organized by religious organizations. Since then Mother's Day has evolved into more of a family day.

There are no specific traditions associated with the day, but in many homes mothers are typically served with breakfast in bed and accompanied with gifts, flowers and cake!

## 2018 Lodge Officers

President: Carl Ingvaldstad—987-2404  
VP: Kris Andre Stocker—279-1610  
Counselor/Secretary/Musician/Editor: Mary Beth Ingvaldstad  
Membership Secretary: Kris Stocker  
Publicity Dir: Ellen Aasen—279-8699  
Treasurer: Kirby Aasen—  
Foundation Dir: Carl Ingvaldstad  
Social/Cultural Chair: Kris Stocker  
Marshalls: Kris Kjera, Elsie Voss  
Greeters: Jo Swenson, Robin Marsolek  
Librarian: Dennie Robison  
Tubfrim Chair: Ev Robison  
Webmaster/Camp Norge  
Ambassador: Kirby Aasen  
Sunshine: Jo Swenson  
Historian/Adopt-a-School: Sharon Lewis  
Sports/Recreation: Kris Kjera  
Calling Committee Chair: Maryetta Andre  
Trustees: Theresa Contos, Sharon Lewis  
Auditors: Irene Tisell, Claire Grieve

### FIND US:

Facebook: Vikings of Lake Lodge  
Website: vikingsoflakelodge.com

### CHECK OUT:

Facebook: Sons of Norway District Six  
Website: www.sofn6.org  
Website: www.sofn.com



## Ole and Lena— America's favorite Norwegians

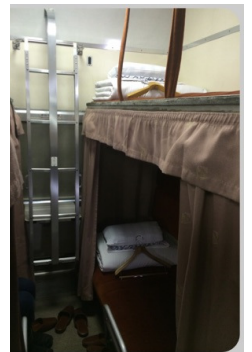
Ole is traveling on a train and learns that he and a pretty woman he's never met before have to share the same sleeping carriage. After the initial embarrassment, they both go to sleep, the woman on the top bunk, Ole on the lower bunk.

In the middle of the night, the woman leans over, wakes Ole and says, "I'm sorry to bother you, but I'm awfully cold and I was wondering if you could possibly get me another blanket."

Ole leans out and, with a glint in his eye, says, "I've got a better idea...just for tonight, let's pretend we're married."

The woman thinks for a moment. "Why not?" she giggles.

"Great," Ole replies. **"Get your own damn blanket!"**



## Cherry Cream Cake (Kirsebærkremkake)

### Recipe for the Cake

- 2 Cups almonds or other nuts • 2 Cups confectioners' sugar • 8 Egg whites
- Grind almonds twice, the second time with the confectioners' sugar. The almonds should have the consistency of flour.
- Whip the egg whites until stiff but not dry, and blend with the nuts.
- Divide and spread batter in two greased 9-inch (23 cm) springform pans, and bake at 320 degrees F 25 to 30 minutes.
- Cool slightly in pan before removing to rack to cool completely. Makes two 9-inch layers.



### Recipe for the Cherry Cream

- 1/3 Cup whipping cream • 2 Egg yolks • 2 Tbsp confectioners' sugar • 3 ½ Tbsp chocolate sauce or syrup • 3 ½ Tbsp cherry juice
- Beat the cream until firm and glossy. Add eggs and confectioners' sugar which have been whipped together until light and fluffy.
- Stir in the chocolate sauce or syrup, and add cherry juice to taste.
- Place one cake layer on platter, baked side down, and cover with half of the cream mixture.
- Add second layer, baked side up, and top with remaining cream. Keep refrigerated until serving time.



### Send the kids to Camp!!

Lodge Scholarships are available and District 1/2 scholarships are also! Ask Carl or Kirby for information on our Lodge scholarships and.....  
.....get those applications in for Financial help!!! Go to [www.sofn6.org/arv](http://www.sofn6.org/arv) for the District apps!

# LAKEVIEWS

the official publication  
of

**VIKINGS OF LAKE**

**LODGE #6-166**

**SONS OF NORWAY**

Mary Beth  
Ingvoldstad, Editor

17207 Squirrelhill  
Road

Hidden Valley Lake,  
CA 95467

mbingvoldst@aol.com

ADDRESS SERVICE  
REQUESTED  
DATED MAIL

PLACE  
STAMP  
HERE

SAVE STAMPS FOR  
TUBFRIM!!!!

**FREEDOM, FRATERNITY AND PROGRESS—SONS OF NORWAY**

## LAKE COUNTY NEWS

[www.lakeconews.com](http://www.lakeconews.com)

Elizabeth Larson, Editor & Publisher  
P.O. Box 305, Lakeport, CA 95453-0305  
Phone: (707) 245-4550 Fax: (707) 274-8650  
E-mail: elarson@lakeconews.com

**OPERATON  
TANGO MIKE**

**Support our Troops!**

**Lake County  
349-2838**



**THE CARRIAGE HOUSE**  
A Private Retreat with the Ambiance of a Fine B&B

**THE CARRIAGE HOUSE**  
Lakeport, California

[www.CarriageHouseLakeport.com](http://www.CarriageHouseLakeport.com)  
George & Cheryl Smith 707 263-0995



**Carl P. Ingvoldstad**

Zone 1 Director—District Six  
President—Vikings of Lake Lodge #6-166  
Sons of Norway

Contact me at:  
17207 Squirrelhill Road  
Hidden Valley Lake, California 95467  
707-987-2404 cingvoldst@aol.com  
Visit us on the Web: [www.vikingsoflakelodge.org](http://www.vikingsoflakelodge.org)



**Kevin Ness Jeweler  
of Clearlake**  
994-2307



**Custom Jewelry  
Design**  
14114 Lakeshore Dr.  
Clearlake, CA 95422

Engraving  
Appraisals