





Vikings of Lake Lodge #6-166 Newsletter Scandinavians United!!! Volume 15- Issue 12

Desember 2018



December 8th Christmas Open House

see page 3 for flyer Don't miss it!!!!!!

## Ord fra Presidenten

My Ord this month is based on three sayings/proverbs to help all of us close out 2018 and help us 'glide' into 2019!!



**First,** a saying that I heard on TV today: "There is a place and time for everything under the sun". For example, our upcoming VOL's 13th Annual Scandinavian Christmas Open House on **Saturday**, December 8th between 12 and 3pm. It will not only feature great Scandinavian food and our traditional Santa Lucia Pageant but also a great raffle, calendar sales, caroling around the tree and a membership table manned by our new VP, Paul Astrup along with sons Adam and Gordon. We are just two new members short of our membership Goal(5)—-just ask your friends and neighbors to join! Sign 'em up!

Second, a saying ascribed to Pete Seeger in his folk song: "Turn, Turn, Turn: To

everything there is a Season". As we close out 2018, what better way to "glide" into 2019 than to reach our Membership Goal of 5 new members than to ask your "new best friend" to join VOL in our quest to succeed in #Growing to 2020"!

**Third** is the Norwegian Proverb : "Good Neighbors make Good Friends". We collectively in Sons of Norway, and specifically in VOL, are not only Good Neighbors and Good Friends but also **FAMILY!** Bring your friends and neighbors to join your VOL Family on December 8th! See ya there:

GOD JUL, GLÆDELIG JUL and FELIZ NAVIDAD!

Carl Peter

**Typically, We Meet At:** Galilee Lutheran Church Community Center 8860 Soda Bay Road, Kelseyville, CA 95451

Usually every Second Sunday—-1:00pm A Delicious Meal followed by a Very Special Program Check our website at www.vikingsoflakelodge.org and/ or visit our Facebook page

## Heritage and Culture Day—November 11th—Veterans' Day Celebration



Judith Bergstrom at the table!!



Lots of folks having fun—-32 total this day!

What is your Lodge President's Home Town? First Lodge member to call 707-580-8052 with the correct answer will receive \$20.00 in Raffle Tickets for the Scandinavian Christmas Open House!!





Irene Tisell and Ev Robison savoring the good foods!!



Lawrence and Sue Hammer yukking it up!!



Irene and Phil Walker hit the dessert table!



Kirby Aasen shared a very informative presentation on Camp Norway during WWII and how it evolved!





The Real 12 Days of Christmas The well-known carol was used to teach children Christian doctrine during a time of persecution in 16th century England.

**The First Day—Partridge in a pear tree-***The partridge was known as a valiant bird, willing to fight to the death in order to defend its young. The bird's readiness to die made it an ancient Christmas symbol of Christ. The pear tree represents the cross. John 10: 14-15* 

**The Second Day—Two turtledoves**—When Jesus was forty days old, Mary and Joseph took him to the temple and brought a sacrifice of two turtledoves. Luke 2:22, 24

**The Third Day—Three French Hens**—*These were costly birds that symbolized the three valuable gifts brought by the wise men. Matthew 2:10-11* 

**The Fourth Day—Four Calling Birds**—*Reminders of the four Gospel writers, Matthew, Mark, Luke* and John. John 20: 30-31

**The Fifth Day—Five Golden Rings**—Valuable and treasured– the rings represent the first five books of the Old Testament. Deuteronomy 34: 10,12

**The Sixth Day—Six Geese a-laying**—Eggs represent new life and become reminders of the six days of creation. Genesis 1: 1,31

**The Seventh Day—Seven Swans a-swimming**—Symbolize the seven gifts of the Holy Spirit. Romans 12: 6-8

**The Eighth Day—Eight maids a-milking**—Represent eight unique teachings of Jesus sometimes called the Beatitudes. Matthew 5: 3-12

**The Ninth Day—Nine Ladies Dancing**—*Reminds us of the nine different fruits that The Holy Spirit produces in the lives of God's children. Galatians 5: 22-23* 

**The Tenth Day—Ten Lords a-leaping**—*They symbolize God's ten basic laws, known as the Ten Commandments. Exodus 20:3-17* 

**The Eleventh Day—Eleven Pipers Piping**—represent the eleven apostles who were chosen by Jesus and remained faithful to him. Mark 3: 16-19

**The Twelfth Day—Twelve Drummers Drumming**—*Represents the twelve vital Christian beliefs as stated in the Apostle's Creed.* 

Ed: Thanks to Gail Yerkes of Gateway to Florida Lodge







# Give the Gift of Heritage

Christmas is when I really remember my Norwegian heritage. That was the time of the year we had lefse and meatballs that grandma Grangaard made. Of course there was lutefisk. We read the

Christmas story every year. And I remember the gifts and Santa, but now as an adult I wish I had learned more about my heritage growing up. That my Norwegian heritage and culture was more than lefse and something we celebrated only at Christmastime. It would have been a great gift.

Heritage is a very special gift to share with family and friends. Those of you reading this realize this because you are a Sons of Norway member. This year give the gift of a membership to Sons of Norway. It is very easy to do. You can do this online <u>https://www.sofn.com/join\_or\_renew/</u> or call Sons of Norway 1-800-945-8851 ext. 4654 and sign up a family member or a friend.

Have a joyful holiday season.

Luella

Luella Grangaard District Six President

Ed. Vikings of Lake Lodge only needs two more new members to meet our 2018 Goal for the Growing to 2020 Contest. Help!!

We're Growing to 2020! As the year draws to a close, the 2018 Recruitment Campaign is wrapping up. Please help our lodge grow and win a prize for meeting the 9% recruitment goal. Lodges that meet the goal receive:

• First access to an exciting new Cultural Program • \$100 cash card the lodge may use as it prefers • 2018 Recognition Certificate .

Velkommen til oss! We welcome new Vikings of Lake Lodge member: Bill Clausen of Lompoc, California!

Thank you for continuing to be a part of our Sons of Norway Family!

Clu Carradine

Jack Wall





## CAMP OLDFJELL

Folkehogskule for Voksne

This Folk School for Adults will be held at our beautiful Camp Norge Tuesday, September 10th through Sunday, September 15th. Cultural Skills classes will be offered in topics such as:

Music, Literature, Hardanger, Vikings, Cooking, Tablet Weaving, Folk Dancing and Rosemaling.

### **2019 Officers**

President: Carl Ingvoldstad VP: Paul Astrup Counselor-Kris Stocker Secretary/Musician/Editor: Mary Beth Ingvoldstad Membership Secretary: Kris Stocker Publicity Dir: OPEN Treasurer: Kirby Aasen— Foundation Dir: Carl Ingvoldstad Social/Cultural Chair: Theresa Contos Marshalls: Kris Kiera, Elsie Voss Greeters: Jo Swenson, Robin Marsolek Librarian: Dennie Robison Tubfrim Chair: Ev Robison Webmaster/Camp Norge Ambassador: Kirby Aasen Sunshine: Jo Swenson Historian/Adopt-a-School: Sharon Lewis Sports/Recreation: Kris Kjera Calling Committee Chair: Marvetta Andre Trustees: Theresa Contos. Robin Marsolek Auditors: Irene Tisell, Claire Grieve

FIND US: Facebook: Vikings of Lake Lodge Website: vikingsoflakelodge.com CHECK OUT: Facebook: Sons of Norway District Six Website: www.sofn6.org International Sons of Norway Website:



### A Nordic Christmas Wonderland

Deep within the Norwegian mountains, the town of Røros, Norway, transforms into a magical Christmas market for one weekend, eve-

ry year. The streets of Røros are lined with more than 60 market stalls, Christmas food and traditional activities. Drawing in hundreds of visitors, Røros offers a wonderful start to the Christmas season.

Experience Røros by taking a romantic sleigh ride, exploring the nooks and crannies of the old copper mining town or warm up with some freshly made gløgg. This picturesque, Nordic town was the inspiration behind Disney's movie, Frozen. Kids can meet the beloved reindeer Sven, build snowmen or try tobogganing.

Temperatures regularly dip below freezing, but the Christmas market thrives every year. This year's festivities will be taking place on December 6-9. To learn more about the Christmas market held in Røros, visit https://www.roros.no/en/theroeroschristmas-fair/

More about enchanting Røros can be found online in the November 2016 Viking. Log in at www.sonsofnorway.com, then access the Viking archive by clicking on the Norwegian Culture drop down menu on the homepage.

Photo credit: Thomas Rasmus Juell Skaug / Dagbladet



## Mission Statement

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.



4—Michael Contos 14—Claire Grieve 19—Ron Kram 30—Judith Bergstrom



desember

Fødseldager

## Kringle

Add your own Christmas twist to this Old Norse inspired cookie. Submitted by Christopher Mohs, Vikingland Lodge 1-495, Detroit Lakes, MN

#### **Ingredients**:

1 cup sugar
1/2 cup melted butter
1 cup buttermilk (or 1 cup regular milk soured with 1 tbsp of lemon juice or white vinegar)
1 tsp baking soda (added to the buttermilk)
1 large egg
1/2 tsp salt
1/2 tsp ground cardamom
3 cups flour (may take more)

#### **Directions:**

In a mixer, add sugar, melted butter, egg, salt, cardamom and the buttermilk mixture (that includes the baking soda). Mix together well and then add the flour, 1/2 cup at a time until the dough becomes stiff. (It will still be a little slack, slightly looser than a sugar cookie dough.) Cover with plastic wrap and refrigerate overnight.



The next morning pre-heat the oven to 350 degrees and remove the dough from the refrigerator. On a floured board roll out approximately 1 1/2 tbsp of dough into ropes that are approximately 6-8 inches in length. Dipping your finger in water lightly, wet both ends of the rope and seal together to make a ring or cirlce. Give the ring one twist to form a figure eight and place on a parchment lined baking sheet, leaving approximately 1/2 inch between each one to allow for the rise while baking (they will double in size). Bake for 20 to 25 minutes or until just starting to brown. Remove and let cool before enjoying.

#### PRALINE YAM CASSEROLE

Ingredients:

5 large sweet potatoes or yams 1/2 cup butter 1/2 cup sugar 2 eggs beaten 1 tsp vanilla 1/3 cup milk way sub owear for milk 1/2 cup heavy cream 1 cup lt. brown sugar 1/3 cup melted butter 1 cup chopped pecans may sub almonds

Preheat oven to 350 degrees.

Scrub yams and bake in oven for approximately 40 minutes or until tender. Cool, halve, scoop out into a bowl and mash well (should yield about 3 cups). Mix softened butter (1/2 cup) into potatoes along with sugar, eggs, vanilla, and milk. Pour mix into 2 quart baking pan or casserole dish.

Put cream in a small sauce pan, simmer and add brown sugar, stir until dissolved. Cook mix over medium heat until soft ball stage on candy thermometer is reached. Remove heat, beat in melted butter and pecans. Pour over potatoes and bake until hot and mixture starts to brown.

#### PRALINE YAM CASSEROLE

From Robin Marsolek

This is from the November Potluck and it is one fabulous dish! Try it and you will be hooked!!

Thanks, Robin!



### LAKEVIEWS

the official publication of

### VIKINGS OF LAKE

LODGE #6-166

### SONS OF NORWAY

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