



1 pm—Sunday, March 17th — “Happy St. Patrick’s Day”  
Corned Beef and Cabbage Dinner with Soda Bread and Dessert

\$5.00



Program: Vikings Influence in Ireland  
Hostess: Kris Andre Stocker

### ***Ord fra Presidenten —Turn “Bitter into Better”***

Before turning 12 and going by train from Waterloo, Iowa to the 1950 National Boy Scout Jamboree in Valley Forge, Pa, I was hospitalized in my “birth” hospital in Decorah, Iowa to have my tonsils removed. While there, my sweet Mother brought me a “game-changing” comic book entitled “Don Newcombe—1949 Rookie of the Year”. From that day until now, I have been a lifelong Dodger fan whether they were in Brooklyn or Los Angeles—since they were either 1500 miles to the East or 1500 miles to the West of where I grew up in Northeast Iowa. .



Don Newcombe (“Big Newk”) died this last week on February 19th at the age of 92 after a lengthy illness. In a sweet article the following day in the Press Democrat by Bill Plaschke, he lauded Big Newk (a 6’4” right hander) by stating “Newcombe became the first African-American pitcher to start a World Series Game, the first African-American to pitcher to win 20 games and one of the first African—Americans to integrate the All-Start Game in 1949.” He went on to state that Don “was also the **FIRST play of any ethnicity** to win the Rookie of the Year, Cy Young and MVP awards in his career.”

Earlier in his article he related the story Newcombe told him that the first black player, Jackie Robinson told both he and fellow Dodger, catcher Roy Campanella, that we could make a difference in overcoming hate and racist abuse if we just “**Turn Bitter into Better**” in everything we do. That’s exactly what they did both on the field and off.

*(continued on the bottom of page 4)*

Typically, We Meet At:  
Galilee Lutheran Church Community Center  
8860 Soda Bay Road, Kelseyville, CA 95451

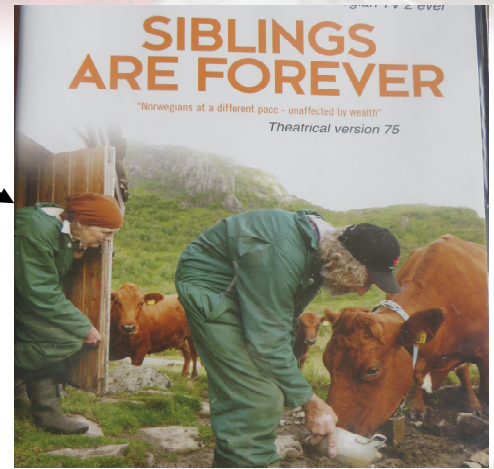
# Ertesuppe and movie "Siblings Forever"



Our fabulous chefs—Theresa and Robin!!



Even our young ones—Jade and Kahlil loved the movie!!



Most watched documentary in Norway—wonderful!!



We wish Maryetta Andre well in her new home in Ukiah. She is a long time member and our caller, so we will miss her presence. We will visit her and she can come back and visit us!



Robin won the raffle prize of an embroidered T-shirt by Kirby.

## Youth Half Camperships Available for District Six Members

The District provides ½ camperships to youth in our district for Camp Trollfjell ages 8-13 and Trollfjell Folkehøgskule ages 14-17. Camp is held at the Recreation Center, Camp Norge, Alta, CA. This year Trollfjell Folkehøgskule will be from June 23-July 6, 2019 and Camp Trollfjell will be from July 7-20, 2019. The amount of the half camperships for 2019 is \$450.00. The application form is available on the District Six Website. **All applications must be received by April 15<sup>th</sup>.** Please send the applications to District Six Campership Committee c/o Luella Grangaard, PO Box 832, Morongo Valley, CA 92256.



### Scholarship Opportunities for District Six Youth



District Six offers up to 3 -\$1,000 scholarships per year for students ages 16-23. These scholarships are available for students

attending an accredited post-secondary school or training institution. **The deadline for this scholarship is May 1, 2019.**

District six offers a \$1000 scholarship to the Concordia Skogfjorden Language Camp. The deadline for this scholarship is **April 14, 2019.**

Applications are available on the District Six website at [www.sofn6.org](http://www.sofn6.org).

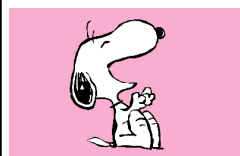
In addition there are many scholarships offered by the Sons of Norway Foundation at [www.sofn.com](http://www.sofn.com).

Please take advantage of this District Six Member opportunity.

### A Bit of Humor:

A Norwegian, a Swede and a Dane made a bet about who could stay the longest in a stinky pig barn. After only two minutes the Dane came running out. Five minutes later the Swede stumbled out the door. After ten minutes, all the pigs ran out.

Ole was in trouble. He forgot his wedding anniversary. His wife, Lena, was really angry. She told him, "Tomorrow morning, I expect to find a gift in the driveway that goes from 0 to 200 PRETTY DAMN FAST! The next morning Ole got up early and left for work. When Lena woke up, she looked out the window and sure enough there was a gift-wrapped box in the middle of the driveway. Confused, Lena put on her robe and ran out to the driveway and brought the box back in the house. She opened it and found a brand new bathroom scale.



Ole has been missing since Friday.

For 2019 is now available. It has been emailed but if you need a hard copy, please ask Mary Beth.



## CRAFT DAY—Sunday, March 24th 11:30am

Come on over to the Fellowship Hall for a little camaraderie, treats, coffee, tea, wine and just plain crafting fun. Those of us who got together in February had a great time!



Wire Weaving

Guys are welcome also!

See you there or be square!! ;-)



Knitting



Scrapbooking

Did you know... 8 in 10 Americans say family is most important to them, yet only half have life insurance? Be sure your family has the protection they need. Contact your Financial Benefits Counselor today, or call Sons of Norway at 800-945-8851.



### Yellow Pea Soup

from Robin Marsolek and Theresa Contos



- 1 lb yellow peas
- 2 qt water
- 1/2 lb pork w/bone
- 2 lb onion, finely chopped
- 1 medium leek (white/pale green parts only, rinsed and chopped)
- 2 tbsp butter
- 1 tsp chopped chives
- 3/4 tsp dried savory crumbled
- 2 tsp salt (taste the soup first)
- 1/2 tsp black pepper
- 1 bay leaf
- 1 carrot chopped

Soak peas overnight! Drain, rinse and pick out bad ones. Cook leek and onion in butter before adding. Add all to the pot and simmer for 1 to 2 hours. Take bone out and cut ham up to put back in. Skim scum off top while cooking.

In closing, if we would only apply that saying to our own lives, what wonderful lives we can have! We all experience ups and downs, successes and failures, hirings and firings, etc. Instead of feeling **bitter** about the downsides we should reach down and begin feeling **better** when the upsides inevitably emerge. Just like “Big Newk—Hum that pea” (baseball) as Roy Campanella used to holler at him back then and once again in the “Field of Dreams” in the sky! Until then.....

Bedre og bedre, dag for dag! Med Vennlig Hilsen!

*Carl Peter*

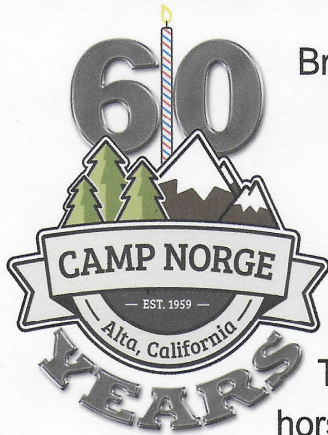


# Celebrate Memorial Day at Camp Norge

May 25, 26 and 27th, 2019

The Camp Norge Board invites you to **Camp Norge** for a fun and relaxing three-day camping experience at your own recreation center, our "*Jewel of the Sierras.*" Come celebrate this true American Holiday with us. There are a variety of fun activities for everyone to enjoy!

- ♥ Our annual **Field Trip** on Saturday is the perfect way to begin the weekend!
- ♥ **Cocktail Party and Wine Tasting** Saturday
- ♥ **Family Movie Night** Saturday night
- ♥ Scenic and energizing **Hike** on Sunday
- ♥ Annual **Meatball Cook-off** and **Aquavit Tasting**
- ♥ Plus craft workshops and more!



Bring your tent or RV or **call Camp to reserve a room at (530)389-2508**. Not familiar with the rooms or want to learn more? Click on ⇒ [www.campnorge.org](http://www.campnorge.org)

**Delicious meals** will be provided for the weekend and served in the Heritage Hall. **See page 2 for details.** The usual amenities will be available: swimming pool, horseshoe pits, games, hiking trails and more!

**We expect another big crowd this year so call and reserve early!**



## 2019 Officers

President: Carl Ingvaldstad  
VP: Paul Astrup  
Counselor: Kris Stocker  
Secretary/Musician/Editor:  
Mary Beth Ingvaldstad  
Membership Secretary: Kris Stocker  
Publicity Dir: OPEN  
Treasurer: Kirby Aasen  
Foundation Dir: Carl Ingvaldstad  
Social/Cultural Chair: Theresa Contos  
Marshalls: Kris Kjera, Elsie Voss  
Greeters: Jo Swenson, Robin Marsolek  
Librarian: Dennie Robison  
Tubfrim Chair: Ev Robison  
Webmaster/Camp Norge Ambassador: Kirby Aasen  
Sunshine: Jo Swenson  
Historian/Adopt-a-School: Sharon Lewis  
Sports/Recreation: Kris Kjera  
Calling Committee Chair: Maryetta Andre  
Trustees: Theresa Contos, Robin Marsolek  
Auditors: Irene Tisell, Claire Grieve

### FIND US:

Facebook: Vikings of Lake Lodge  
Website: vikingsoflake.sofn6.org

### CHECK OUT:

Facebook: Sons of Norway District Six  
Website: www.sofn6.org  
International Sons of Norway Website:  
www.sofn.com



### TO: DISTRICT SIX MEMBERS WITH EMAIL

If you are not receiving your very own copy of the Super Sixth District Newsletter, delivered to your email inbox,

please copy and paste the following link:

<https://sofn6.org/distribution-lists/> to add yourself to the “subscribe”—all member Email distribution mailing list.

Or —go online to [www.sofn6.org](http://www.sofn6.org). Click on the Resources Tab, then click on “Distribution Lists” Tab, then go to the “All District Six Members” line and click on subscribe to add yourself to the Distribution List.

Mange Takk

Kaye Wergedal, D6 Public Relations Officer

Camp Norge is 60 years old this year!! Watch for a major big time celebration over Labor Day Weekend during Kretsstevne!!

Grand Banquet on Saturday, August 31st.

**SAVE THE DATE!!!!**



# SONS of NORWAY

## Mission Statement

*The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.*

## Fødseldager i Mars

### Gratulerer Med Dagen!!

3—Amber Kay Ingvaldstad  
9—Kirby Aasen  
21—Jack Wall



*Hurrah for deg!!*

### A little in English...Liv Ullmann Celebrated on Her 80th birthday

Actor and director Liv Ullmann is known throughout the world. Sunday she turns 80 years old. She'll be given a proper celebration. Prime Minister Erna Solberg is among those who will pay tribute. Liv Ullmann is one of Norway's international stars.



As an actor she has been nominated for an Oscar twice. She has not won the highly regarded statuette, but she has received many other awards, both as an actor and director. Liv Ullmann has lived abroad for years. But there has never been any doubt about her home turf.

The newspaper Dagbladet recently visited her in Florida in the U.S. The journalist asked her if she still feels Norwegian. "Oh, yes! I have traveled a lot, at times. But Norway will always be my home. Always," she said.

Ullmann played her first role in the Rogaland Theater in 1957. Then she played the girl Anne Frank. She became known through the role of Nora in the play "A Doll's House," but then she became a film actor. Ullmann played in 10 films directed by Ingmar Bergman.

Ullmann is also very popular in the United States. She played in several shows on Broadway, the theater street in New York. Later she has played in even more international films. She directed her first film in 1992. It was called "Sofie."

### litt på norsk... Liv Ullman hylles på 80-årsdagen

Skuespiller og regissør Liv Ullmann er kjent i hele verden. Søndag blir hun 80 år gammel. Det feires skikkelig. Statsminister Erna Solberg er blant dem som skal hylle Ullmann. Liv Ullmann er en av Norges virkelige verdensstjerner.



Som skuespiller har hun vært nominert til filmprisen Oscar to ganger. Hun har ikke vunnet den gjeve statuette. Men hun har fått mange andre priser, både som skuespiller og regissør. Liv Ullmann har bodd i utlandet i årevis. Men det har aldri vært noen tvil om hvor hun hører hjemme hen.

Nylig besøkte avisa Dagbladet henne i Florida i USA. Journalisten spurte henne om hun fremdeles føler seg norsk. –Å, ja! Jeg har i perioder reist mye rundt. Men Norge vil alltid være hjemmet mitt. Alltid, sa Liv Ullmann da.

Ullmann spilte sin første rolle på Rogaland Teater i 1957. Da spilte hun jenta Anne Frank. Hun ble kjent gjennom rollen som Nora i stykket «Et dukkehjem» Men så ble hun filmskuespiller. Ullmann spilte i ti filmer som Ingmar Bergman regisserte.

Ullmann er også svært populær i USA. Hun spilte i flere show på teatergaten Broadway i New York. Senere har hun spilt i enda flere internasjonale filmer. Hun regisserte sin

# LAKEVIEWS

the official publication  
of

**VIKINGS OF LAKE**

**LODGE #6-166**

**SONS OF NORWAY**

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SAVE STAMPS FOR  
TUBFRIM!!!!

**FREEDOM, FRATERNITY AND PROGRESS—SONS OF NORWAY**



**Carl P. Ingvoldstad**  
District Six Foundation Director  
President--Vikings of Lake Lodge #6-166  
Sons of Norway

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Visit us on the Web:  
www.vikingsoflakelodge.org 

*Pssst: Are you keeping your Sons of Norway Membership a secret? Spread the word about the fun and fellowship we share as Sons of Norway members. The more the merrier! Nonmember friends and family are welcome to attend a lodge meeting, volunteer activity or an event as your guest (even if they aren't ready to sign up yet). Remember, anyone with an interest in Nordic culture and heritage is welcome to join Sons of Norway.*



**Kevin Ness Jeweler  
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**Custom  
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