



**SONS of
NORWAY**



LAKEVIEWS

Vikings of Lake Lodge #6-166 Newsletter
Scandinavians United!!!

Volume 15- Issue 7

July 2019

*Slapp Av Med Venner Og Mat ***

July 20—1:00PM

Please bring a salad or a dessert—the rest is provided
Karaoke by The Astrups



The Ingvoldstads' Home in Hidden Valley Lake

17207 Squirrelhill Road – Phone 987-2404 (call for directions)

We need to know if you are coming to get you through the Spruce
Grove Gate! * *Relax with Food and Friends

Ord fra Presidenten:

As you can read above, July 20th will be an action-packed day!

Many of our members (other than those who were not with us at our place back at our first “Slapp Av” in July 2004)—probably wonder what in the world is “that” ??? Well, literally it is just a Norsk term for a “Get together with friends and food”. Since that first one in July 2004, we have gathered at our home in July each year when most SON Lodges are either “dark” (don’t meet) or have corn of the cob, watermelon/spaghetti feed, picnic or whatever. Oh yes, last year we added “plus Karaoke” which everyone seemed to enjoy.

Next up for us SON members in Northern California is the **NCK (Kretsstevne)** —gathering of the (SON) clans over Labor Day weekend at Camp Norge (see the flyer on page 4).

Speaking of our LAKEVIEWS newsletter, that was a name we came up with back in the year 2004 when we organized along with our lodge name of “**Vikings of Lake**”. We considered Midnattsolen (Midnight Sun), Nordstjernen (North Star) and Alle Andre (all Andre—there were possibly 40 potential members of the **Andre** family in the area and the requirement to have “at least 40 charter members” would have been met all in one family alone! One last historical fact, our co-founders (Mary Beth and Carl Peter) used “**Scandinavians Unite**” as a rallying cry since the membership requirement was primarily that the applicant “must be of Norwegian or other Nordic birth or descent” or “show a great interest in the objectives and purposes of Sons of Norway”. As Paul Harvey used to say, “Now, you know the rest of the story”!!!!

Bedre og Bedre, Dag for Dag
Med Vennlig Hilsen!!

Carl Peter

Typically, We Meet At:

Galilee Lutheran Church Community Center
8860 Soda Bay Road, Kelseyville, CA 95451

Usually every Second Sunday—1:00pm
A Delicious Meal followed by a Very Special Program
Check us out at www.vikingsoflake.sofn6.org and/ or visit
our Facebook page

2019 Officers

President: Carl Ingvaldstad—987-2404
VP: Paul Astrup
Counselor: Kris Stocker
Secretary/Musician/Editor:
Mary Beth Ingvaldstad
Membership Secretary: Kris Stocker
Publicity Dir: OPEN
Treasurer: Kirby Aasen
Foundation Dir: Carl Ingvaldstad
Social/Cultural Chair: Theresa Contos
Marshalls: Kris Kjera, Elsie Voss
Greeters: Jo Swenson, Robin Marsolek
Librarian: Dennie Robison
Tubfrim Chair: Ev Robison
Webmaster/Camp Norge Ambassador: Kirby Aasen
Sunshine: Jo Swenson
Historian/Adopt-a-School: Sharon Lewis
Sports/Recreation: Kris Kjera
Calling Committee Chair: OPEN
Trustees: Theresa Contos, Robin Marsolek
Auditors: Irene Tisell,

FIND US:

Facebook: Vikings of Lake Lodge

Website: vikingsoflake.sofn6.org

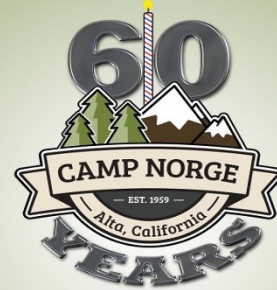
CHECK OUT:

Facebook: Sons of Norway District Six

Website: www.sofn6.org

International Sons of Norway Website:
www.sofn.com

Camp Norge is turning 60 this year
and you are invited to
celebrate with us!



Save the Date
Saturday, August 31, 2019
5:00 - 9:00PM
Heritage Hall, Camp Norge

We are planning a delicious banquet followed
by a fun night with entertainment, special guests,
door prizes and fellowship with your Sons of Norway
friends from around District Six and beyond.

First Cooking Club meets at Judith's to make
"GORO" on June 28th. Ask how you can join the
Club!!



Kris, Sharon, Judith and Mary Beth toasting a
job well done!

Fødseldager i Juli

Gratulerer Med Dagen,
Alle Sammen

OOPS—Missed in June
20—Sharon Ingvaldstad



12—Svein David Hauge
27—Irene Willumsen-Tisell

Heritage Members

2—Phoebe Jessen (9)
22—Gordon Astrup (9)

Anniversary

6—Evelyn and Dennie Robison—
50 YEARS



JUNE 15—MIDSUMMER AT THE LAKE



Many delicious side dishes brought by the members!

Big Thank you to Eva Johnson for opening her home to us again!!! Such a great spot on our Lake!



Kirby cooks up our Pølse to roll in our lompe that he, Theresa and Robin made!!



Theresa and Ellen— Kris Stocker and Carl are all smiles!



Kirby takes Evelyn, Sharon and Ray Tisell out on his boat for a spin on ClearLake!



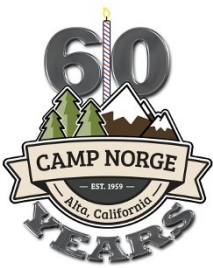
From left to right: Theresa, former member Joyce, Ellen, Kris S., Joanne and Mary Beth



Mary Beth makes a special cake as she works on her Level II Cooking Medal for the Cultural Skills Program. We now have established a Cooking Club!!



Kris K, Joyce, Eva at whose home we were partying, Mary Beth and Kirby Kris Dennie, Evelyn, Irene, Theresa and Joanne. Sharon Lewis took the picture. Also, not pictured was Phil and Carl Peter.



NORTHERN CALIFORNIA KRETSSTEVNE (NCK)

Labor Day Weekend—

Saturday, August 31– Monday, September 2, 2019

Join us for the weekend to celebrate our **60th Anniversary** as Camp Norge. Come for the entire weekend or just for part of the weekend. The Saturday Night Dinner/60th Anniversary Celebration will be one not to be missed!

⇒ Enjoy cooking classes, kids' games, Saturday night Karaoke, horseshoe tournament, Wine Tasting and fellowship

⇒ Norwegian Frokost, Pølse med Lompe, Tri-tip dinner and much more good food in the Heritage Hall

⇒ Take a hike, visit Dutch Flat, go for a swim, play some bocce ball or Kubb



Support your Camp and have a lot of fun doing it!!!

Mail this form and a check for the meals, made out to D6 Sons of Norway to:

Bruce Fihe, NCK Registrar, 2435 Felt Street, #57, Santa Cruz, CA 95062

Name(s) _____ Lodge Name &# _____

Children _____ Ages _____

Phone (____) _____ Email _____

| | | | | |
|------------------------|---------------------------------------|-----------------|-----------------------------------|-----------------|
| Saturday Breakfast | Adult(s)@ \$5.00 each | \$ _____ | Children under 12 @\$2.50 | \$ _____ |
| Saturday Lunch | Adult(s)@ \$6.00 each | \$ _____ | Children under 12 @\$3.00 | \$ _____ |
| Saturday Dinner | Adult(s) @\$30.00 each | \$ _____ | Children under 12 @\$10.00 | \$ _____ |
| Sunday Frokost | Adult(s) @\$8.00 each | \$ _____ | Children under 12@\$4.00 | \$ _____ |
| Sunday Dinner | Adult(s) @\$8.00each | \$ _____ | Children under 12@\$4.00 | \$ _____ |
| Monday Breakfast | Adult(s) @\$3.00each | \$ _____ | Children under 12@\$1.50 | \$ _____ |
| | Kretsstevne Piin.....# of pins@\$2.00 | \$ _____ | | |

You can buy individual meals, if you wish or.....

Total Weekend Package.....Adult(s) _____ \$60.00 = \$ _____ Children _____ X\$25.00 = \$ _____
 (includes the pin) Total Enclosed \$ _____

PRE-REGISTRATION of meals is imperative in order to purchase and prepare the correct amount of food!

The Meal Registration Deadline is August 24, 2019!





Camp Oldfjell

Folkehøgskule for Voksne

New in 2019, Camp Oldfjell, Folkehøgskule for Voksne (Folk School for Adults),

Camp Oldfjell will be held at our beautiful Camp Norge starting Tuesday, September 10th through Sunday, September 15th. Cultural Skills classes will be offered in topics such as:

Music
Literature
Hardanger
Vikings

Cooking
Tablet Weaving
Folk Dancing
Rosemaling

and more! Mark your calendar, submit your vacation request & join us for our first ever Camp Oldfjell!

Save the dates:
September
10 ~ 15
2019



Camp Oldfjell Folkehøgskule for Voksne

[Full Registration form at www.sofn6.org](http://www.sofn6.org)

Registration For September 10 – 15, 2019
Full program: Price: \$300.00
Sept. 10 -12, 2019 half program: Price \$150.00
Sept. 12 –15, 2019 half program: Price \$150.00

Join me for fun and learning! Be a Charter Member of Camp Oldfjell!! Mary Beth

Lodging: \$16.20 per bed, per night for Sons of Norway members; \$27.00 per bed, per night for non-Sons of Norway members. Tent Camping: \$17.00 per night for 4 persons for Sons of Norway members \$22.00 per night for 4 persons for non-Sons of Norway members RV Camping: \$27.00 per night for 4 persons; for Sons of Norway members \$37.00 per night for 4 persons; for non -Sons of Norway members. ROOM FEES PAYABLE AT TIME OF CAMP DIRECTLY TO CAMP NORGE



The Roving Reporter

Cultural Skills Medal Norwegian Cooking...—join us next time!



Sharon, Mary Beth, Kris and Judith



On June 29th, several of us said good-bye to former member, Lillie Hanson, who passed away on June 1st.

Please send your "Roving Reporter" news to the editor at mblingvoldst@aol.com.



Did You Know...

8 in 10 Americans say family is most important to them, yet only half have life insurance? Be sure your family has the protection they need. Contact your Financial Benefits Counselor today, or call Sons of Norway at 800-945-8851.



Welcome New Friends in 2019!

Please invite daughters, sons and friends of Norway to join as new members. We can share our friendship, culture and heritage as we get to know one another.

Plus: Recruiting members will be recognized with the limited edition 2019 recruiter pin. Please include your member number on any join form you give to a prospective member, so you will get the credit AND beautiful pin, you deserve.



Upcoming dates to remember:

July 28—CRAFT DAY at the Fellowship Hall with quilting of lap robes continuing and other activities folks would like to do (sewing, scrapbooking knitting, etc) Fun time for fellowship and creativity!

August 11—COOKING CLASS Heritage & Culture Day
Lessons in making: Grav-lax—Kirby Krumkake—Kris Lefse—Mary Beth Rosettes—Theresa POTLUCK—Salads/ Desserts
Wear Your Favorite Apron and Tell Us Why?



Mission Statement

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

This is at the Park owned and run by Henrik Ibsen Lodge #6-007. Fun day and a great chance to meet LOTS of Sons of Norway members. Carl Peter and Mary Beth are going for the day! Join them!

When I ask for directions, please don't use words like "East"

SONS OF NORWAY
MULTI-LODGE

PICNIC

Saturday, August 10, 2019
11:00 a.m. to 5:00 p.m.
Henrik Ibsen Park, Woodside, CA

BRING THE FAMILY AND HAVE A GREAT TIME!
CHILDREN'S RACES/GAMES, SWIMMING, RAFFLES,
BOUNCE HOUSE, CORN HOLE, HORSESHOES, MUSIC,
AND MORE!

Admission: \$10 per person, kids 12 and under free
No-host hot dogs, chips and drinks available, or break out your picnic basket and bring your own food!
Arrive early to beat traffic. Please, no pets!
Park Kitchen Phone: (650) 851-9999

My luck is like a bald guy who just won a comb.

I am a Senior Citizen;

- I'm the life of the party...even when it lasts 'til 8pm
- I'm very good at opening child-proof caps with a hammer.
- I'm smiling all the time because I can't hear a word you're saying.
- I'm very good at telling stories....over and over and over and over.

LAKEVIEWS

the official publication
of

VIKINGS OF LAKE

LODGE #6-166

SONS OF NORWAY

Mary Beth
Ingvoldstad, Editor

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Hidden Valley Lake,
CA 95467

mbingvoldst@aol.com

ADDRESS SERVICE
REQUESTED

PLACE
STAMP
HERE

SAVE STAMPS FOR
TUBFRIM!!!!

FREEDOM, FRATERNITY AND PROGRESS—SONS OF NORWAY



Pssst: Are you keeping your Sons of Norway Membership a **secret**? Spread the word about the fun and fellowship we share as Sons of Norway members.

The more the merrier! Nonmember friends and family are welcome to attend a lodge meeting, volunteer activity or an event as your guest (even if they aren't ready to sign up yet). Remember, anyone with an interest in Nordic culture and heritage is welcome to join

Sons of Norway.
JUST ASK!!



THE CARRIAGE HOUSE
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Lakeport, California
www.CarriageHouseLakeport.com
George & Cheryl Smith 707 263-0995

Carl P. Ingvoldstad
District Six Foundation Director
President-Vikings of Lake Lodge #6-166
Sons of Norway
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Hidden Valley Lake, California 95467
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cingvoldst@aol.com
Visit us on the Web:
www.vikingsoflakelodge.org

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994-2307
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Clearlake, CA 95422