



**SONS of  
NORWAY**



**LAKEVIEWS**

Vikings of Lake Lodge #6-166 Newsletter  
Scandinavians United!!!

Volume 15- Issue 8

August 2019



Sunday, August 11—1:00pm  
Potluck of Salads and Desserts



Cooking class—Wear your favorite apron!

Gravlax—Kirby Aasen Lefse—Mary Beth I.

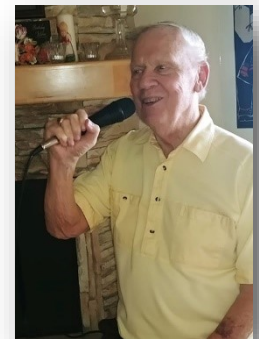
Rosettes—Theresa Contos

Hostess—Theresa—520-370-1469



### Ord fra Presidenten:

Short and (mostly) sweet Ord this month! We had a near record 23 folks with great food, lively conversation and entertaining **Karaoke** for the better part of four hours at the “Slapp Av” event on July 20th! Great fun with the Karaoke machine with Ev Robison, Judith Bergstrom, Phil Walker and several of the young kids joined in on the “Karaoke Fun” by getting their “feet (voice) wet” for the first time! (See pictures inside.) Even though Paul Astrup, our VP and his two sons Adam & Gordon had to leave after two hours to pick up Mama in Santa Rosa, he left his karaoke machine to use for another two hours. Sweet! Oh, by the way, he left it at our place for a week (or so) until he comes back to pick it up. I cannot tell a lie, I’ve put it to use one time since the Slapp Av and will probably use it again before Paul returns to “pick ’er up” —I don’t want to practice too much before our next annual Slapp Av in 2020. Sweet but not fair!



Enuf (or too much) about that. In closing this Ord, I noticed two interesting things on my 2019 Paulstad Norway calendar—(1) that the 52nd Annual Nordic Fest four-day event occurred once again in my hometown of Decorah, Iowa. Finally, (2) it was St. Olav’s Day (Olsok) in Norway July 29th which was one of the three Norwegian Flag Days in July. The other two were the US Independence Day/Queen Sonja’s 82nd Birthday and Crown Prince Haakon Magnus’ 46th birthday. Great month for both countries! See y’a at the August VOL meeting on the 11th—don’t forget to bring and wear your favorite apron! Until then, stay cool, keep safe and enjoy!

Bedre og Bedre Dag for Dag  
Med Vennlig Hilsen!!

### Typically, We Meet At:

Galilee Lutheran Church Community Center  
8860 Soda Bay Road, Kelseyville, CA 95451

**Carl Peter**

Usually every Second Sunday—1:00pm  
A Delicious Meal followed by a Very Special Program  
Check us out at [www.vikingsoflake.sofn6.org](http://www.vikingsoflake.sofn6.org) and/ or visit  
our Facebook page

## 2019 Officers

President: Carl Ingvoldstad—987-2404  
VP: Paul Astrup  
Counselor: Kris Stocker  
Secretary/Musician/Editor:  
Mary Beth Ingvoldstad  
Membership Secretary: Kris Stocker  
Publicity Dir: OPEN  
Treasurer: Kirby Aasen  
Foundation Dir: Carl Ingvoldstad  
Social/Cultural Chair: Theresa Contos  
Marshalls: Kris Kjera, Elsie Voss  
Greeters: Jo Swenson, Robin Marsolek  
Librarian: Dennie Robison  
Tubfrim Chair: Ev Robison  
Webmaster/Camp Norge Ambassador: Kirby Aasen  
Sunshine: Jo Swenson  
Historian/Adopt-a-School: Sharon Lewis  
Sports/Recreation: Kris Kjera  
Calling Committee Chair: OPEN  
Trustees: Theresa Contos, Robin Marsolek  
Auditors: Irene Tisell,

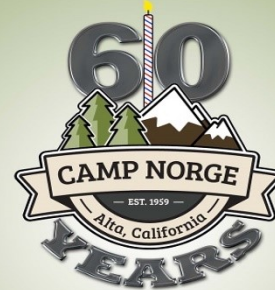
### FIND US:

Facebook: Vikings of Lake Lodge  
Website: [vikingsoflake.sofn6.org](http://vikingsoflake.sofn6.org)

### CHECK OUT:

Facebook: Sons of Norway District Six  
Website: [www.sofn6.org](http://www.sofn6.org)  
International Sons of Norway Website:  
[www.sofn.com](http://www.sofn.com)

Camp Norge is turning 60 this year  
and you are invited to  
celebrate with us!



Save the Date  
Saturday, August 31, 2019  
5:00 - 9:00PM  
Heritage Hall, Camp Norge

We are planning a delicious banquet followed  
by a fun night with entertainment, special guests,  
door prizes and fellowship with your Sons of Norway  
friends from around District Six and beyond.

## Share the Friendly Spirit of Velkommen



Our family is  
growing in  
2019! We wel-  
come daugh-  
ters, sons and  
friends of

Norway to join the fun at our lodge. Please  
invite a guest to our next meeting or event  
so they can experience the spirit of Velkom-  
men first hand.

## Fødseldager i August Gratulerer Med Dagen, Alle Sammen

3—Mary Beth Ingvoldstad  
5—Dennie Robison  
12—Dick Larsen  
16—Bob Clark  
26—Clu Carradine  
27—Eva Johnson  
30—Lorena Fisher



### Upcoming dates to remember:

Labor Day—Kretsstevne—Flyer page 4 with  
Camp 60th Anniversary Dinner

September 8—next lodge meeting with Stock-  
ers' trip to Norway as our program!



## SONS of NORWAY

### Mission Statement

*The mission of  
Sons of Norway  
is to promote and to  
preserve the heritage and  
culture of Norway,  
to celebrate our relationship  
with other Nordic countries,  
and to provide quality  
insurance and financial products  
to its members.*



**JULY 20—SLAPP AV MED VENNER OG MAT**

Vale and Chris Hanzel



**23 of us ate, drank, sang, talked and danced.  
Wonderful day with grand weather!!**

Kris and Mary Beth



Phil does a little dining, wining and singing!!



Kris enjoys being at the center of the food and fun at the kitchen counter...



'The Astrup fellas brought us the karaoke music and entertained us with their talent!



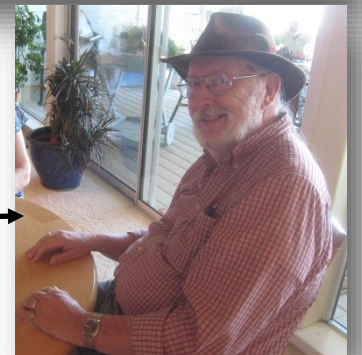
So many enthusiastic singers...and good ones!!!



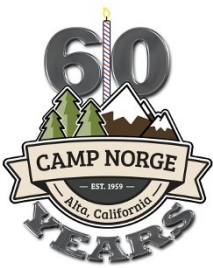
Clockwise above: Evelyn, Judith and granddaughter; Sharon with grandkids Jade and Kahlil plus niece Teresa and Carl Peter all share their wonderful talents!



Dennie takes it all in—the food, the music and the camaraderie both inside the house and out on the deck!!  
Wayne, Else and Theresa bask in the warmth on the deck!!







# NORTHERN CALIFORNIA KRETSSTEVNE (NCK)

## Labor Day Weekend—

Saturday, August 31– Monday, September 2, 2019

Join us for the weekend to celebrate our **60th Anniversary** as Camp Norge. Come for the entire weekend or just for part of the weekend. The Saturday Night Dinner/60th Anniversary Celebration will be one not to be missed!

⇒ Enjoy cooking classes, kids' games, Saturday night Karaoke, horseshoe tournament, Wine Tasting and fellowship

⇒ Norwegian Frokost, Pølse med Lompe, Tri-tip dinner and much more good food in the Heritage Hall

⇒ Take a hike, visit Dutch Flat, go for a swim, play some bocce ball or Kubb



**Support your Camp and have a lot of fun doing it!!!**

Mail this form and a check for the meals, made out to D6 Sons of Norway to:

Bruce Fihe, NCK Registrar, 2435 Felt Street, #57, Santa Cruz, CA 95062

Name(s) \_\_\_\_\_ Lodge Name &# \_\_\_\_\_

Children \_\_\_\_\_ Ages \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_ Email \_\_\_\_\_

|                        |                                       |                 |                                   |                 |
|------------------------|---------------------------------------|-----------------|-----------------------------------|-----------------|
| Saturday Breakfast     | Adult(s)@ \$5.00 each                 | \$ _____        | Children under 12 @\$2.50         | \$ _____        |
| Saturday Lunch         | Adult(s)@ \$6.00 each                 | \$ _____        | Children under 12 @\$3.00         | \$ _____        |
| <b>Saturday Dinner</b> | <b>Adult(s) @\$30.00 each</b>         | <b>\$ _____</b> | <b>Children under 12 @\$10.00</b> | <b>\$ _____</b> |
| Sunday Frokost         | Adult(s) @\$8.00 each                 | \$ _____        | Children under 12@\$4.00          | \$ _____        |
| Sunday Dinner          | Adult(s) @\$8.00each                  | \$ _____        | Children under 12@\$4.00          | \$ _____        |
| Monday Breakfast       | Adult(s) @\$3.00each                  | \$ _____        | Children under 12@\$1.50          | \$ _____        |
|                        | Kretsstevne Piin.....# of pins@\$2.00 | \$ _____        |                                   |                 |

You can buy individual meals, if you wish or.....

Total Weekend Package.....Adult(s) \_\_\_\_\_ \$60.00 = \$ \_\_\_\_\_ Children \_\_\_\_\_ X\$25.00 = \$ \_\_\_\_\_  
 (includes the pin) Total Enclosed \$ \_\_\_\_\_

PRE-REGISTRATION of meals is imperative in order to purchase and prepare the correct amount of food!

The Meal Registration Deadline is August 24, 2019!





# Camp Oldfjell

## Folkehøgskule for Voksne

**New** in 2019, Camp Oldfjell, Folkehøgskule for Voksne (Folk School for Adults),

Camp Oldfjell will be held at our beautiful Camp Norge starting Tuesday, September 10<sup>th</sup> through Sunday, September 15<sup>th</sup>. Cultural Skills classes will be offered in topics such as:

Music  
Literature  
Hardanger  
Vikings

Cooking  
Tablet Weaving  
Folk Dancing  
Rosemaling

and more! Mark your calendar, submit your vacation request & join us for our first ever Camp Oldfjell!

**Save the dates:**  
**September**  
**10 ~ 15**  
**2019**



Camp Oldfjell Folkehøgskule for Voksne

[Full Registration form at www.sofn6.org](http://www.sofn6.org)

**Registration** For September 10 – 15, 2019  
Full program: Price: \$300.00  
Sept. 10 -12, 2019 half program: Price \$150.00  
Sept. 12 –15, 2019 half program: Price \$150.00

**Join me for fun and learning! Be a Charter Member of Camp Oldfjell!!** Mary Beth

**Lodging:** \$16.20 per bed, per night for Sons of Norway members; \$27.00 per bed, per night for non-Sons of Norway members. Tent Camping: \$17.00 per night for 4 persons for Sons of Norway members \$22.00 per night for 4 persons for non-Sons of Norway members RV Camping: \$27.00 per night for 4 persons; for Sons of Norway members \$37.00 per night for 4 persons; for non -Sons of Norway members. ROOM FEES PAYABLE AT TIME OF CAMP DIRECTLY TO CAMP NORGE





# The Roving Reporter



Kirby, Baylee and Casper in the Dutch Flat 4th of July Parade with the Camp Norge Folkehøgskule.



Karaoke Carl and Marcie at the Riviera with Sharon and Mary Beth.



## SONS of NORWAY

### Did You Know...

8 in 10 Americans say family is most important to them, yet only half have life insurance? Be sure your family has the protection they need. Contact your Financial Benefits Counselor today, or call

Sons of Norway at 800-945-8851.



## CRAFT DAY July 28

Quilting Lap Robes for Christmas at the Care Center!

Almost 20 done so far!



Ellen, Theresa, Robin, Mary Beth and Sharon worked on the lap robes—ironing, pinning, sewing and adding bias ribbon.



Kris worked on a cute outfit for her granddaughter!

Banana Bread, Pineapple upside down cake, Zucchini Cake graced the goodie table along with a little wine and home grown tomatoes!



This is at the Park owned and run by Henrik Ibsen Lodge #6-007. Fun day and a great chance to meet LOTS of Sons of Norway members. Carl Peter and Mary Beth are going for the day! Join them!

SONS OF NORWAY  
MULTI-LODGE

# PICNIC

Saturday, August 10, 2019

11:00 a.m. to 5:00 p.m.

Henrik Ibsen Park, Woodside, CA

BRING THE FAMILY AND HAVE A GREAT TIME!  
CHILDREN'S RACES/GAMES, SWIMMING, RAFFLES,  
BOUNCE HOUSE, CORN HOLE, HORSESHOES, MUSIC,  
AND MORE!

Admission: \$10 per person, kids 12 and under free  
No-host hot dogs, chips and drinks available, or break out your picnic basket and bring your own food!  
Arrive early to beat traffic. Please, no pets!  
Park Kitchen Phone: (650) 851-9999

When I ask  
for directions,  
please don't use  
words like "East"

**My luck is like  
a bald guy who  
just won a  
comb.**

I am a Senior Citizen;

- I'm the life of the party...even when it lasts 'til 8pm
- I'm very good at opening childproof caps with a hammer.
- I'm smiling all the time because I can't hear a word you're saying.
- I'm very good at telling stories....over and over and over and over.

# LAKEVIEWS

the official publication  
of

**VIKINGS OF LAKE**

**LODGE #6-166**

**SONS OF NORWAY**

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ADDRESS SERVICE  
REQUESTED

PLACE  
STAMP  
HERE  
  
SAVE STAMPS FOR  
TUBFRIM!!!!

**FREEDOM, FRATERNITY AND PROGRESS—SONS OF NORWAY**



**JOIN US AT  
CAMP NORGE  
TO CELEBRATE  
THE 60TH AN-  
NIVERSARY!  
GOOD FOOD,  
GOOD FUN,  
GOOD  
FRIENDS!**

**Pssst:** Are you keeping your Sons of Norway Membership a **secret**? Spread the word about the fun and fellowship we share as Sons of Norway members. The more the merrier! Non-member friends and family are welcome to attend a lodge meeting, volunteer activity or an event as your guest (even if they aren't ready to sign up yet). Remember, anyone with an interest in Nordic culture and heritage is welcome to join Sons of Norway.  
**JUST ASK!!**



Unzip it and in-

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Carl P. Ingvoldstad  
District Six Foundation Director  
President-Vikings of Lake Lodge #6-166  
Sons of Norway

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cingvoldst@aol.com  
Visit us on the Web:  
[www.vikingsoflakelodge.org](http://www.vikingsoflakelodge.org)

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