



Ord fra Presidenten

Luella Grangaard

**Greetings Members of
District Six,**

There has been a lot going on since I last wrote to you. We had a very successful Camp Trollfjell, and the team is already starting to plan for 2020. Camp Norge is celebrating 60 years, and I hope you plan to celebrate our camp with a birthday cake and maybe a donation or join the “Century Club” to support the camp. They had a wonderful party at camp. The Kretsstevner are occurring in Northern California, Central and Southern. These events are fundraisers for Camp Norge, but it is also an opportunity to meet and experience fellowship with members of other lodges in our district. On that note I encourage you all to not only attend your lodge events but also visit another lodge. I had the opportunity to visit the Salt Lake City Lodge, Leif Erikson Lodge and the “Multi Lodge Event at Henrik Ibsen Lodge at their Park. It is such fun to meet members, learn about different lodges and see the difference between lodges. We are different in many ways but have the same goals of “celebrating our Norwegian culture and heritage”. Also the District is hosting its first camp for adults, Camp Oldefjell. I am looking forward to learning to weave. There is a lot going on; be a part of it.

The District Lodge is planning a great District Lodge meeting and Convention in Mesa, AZ June 18-22, 2020. The convention theme is “Celebrating our Roots”, and as part of this we

are inviting a special speaker to discuss Norwegian Genealogy. In addition, we will have some leadership and volunteer opportunities as part of a leadership training, as well as the exciting District Lodge and Recreation Center Meetings.

Our International Delegates from 2018-2020 have been busy with numerous resolutions that have required a vote. These include approval of “Guidelines for Nominations” and approval of a pay raise for the International Board. It is time to start thinking about who will be your lodge delegates to our 2020 District Convention. And make plans for fundraising to support your lodge delegates to attend the convention.

This fall lodges should be preparing for elections. Remember each lodge should have at least four officers: president, vice president, secretary and treasurer. These are the required officers. Nominations are open for 2020-2022 District officers. To be an officer you must be a District delegate and own a Sons of Norway financial product. Do you know someone in your lodge, zone or district who would provide great leadership for District Six? Or maybe you are interested. We need to fill our District Lodge positions.

2020 celebrates the 125th birthday of Sons of Norway. As part of the celebration, Sons of Norway has prepared an electronic tool box which was sent the end of August to lodge leaders and is also located on the website, but to get all the information you need to log in. Check it out for lodge program and newsletter ideas for 2020.

Thank you all for everything each of you contribute to make District Six and its lodges...SUPER.

Fraternally,

Luella



Fra International President
Ron Stubbings



Dear Local Lodge and District Lodge Officers:

Autumn is already here, and before long it will be 2020 when our biennial District and International conventions occur.

Those of you who have attended these conventions in the past know that many resolutions are proposed and voted upon at that time.

Generally speaking, writing a resolution has been a difficult and somewhat mysterious process with each lodge or district using their own method. We would like to standardize and streamline this process by having all resolutions submitted using the same form. *(That form is [available to use now](#) and can be found in the ["Lodge Leadership Resources, Governance"](#) section of our website.)*

- ◆ If you are proposing to change our written charter, constitution, bylaws or policies and procedures, use **Form A**.
- ◆ If your resolution addresses just a single concern for a limited time period *(no change needed to the bylaws)*, then use **Form B**.

We've tried to make the form as simple as possible. Just follow the instructions in the gray boxes on the left-hand side of the form, and fill in your answers in the white boxes on the right-hand side. If you fill in every box, you should end up with a complete resolution!

Thank you for your help and cooperation.
Fraternally Yours,

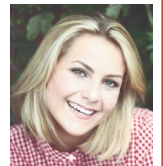
Ron Stubbings
International President

This year we had a very competitive group of students that sent in applications for the District Six scholarships. It was very tough to choose between all of them and for those who didn't receive a scholarship please don't be discouraged and try again next year. Tussen takk to my fellow scholarship committee member Ginger Ketels for reviewing all the applications and working with me to choose the 2019-2020 recipients.

Now with that being said, I would like to give a big Gratulasjonen to the students awarded the 2019-2020 District Six Scholarships:



Shiloh Curtis from Nordahl Grieg 6-52, who will be attending MIT and continuing her Major studies of Electrical Engineering & Computer Science,



Kaitlin Dailey, from Vesterheim 6-118, who will be attending Colorado State University majoring in Hospitality Management, and



Garrett Weir, from Valhall 6-25, who will be attending Texas Christian University working on his Bachelor of Fine Arts with an emphasis on Acting and Musical Theater.

I hope the \$1000 scholarship will help each of you achieve your educational dreams.

I personally would like to say Hjertelig Takk to our District Six President, Luella Grangaard, for the leadership and guidance she gave the scholarship committee this year . At times we really needed some help in understanding what was tasked to us as a committee, but she truly knew when to be hands on with us and when to just let us figure it out ourselves.

Laura Porter
2019-2020 Scholarship Committee



Fra International Director
Mary Beth Ingvoldstad

Hallo Alle Sammen,

It is good to be connecting with you all again in this District Six Newsletter. It has been two International Board Meetings ago since I stepped into the position of District Six International Director. It truly is a learning curve as the International Board deals mostly with the Financial side of the organization. That is unique to people like me who have worn “fraternal hats” for most of our member years. I am a member of the Corporate Matters and Governance Committee along with International Vice President Mark Agerter, International Secretary Marci Larson and District Five International Director Robin Fossum. We have been busy with referendums that have gone out to the Delegates from the 2018 International Convention in Bloomington, Minnesota (who remain delegates until the 2020 Convention) regarding the format for Nominating Committees and the new Resolutions format proposed by our own District Six Secretary, Nancy Madson. The International Board has had numerous teleconferences regarding the International Convention in 2020 that was moved from Hamar, Norway to Ringsaker, Norway, the budget work that is being done for 2020 to help our bottom line, the hiring of general Insurance agents (not Financial Benefits Counselors) to help us with a needed up-tick in insurance sales, the progress of the new building on Lake Street in Minneapolis (scheduled to be completed in Spring 2020) as well as the changes at Headquarters with the departure of our Fraternal Director, Linda Pederson.

We have a very strong team at Headquarters, but we are also looking, as many corporations do currently, at outsourcing some of the day to day operations in order to conserve our resources. Th Board is kept apprised of these specified changes and we will be looking at the final decisions in November when we meet again for our next Board Meeting in Eden Prairie, Minnesota.

It is also special for me to be part of the activities of the Super Sixth, which I so enjoy, such as the Norseman Lodge’s awesome 50th Anniversary in June, the Henrik Ibsen Multi-Lodge Picnic at their Park in August and of course, dear to my heart, the magnificent celebration of the 60th Anniversary of Camp Norge over Labor Day along with the 3-day Northern California Kretsstevne with our International President, Ron Stubbings and his wife Ritta Huttenen, attending.

If you ever have any questions about the International Board and its activities, please do not hesitate to call me or email me. I may not have all the answers but I certainly will do my best to find them! I am here to serve you and enjoy touching base with you whenever I can.

Med Vennlig Hilsen,

Mary Beth Ingvoldstad
707-580-8052 Cell
mbingvoldst@aol.com



SONS of
NORWAY

Grab Your Viking Helmet, Come to Colorado, and Celebrate the Season in Breckenridge!

What is the Ullr Fest in Breckenridge, CO?

Ullr Fest has been a can't miss family-friendly event in Breckenridge since it began more than five decades ago. The event is a massive celebration of the season and community, inspired by Ullr, a Norse god known for his affinity for cold weather and outdoor activities this **December 11-15, 2019**, and the Town of Breckenridge invites snow lovers of all ages to join the party.

During Ullr Fest in Breckenridge, don't be surprised to see horned Viking hats adorning the heads of skiers and snowboarders, the biggest bonfire in town, and more than 12,000 Ullr enthusiasts filling the streets for the Ullr Parade with crazy float participants skiing off jumps on Main Street or gliding along town in a hot tub. Join us to rejoice with Ullr himself... he's ready for a good party. Take part in the Ullr Parade down Main St, or attempting to break the 2019 Breckenridge Distillery "unofficial" World Record



Prove your dedication to the cold at Ullr Ice Plunge. The story behind the Ullr fest is . . . Ullr was so well skilled in the use of the bow and could go so fast on his skis that in these arts no one could best him. Each winter he covered the earth with snow to protect it from harm. It has been said that Ullr enjoyed the cold weather and loved traveling throughout the land, gliding along on his great skis, for pleasure and hunting.

It is also said that Ullr was such a great skier, he would streak across the sky leaving the brilliant stars as his trails (they obviously had some fine powder days). Though very skilled, Ullr guarded his knowledge closely and refused to show the other gods how to ski. Luckily for us, he let the secret out of the bag, and we will all be soon celebrating his glory. Next time you are trying to bash through some wind crust or plunge head first into fresh waist deep powder, be sure to invoke his name and remember – ULLR RULES!

One of Ullr's travels found him in Breckenridge, Colorado.

Breckenridge seemed a likely place for Ullr to settle down, since he wasn't looking to return to Norway any time soon. Ullr fit right in and took to the mountains. And every year, Ullr blesses Breckenridge with some of the finest snow in the world.

To repay Ullr for his gift of snow, we here in Breckenridge hold a festival to honor the god of winter. We call this little celebration Ullr Fest. This fantastic party all started back in 1963 when a few of the locals heard that Ullr was in town. Well, they wanted to let him know how much Breck appreciated Ullr's gift of snow, so they went to the Town Council and lobbied to start... 'Ullr Dag' (Ullr Day in English). The first few years of the event were hailed with locals honoring Ullr with gold coins, parties, skiing, and oh – don't forget the parties.

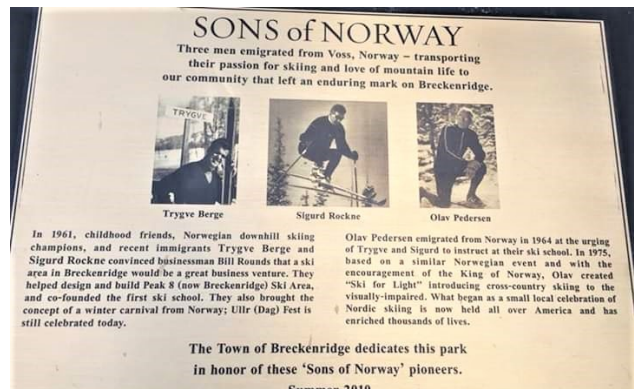
As the years went on, traditions were formed such as the Ullr Ball, the Ullr Bonfire, the Ullr Parade, Snow Sculpting, Ullr King and Queen, the Ulllympics and the Ullr Dating Game. Some traditions have stayed, such as snow sculpting, which has become its own event called the International Snow Sculpture Championships. Other traditions have gone by the wayside.



From fake currency to burning old skis in the bonfire, Ullr Fest has always been about fun and partying...and Breckenridge



knows how to hold a "killer party, dude." Just ask any of the locals. Ullr Fest continues throughout the week with games, parties and more. Will you be there to join in the fun, this year?





SAVE THE DATE

District Six 2020 Convention

June 2020 

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				



The Sheraton
Mesa Hotel
Mesa, ARIZONA

Celebrating Our Roots



The
Sheraton
Mesa Hotel,
Mesa,
ARIZONA



If you are hoping/planning on attending our convention in June of 2020 in Mesa, AZ – here are some things for you to consider:

Mesa is a city just east of Phoenix, in Arizona. Mesa Grande Cultural Park is home to a giant, centuries-old ceremonial mound, and artifacts of the ancient Hohokam people. The Arizona Museum of Natural History exhibits dinosaur skeletons and archaeological finds. The nearby i.d.e.a. Museum offers hands-on artistic and scientific exhibits for kids. Mesa Arts Center presents theater, musicals and contemporary art.

It is HOT in the southwest, in the summer, and although the convention is an “indoor” activity, there are plenty of sight-seeing opportunities, as mentioned above, in the area that you may want to take advantage of. Planning ahead is always helpful . . . you may want to spend time in the area before and/or after the convention dates to learn about the history and peoples of this region.



Since our pre-convention theme is focused on “geneology” . . . why not check out one of my favorite things to do, not located in Mesa, itself, but 8 miles south, in Chandler, AZ. It is the Eddie Basha Collection of Contemporary Western American Art and Contemporary American Indian Art, housed in The Zelma Basha Salmeri Gallery.

Talk about “celebrating your roots”, this beautiful collection includes oil paintings, watercolors, acrylics, pastels and charcoal drawings, wood and natural stone sculptures, wood-turned bowls, basketry, pottery, katsinas and jewelry – all celebrating the culture and heritage of the southwest. And, it’s a wonderful respite from the summer heat outside – the gallery is cool, restful, and . . . best of all . . . FREE!



For more information, please visit their website: www.eddiebashacollection.com

Convention Cultural Day Programs

These sessions will be held Thursday, June 18, 2020, prior to the start of District Six Biennial Lodge Meeting. Come early for Culture, Camaraderie, and Fun. Start planning.

Genealogy sessions - afternoon

Norwegian Genealogical Research: How Things Have Changed in 125 Years

Norwegian Research: Records You May Not Be Using – But Should

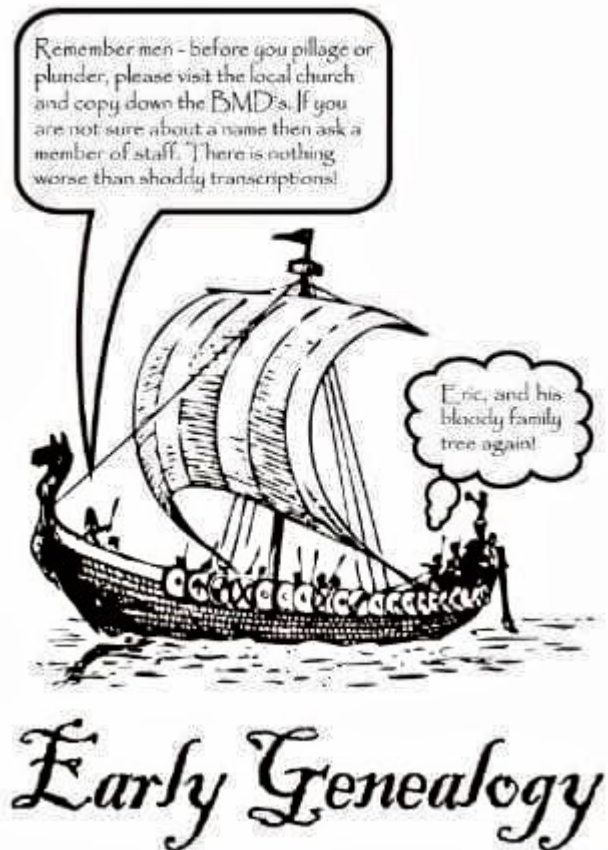
Genealogy guest presenter, Jeff Svare, was born in Minnesota and raised in North Dakota. An employee of FamilySearch since 1987, he has been involved with records acquisition in Asia, the Pacific Islands, Europe, and Scandinavian. Previously, he was manager of FamilySearch's Scandinavian collection. He has presented at Brigham Young University's genealogical conferences, local genealogical conferences across the United States, the Family History Library, as well as teaching and creating courses of study for the Salt Lake Institute of Genealogy.

Using the Sons of Norway Cultural Skills Program - afternoon

Presenter: Ruth DeLattre, Cultural Director, Overtro Fjell #153, Mesa, AZ

Music Cultural Skills Unit - Evening

Presenter: Judy Immel, District Six Cultural Director



Yggdrasil

A lot of Norse mythology revolves around figures and places that seem intentionally unpronounceable. But Yggdrasil? Seriously? It's actually not as bad as it looks. You pronounce it "IG-druh-sill". Just make sure to say it with a bit of Viking swagger, and you've got it.

Okay, now that we can pronounce it...what is it? Norse mythology views the cosmos as a set of nine distinct worlds. Humans live on Midgard, the gods live in Asgard, giants live in Jotunheim, etc. The thing that connects all nine worlds together is Yggdrasil, the world tree. This cosmic ash tree is the frame the Universe, the spine of existence, and the conduit between the nine worlds (which rest in its roots and branches). Norse mythology is complex and diverse, but Yggdrasil was the ultimate family tree that tied it all together.

The symbol Yggdrasil ("Tree of Life") in Germanic-Scandinavian mythology is presented by a giant ash tree or yew. This tree, in fact, is the universe. All worlds are located on this tree on the different levels: some of them are on the crown, others are on the trunk, and some are in the roots. In other words, the concept of the universe of the Vikings goes beyond our judgments about the three-dimensionality of space.

EDITORIAL . . . By Kaye Wergedal, Editor

Standing in line at the grocery store, I couldn't help but notice the title of a periodical on sale from one of my favorite sources, National Geographic, **THE VIKINGS, Lords of Sea and Sword**. Of course, it went right into the cart and came home with me. It is a 2018 publication that traces the history of the VIKING people and their influence on the rest of the world. And I think you will want your own copy. Chockfull of great history, maps, photos – it is everything we have come to expect from a National Geographic publication - outstanding!



Since our next District Six convention theme is **“Celebrating our Roots”**, I thought you might need to be reminded that the VIKINGS were not limited to just the Scandinavian countries, they impacted many other lands and people . . . including those of my own roots, the Irish! Yes, now the truth may be told, I have but only a “wee bit” of Norwegian in my DNA, because the majority of my roots lie in England, Scotland, and Ireland, and it is about time I began to “celebrate” those roots as being “Nordic” as well..

Each of us has a different story to tell about our heritage . . . mine comes from the British Isles, where, as this new publication tells us, both the Danes and the Norwegian VIKINGS traveled, traded, and even settled.

What about YOUR roots? Wherever your roots lie, I hope you will be wanting to celebrate them and join us at the Convention in Mesa, AZ, June of 2020. I'm going to start searching for some Scotch/Irish mementos to share, or a piece of clothing to wear . . . and bring them to convention with me so you will know that the VIKING heritage lives on in most all of us, because of their raids, trade, explorations and influence in the Northern Hemisphere, from North America to eastern Europe and Central Asia.



Please let your lodge know if you would like to serve as one of their delegates to our upcoming convention in June. Remember, you need to be elected by your lodge members, and if elected, are not only eligible to attend the convention in Mesa, AZ, and vote on our District's business, but can also be nominated to be a District Delegate to the Sons of Norway convention in Norway, next August;;; you ARE wanting to attend that, aren't :you?

Meanwhile, I hope you will pick up your own copy of this fine periodical to enjoy!



Zone 2 Director
Lotte Sather

Camp Norge's 60th Anniversary celebration and the Northern California Kretsstevne are now history. What a great celebration. Many people to thank. We enjoyed visiting with International President Ron Stubbings and his lovely wife Riitta. Visiting with old friends and new was terrific.

Zone 2 served lunch on Saturday. I want to thank Penny Knudsen and Linda Caruthers from Andrew Furuseth, Kirsten Wyatt from Roald Amundsen, and Bob Sather for their help.

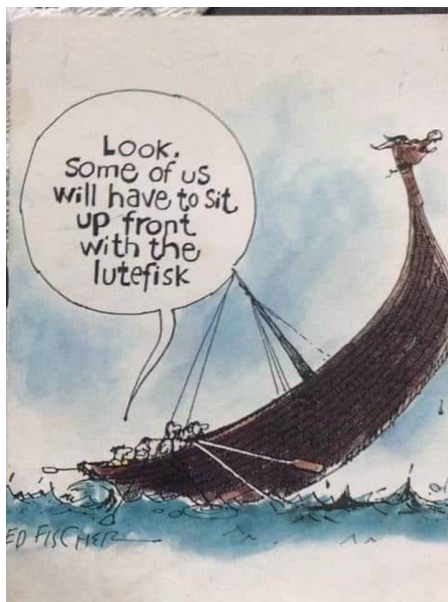
I attended a picnic put on by Centennial Lodge 161 of Vacaville. The picnic was held on the farm of one of their members. People from three Zone 2 lodges attended – Centennial, Andrew Furuseth and Victory. The food and the fellowship were terrific! (Pictures were terrible) I heard the joint Syttende Mai picnic held by Solheim and Garborg lodges was a well-attended event. It's great to see smaller lodges plan events together.

Fall means Vikingfest at Freya, Lutefisk at Bjornson, Garborg and Victory. It's always great to attend an event in another lodge, where you don't do all the work. Watch the news-letters.

Sons of Norway will soon turn 125 years. Watch for an event near you or let's plan one.

Hope to see you out and about.

Tusen takk for your support.
Lotte Sather
Zone 2 Director



Zone 8 Director
Bev Moe

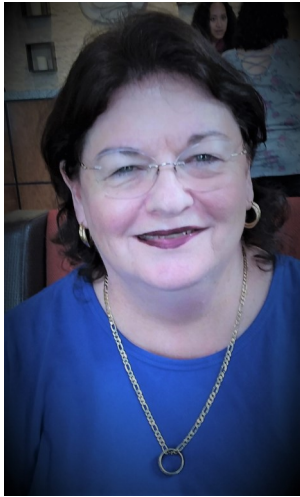
The 60th annual Memorial Day Ceremony paying tribute to the fallen 10th Mountain Division soldiers was held at the Memorial Stone on top of Tennessee Pass near Leadville, Colorado. Camp Hale nearby was the original training site of the 10th Mountain Division soldiers.

The 10th Mountain Division was created in Colorado in 1943 at Camp Hale. It was the only unit in the history of the United States Army to be organized specifically for mountain and winter warfare training.



I was honored during the Ceremony to lay our Sons of Norway, District Six wreath at the base of the 10th Mountain Division Memorial. Sons of Norway, District Six was recognized by announcement while I placed the wreath. There were about 250 people attending the Memorial ceremony. This will be an ongoing annual event representing District Six.

Bev Moe
District Six, Zone 8 Director
Sons of Norway



Zone 5 Director
Troann Loy

I know most of the lodges go dark for part of the summer. Now I hope that you have your batteries recharged and are rearing to get back to your lodges with great ideas and great events. It is so much fun to see old friends and get caught up. One of our goals this year is to encourage new members.

I was honored to go to Santa Barbara for Ivar Aasen Lodge's 90th anniversary. Over the years they have struggled with staying an active lodge or not. Well they worked hard and are thriving. Congratulation Ivar Aasen !



Lodge. President, Ron Oftebro, honoring members with Tusen Takk awards.

Don't miss out on coming events at your lodge and other lodges too:
Lutefisk and Meat Ball Dinners
Thanksgiving Celebration
Christmas Julebord
And much more.

**Med vennlig hilsen (Best Regards),
Troann**



Cultural Director
Judy Immel

Camp Oldfjell was a wonderful experience. Many cultural skills projects were started, some even completed.

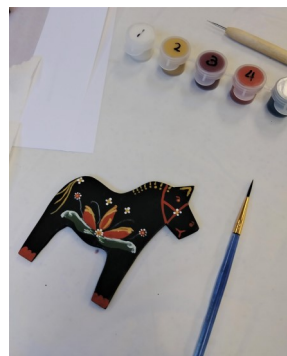
There were 22 participants in the inaugural camp. Nine- teachers provided excellent instruction. Multiply students completed projects sufficient to qualify for Cultural Skills Medals.



Tablet Weaving,



Viking Wire Kmottomg



Rosemaling

I look forward to being camp director for Camp Oldfjell in 2020. The dates will be Saturday, September 19 thru Tuesday, September 22, 2020. Additional information will be available soon.

I look forward to seeing many of you at our 2020 Camp Oldfjell.

Cultural Director, Judy Immel

Camp Trollfjell and Trollfjell Folkehøgskule



Camp Trollfjell
Language and Heritage
Campers.



Folkehogskule Campers & Staff
"camping it up",
and
participating in the July 4th
Parade



Camp Norge 60th Anniversary



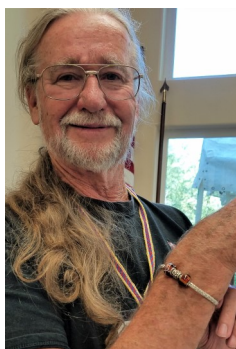
The "PARTY" in full swing.

Ron Stubbings, Int.Pres.
and Fred Hymas, Rec.Ctr.Pres.



SofN Intl Pres, Ron Stubbing
Zone 1 Dir, Adrienne Lincoln
and Ritta Stubbings, celebrating!

Camp Oldefjell



Bruce Fihe and his
VIKiNG knitted bracelet.



Nancy Madsen and Card Weaving.



Kirby
Aasen
makes
the
BEST
chili!



13 District Six Lodges, 21
members and 9 staff mem-
bers attended 1st annual.



**Sons of Norway 28th Annual
Weekend Southern California Kretsstevne
Friday, Oct 25—Sunday, Oct. 27, 2019**



SCK Banning Fall Weekend

Join us for the weekend or a day trip for a wonderful blend of Norwegian Heritage and fellowship. The campground is a short distance south of Hwy 10 in Banning, 25 miles west of Palm Springs. The camp is on level ground at low elevation.

Banning Stagecoach KOA Campground & RV Park

1455 S. San Gorgonio Avenue, Banning, CA 92220

<http://koa.com/campgrounds/banning-stagecoach> information, only – no reservations

- Enjoy Music, Singing, Heritage Crafts, Camaraderie, and **60th Birthday Party for Camp Norge**
- Cultural Food Demonstration and/or games, Bingo, Silent Auction on Saturday
- ◆ Enjoy Saturday afternoon wine tasting put on by volunteer attendees



Nancy Madson, SCK Registrar Call Nancy for camp lodging (760) 343-0848

28-351 Via Las Palmas e-mail: norsknm@gmail.com

Thousand Palms, CA 92276

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