



Vikings of Lake Lodge #6-166 Volume 15—Issue 12  
Scandinavians United!!!

December 2019

Kransekake for Christmas Open House— Baking Class  
Sunday, December 1st—11:00am **(note date change)**

Fellowship Hall: To Work on Cultural Skills Cooking Medal Level I  
Kirby, MB, Theresa, Sharon, Robin, Kris S. —anyone else?  
Come and join us!!!



Ord fra Presidenten,

As your President, this will be my next to the last **Ord** that I will write entitled **“CHOICES”**. This is probably the deepest subject I’ve ever attempted because, like one of my favorite Karaoke songs I like to do (**“The Dance”** by Garth Brooks), it is really a song/subject about **“LIFE”**!

First, we all go through life making **Choices** every day, some of our own choosing and some the decisions of others. Some are seemingly routine: what, where, and when to eat, study, date, move, work, etc. Others are more complex: e.g. choosing someone to date and/or marry, entering a line of work or a profession for life, buying a house, joining an organization, deciding on medical treatment, transferring to a new job, deciding to retire, etc.

Second, much of our life is actually determined by others making decisions that affect us and our **choices** because we are no longer in control of what we do and where we live, love, work or even be happy. Or, as Garth Brooks sings in **“The Dance”**; And now, I’m glad I didn’t know the way it all would end, the way it all would go. Our lives are better left to **chance**, I could have missed the pain but I’d have had to miss **The Dance!**

Third, my advice is that when we look back or make bold **choices** now or in the future, we do so based on the following words of the (AA) Serenity Prayer: “God grant me the **Serenity** to accept the things I cannot change; the **courage** to change the things I can and the **wisdom** to know the difference! In closing, “Be all that you can be” (US Army) and when you are given lemons in life, make either lemonade or lemon chiffon pie. When it comes to **choices** or **life**, you don’t have to miss **the Dance!** Whatever you do, take care, enjoy, stay warm/dry and we’ll see you at the Scandinavian Christmas Open House on the 14th!

Med Vennlig Hilsen  
Bedre og Bedre, Dag for Dag

*Carl Peter*



## Typically, We Meet At:

Galilee Lutheran Church Community Center  
8860 Soda Bay Road, Kelseyville, CA 95451

Usually every Second Sunday—1:00pm

A Delicious Meal followed by a Very Special Program

Check us out at [www.vikingsoflake.sofn6.org](http://www.vikingsoflake.sofn6.org) and/or visit our Facebook page

### Officers for 2020



Co-Presidents: Mary Beth Ingvaldstad and Paul Astrup

Co-Vice Presidents: Robin Marsolek and Carl Ingvaldstad

Secretary: Eva Johnson

Treasurer: Kirby Aasen

Membership Secretary: Ellen Aasen

Counselor/Foundation Director: Carl Ingvaldstad

Editor/Musician: Mary Beth Ingvaldstad

Newsletter Mailer: Irene Tisell

Greeters: Joanne Swenson and Judith Bergstrom

Social/Cultural: Theresa Contos, Kris Stocker

Sunshine: Joanne Swenson

Photographer/Adopt-a-School: Sharon Lewis

Librarian: Dennie Robison

Tubfrim Chair: Ev Robison

Webmaster/Camp Norge Ambassador: Kirby Aasen

Marshalls: Kris Kjera and Elsie Voss

Trustees: Theresa Contos, Robin Marsolek

Auditor: Irene Tisell

Oh, the weather outside is frightful

But the LEFSE's so delightful

And since we've no place to go

Let it snow, let it snow, let it snow



*Modified lyrics from Let It Snow! Let It Snow! Let It Snow!*  
Songwriters: Jule Styne / Sammy Cahn

Lefse is the perfect antidote to the gray November blahs, when snow falls on green leaves, and we hunch over and bow to the lengthening darkness. It can be depressing ... until you pull out your lefse grill!

Oh, to stand up to winter and not just sit and take it.

Oh, to boil the potatoes and steam the windows, blotting out whatever's bad.

Oh, to work the dough and use the hands, quieting a fretting mind.

Oh, to roll and grill, roll and grill, roll and grill — meditation marked with thumping and hissing.

Oh, to watch the pile of lefse grow ... soft, unassuming beauty.

Oh, to sit a while with your lefse and tea, savoring the best that's yet to be.

Oh, let it snow, let it snow, let it snow!  
There is lefse, indeed!

Ed: That's what I did with my childhood friend before the last power outage!



## *Scandinavian Christmas Open House*

Saturday, December 14, 2019 12:00n-3:00pm Free Admission

Galilee Lutheran Church Fellowship Hall 8860 Soda Bay Road

Scandinavian Christmas Décor with assorted delicacies:

Danish Æbleskiver



Lefse



Open-faced Sandwiches



Krumkake



Rommegrøt



And much more!!

Hosted by Vikings of Lake Lodge #6-166



Santa Lucia Pageant



Caroling around the tree



**SONS of  
NORWAY**

### **Viking Raffle:**

Beautiful baskets filled with goodies, handmade ceramic pieces, jellies and more to support our Campers wishing to attend Camps Trollfjell & Folkhøgskule at Camp Norge in July 2020.

**Besøk vår Bakeri (Visit our Bakery)**

For your holiday pleasure, purchase a variety of Scandinavian cookies, Lefse, Almond Cakes and more

Purchase your 2020 Scandinavian Calendars—Norwegian, Swedish and Danish



*For more information:*

*Call Jo  
at 279-4698*

November 10—Heritage & Culture Day



Delicious Potluck Turkey Dinner—with all the side dishes!



All the happy eaters—Bergstroms, Stockers, Fred, Kirby and Teresa.



Irene and her boys: Bob, Carl Peter and Ray



The Astrup Boys—Paul, Gordon and Adam—share their table with Phil.



Eva, Robin, Ellen, Jo, Kris and the Robison duo!



Fred Hymans, our Financial Benefits Counselor, talks about finances and Camp Norge! Thnx for coming, Fred!

The “Vikings of Lake Players” share readings from the book “Hidden Heroes” regarding WWII in Norway. Very interesting!!



## Serina Kaker

### Ingredients:

2 large eggs  
1 cup sugar  
4 cups all-purpose flour  
1 teaspoon baking powder  
3 sticks salted butter, softened  
1/2 cup sugar cubes, coarsely crushed, or pearl sugar

### Directions:

**Step 1** Beat together 1 egg and sugar with an electric mixer until thick and pale. Sift in flour and baking powder and add butter. Beat on low speed until mixture forms a dough. Chill, wrapped in plastic wrap, until firm, at least 1 hour.

**Step 2** Preheat oven to 350°F. **Step 3** Lightly beat remaining egg. Roll level teaspoons of dough into balls and arrange 1 inch apart on ungreased baking sheets. Press thumb into center of each ball to flatten, leaving a depression, and brush lightly with egg. Sprinkle crushed sugar in centers and bake in batches in middle of oven until golden, 12 to 18 minutes. Transfer to racks



## *Gratulerer Med Dagen December 2019*



4—Michael Contos

19—Ron Kram

30—Judith Bergstrom

30—Thelma Price

## Christmas Celebrations in Norway

As 5 p.m. strikes on December 24th in Norway, the church bells are ringing, families are gathering around the dinner table and Christmas medleys are playing in the background. Here are a few fun facts about how Christmas is celebrated in Norway.



+++Christmas Eve - The biggest day of celebration in Norway, bigger than Christmas Day itself. Houses and yards are cleaned and tidied up. The Christmas Tree is decorated with, among other ornaments, juletrekurv (pleated Christmas hearts made out of colored paper). The hearts can also be filled with small ginger cookies, raisins, caramels or other treats. Christmas Eve is also the day that the Julenisse, the Norwegian Santa Claus, makes his rounds to bring gifts to good children.

+++Little Christmas Eve - Less known in North America is the tradition of lillejulaften, or Little Christmas Eve. Lillejulaften is the day before Christmas Eve—that is to say December 23rd. It is celebrated in different ways, but one can have a little dinner, cookies, gløgg-drinking and maybe a small present that the children can open. Lillejulaften is a good way to prolong Christmas celebrations.

From all of us at Sons of Norway, Merry Christmas!

# Sons of Norway District Six Convention 2020

Sheraton Mesa Hotel, Mesa, AZ  
Thursday, June 18---Sunday June 21, 2020

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Dear District Six Members,

This November, we will begin sending important information to the lodges regarding our District Lodge Meeting and Convention in Mesa, Arizona, June 18-June 21, 2020. The theme of the convention is “Celebrating our Roots.” The cultural program will focus on our genealogy, and other activities will focus on our shared “roots.”

Your lodge will receive information regarding choosing delegates. All lodges receive two delegates, and some lodges receive additional delegates based on their lodge membership. All members of a lodge are eligible to attend. The Charter and Constitution states that all delegates must be elected, but any member may attend the convention as a guest. The district doesn’t pay for you to attend the convention, nor do most lodges. However, some lodges do provide some compensation to their delegates. Many lodges have fundraisers to assist their delegates with expenses. On the District website, we will post the delegate package, guest package, and room costs.

Please consider being a delegate. Have someone in your lodge nominate you when your lodge votes for delegates. Also, at the convention, we will elect delegates to the International Convention that will be held in Ringsaker, Norway. To be an International Delegate you must own a Sons of Norway Financial product, which is not a requirement for the district convention.

Why go to convention? There are many reasons to go to the District Lodge Meeting and Convention which include: representing your lodge, learning more about Sons of Norway, meeting and networking with members from other lodges. This convention, we are going to make an effort for you to connect with other people who may share the same Norwegian connection that you may have. Wouldn’t be crazy to meet a relative at the convention. It has happened!

There will be more information coming this month from our District Secretary, Nancy Madson, as well as information on an “early bird” sale for greetings/ads for our convention book.

I hope to see many of you at our District Lodge Meeting and Convention in Mesa, Arizona.

Fraternally,

Luella Grangaard

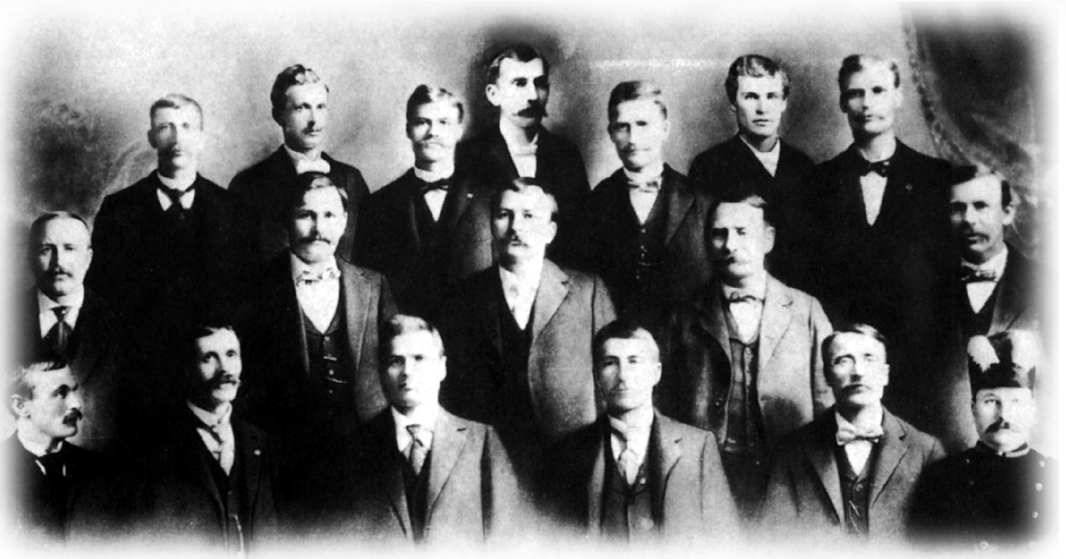
President—District Six

Sons of Norway



# Fun Fact #1

Sons of Norway was organized as a fraternal benefit society by 18 Norwegian immigrants in Minneapolis, Minnesota.



[www.sonsofnorway.com](http://www.sonsofnorway.com)

We are excited to announce the opening of the Sons of Norway online store! In commemoration of our anniversary, we have released a variety of Sons of Norway branded items including shirts, backpacks, **socks** and our collectible 125th anniversary pin. Also available in the online store is our annual Sons of Norway Christmas ornament. [Www.sofn.com/125years/](http://Www.sofn.com/125years/)



MB shows off her socks!!



# LAKEVIEWS

the official publication  
of

**VIKINGS OF LAKE  
LODGE #6-166  
SONS OF NORWAY**

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**Carl P. Ingvoldstad**

District Six Foundation Director  
President-Vikings of Lake Lodge #6-166  
Sons of Norway

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