



January 2020
Volume 16, Issue 1

Lakeviews



Vikings of Lake Lodge #6-166 Scandinavians United!!



**Sunday, January 12,
2020—1:00pm**

**Happy 15th Anniversary Vikings of Lake
and**

Happy 125th Sons of Norway

Special dinner: Pork Roast, Red Cabbage, Baby Red Potatoes,
Bread, Baby Carrots, Dessert \$10.00 per person

Let's take a look at our past 15 years through pictures!!

Review of Sons of Norway over its 125 year history

Installation of 2020 Officers

Presentation of Membership Pins



SAVE THE DATE

District Six 2020 Convention

June 2020

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

The Sheraton Mesa Hotel
Mesa, ARIZONA

Celebrating Our Roots

We will be electing delegates to the 2020 District Six Convention at our February 19th Heritage and Culture Day.

Typically, We Meet At:

Galilee Lutheran Church Community Center
8860 Soda Bay Road, Kelseyville, CA 95451
Usually every Second Sunday—1:00pm
A Delicious Meal followed by a Very Special Program

Check us out at www.vikingsoflake.sofn6.org and/
visit our Facebook page

What's happening?

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Ord fra Presidenten Carl Peter

The Dash

Vikings of Lake #6-166

2005-2020

Almost 20 years ago, I heard a truly thought-provoking talk that contained a most interesting concept that I believe still has even more applicability to all of us alive today as well as to the future existence of not only Sons of Norway but also Vikings of Lake Lodge. When you go to any cemetery, what is the most important symbol on any person's tombstone? The speaker that I heard years ago said that it was the **dash** between the person's birth date and the date of death. Why is the **dash** so symbolic you might ask? Because the **dash** visually represents the road map of a person's life—what you did and said to others as well as how you acted/lived between the two dates on either side of the **dash** !



Both you and Vikings of Lake Lodge are (hopefully) in control of what you do, what you say, how you act and continue to live between your dates of existence. Let your life **dash**, whether it be a sprint or a marathon, be filled with such positive things as happiness, success, joy, laughter, peace, dreams, prosperity, singing, dancing, music, love, kindness, literature, contributions, fraternalism, etc. In other words, Do Something—ensure that your life **dash** and your Vikings of Lake Lodge have a purpose! **Spend your life Living in 2020!**

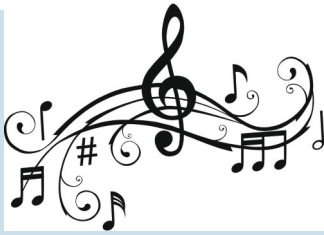


In closing my 8th year as your President, I hope that all of your days are happy and joyous in 2020! I also fervently hope that Vikings of Lake members get behind our first Co-Presidents, Paul Astrup and Mary Beth Ingvoldstad and their officers (including me) this coming year. I intend to and hope all of you'll do the same! Stay warm, safe and enjoy your **DASH!!!**

Vennlig Hilsen, Bedre og Bedre Dag for Dag!!

Carl Peter

Carl Peter (1938—-TBD)



***We are 15, going on 16....come
help us celebrate!
January 12, 2020 —1:00pm
Vikings of Lake Lodge salutes its members
at its 15th Anniversary!***

Pork Roast, Red Cabbage, Baby Red Potatoes, Bread, Baby Carrots and a Special Dessert—-\$10.00PP

Vikings of Lake Lodge 15 years in pictures!



Come share your memories of our lodge with everyone else!

PLUS.....

Review of Sons of Norway over its 125 year history

Installation of 2020 Officers

Presentation of Membership Pins

Month one of our year-long celebration!! We will share more fun facts at our Special Anniversary Party!!



Fun Fact #1

Sons of Norway was organized as a fraternal benefit society by 18 Norwegian immigrants in Minneapolis, Minnesota.



www.sonsofnorway.com

Scandinavian Christmas Open House—12/14

It takes many hands!!!

Thank you to everyone who helped with the Scandinavian Open House.



Santa's helpers decorated the place—Kirby, Ellen, Kris K, Theresa, Joanne, Kris S, Irene and Mary Beth



Amazing sandwiches and desserts!



Dancing around the tree and the Santa Lucia Pageant with Bianca as our Santa Lucia.



Fabulous raffle coordinated by Joanne and Ellen.



Paul won a hat to help celebrate his Irish side!!



Bodø, Norway European Capital of Culture for 2024

For only the third time, a Norwegian city will be crowned as a European Capital of Culture. Bodø shares the crown for 2024 and they did it without any government support. Many travelers know Bodø as one of the longer stops on the Hurtigruten coastal voyage on the way north towards Lofoten. Tourism has grown strongly in the past few years with the appeal of nature and the city's cultural investments. A Sami language project was the heart of their bid - to increase the usage of Sami language in Bodø and around Norway. The bid team wants to create a "pop-culture phenomenon" by spreading Sami through street art, t-shirts and everyday items. Cultural and artistic director Henrik Sand Dagfinrud said he would like all young people in Bodø to be able to order a coffee or a beer in Sami. Bodø found resistance from the Norwegian government when it went to apply. Norway's Minister for Culture Trine Skei Grande told Bodø not to apply, saying the city needed several more years before it would be in a position to win. She also refused a request for about \$11 million to support the project. The bid team decided to go ahead anyway, obtaining financial support from private investors. Bodø's mayor reports that the government has now changed its mind and will financially back the city.



Source: Forbes 9/25/2019

"To do for the world more than the world does for you—that is success"
Henry Ford

3 Tips for Preserving Cherished Family Heirlooms

No matter their condition, it is a joy to display your heirlooms and share the memories they evoke. Here are a few tips on caring for your heirlooms:

1. Keep heirlooms out of bright sunlight and away from heat sources to avoid fading.
2. Clean surfaces gently, using soft cloths. • Dust wooden furniture and apply a beeswax-based polish up to twice a year. Clean painted wooden items with a damp cloth, then wipe dry. Avoid silicone polishes and abrasive or ammonia-based cleaners on wood, silver, pottery, or painted/gilded glass. • Clean pottery with a

soft sponge. Wash silver in hot soapy water, then dry and buff.

3. Vintage textiles are too delicate for the gentlest machine wash. • Water may damage silk or wool items, and wet embroidery can bleed dyes. Spot cleaning may be your best option. Always test a small area first. Experts recommend a gentle, neutral-pH detergent like Orvus Paste for cleaning old fabrics. • Old stains and yellowing may be impossible to remove. To minimize discoloration, use cotton bags and avoid storing textiles in plastic bags or containers. ...from SON



Vikings of Lake-- Sons of Norway

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products

2020 Officers

Co-Presidents: Mary Beth Ingvoldstad 580-8052
Paul Astrup

Co-Vice Presidents: Robin Marsolek 275-8076
Carl Ingvoldstad 987-2404

Secretary: Eva Johnson 279-4836

Treasurer: Kirby Aasen 349-8792

Membership Secretary: Ellen Aasen 349-6554

Counselor: Carl Ingvoldstad



The Star of Norwegian Knitwear

Excerpt from “The Atlantic.”

The full article is available at: <https://www.theatlantic.com/technology/archive/2018/11/origins-famous-norwegian-knittingpattern/576502/>

Today the selburose is an emblem of winter, and Christmas, and most of all Norway. But Norwegians didn't invent it so much as they popularized the pattern. Selbuvotter, the Norwegian name for the mittens, comes from the town of Selbu, in the middle of Norway. It sits next to Lake Selbu, its namesake, in a mountain valley, relatively isolated from the rest of the country. Like most Norwegians, the valley's inhabitants were traditionally farmers and forest managers. From the 15th century on, Selbu was famous for millstone production, but in the mid-19th century, that quickly changed.

In 1857, a girl named Marit Gulsethbrua Emstad knit three pairs of ambitious black -and -white mittens, with a bold, eight -bladed rose design (ättebladrose) on the back of the hands. She showed them off at church, and the garments became an instant hit. Everyone in Selbu wanted a pair. Their popularity spread quickly.

By 1910, the Norwegian Arts and Craft Club, or Husflidslag, opened its first official chapter in Trondheim, the nearest big city to Selbu. Emstad sold to it, and from there, the mittens exploded across the country. By the 1930s, Selbu townsfolk were knitting 100,000 pairs annually, selling mittens to France, Austria, and the rest of Europe. When machine knitting became feasible, the mittens became popular tourist souvenirs —and the Selbu husfliden logo quickly became shorthand for quality and authenticity. By 1960, a major part of Selbu's livelihood depended on the production and sale of mittens. Today the two -strand, black -and -white mitten with two roses on the back of the hand, a ribbed cuff, and a pointed top screams “Norway.”

