



**SONS of  
NORWAY**



February 2020  
Volume 16, Issue 2

*Lakeviews*



**Vikings of Lake Lodge #6-166 Scandinavians United!!**

### Sunday, February 9, 2020 1:00pm



**Menu:** Ertesuppe med brød  
(Norwegian Split Pea Soup with bread)  
Dessert Potluck: Heart Shaped—Please  
let Hostess Evelyn Robison know if you  
can bring a dessert! 279-4385



**\$10.00 per person**

#### Special Program:

“Valentine’s Day in Scandinavia” We will  
make typical red/white hearts to deliver to  
Rocky Point Care Center residents for our  
Community Outreach Program

...Election of **THREE** delegates to the Dis-  
trict Six Convention in Mesa, Arizona in  
June



#### **DID YOU KNOW...**

Many of our newest members say **YOU** are the reason  
they are loving their new membership. They share what  
they enjoy about Sons of Norway: • “Community, friendly,  
great people” • “Fun activities, nice people, quality pro-  
grams” • ***“It’s a great group that share a common in-  
terest”*** •

“Friendly, community oriented” Keep up the great work  
welcoming new members to our Sons of Norway family!



#### **Typically, We Meet At:**

Galilee Lutheran Church Community Center  
8860 Soda Bay Road, Kelseyville, CA 95451  
Usually every Second Sunday—1:00pm  
A Delicious Meal followed by a Very Special Program

#### What’s happening?

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## Ord fra Co-Presidenten Mary Beth

Greetings!

I am delighted to be writing to you as a Co-President of Vikings of Lake Lodge fo 2020. Paul Astrup, as our other Co-President will be addressing you in March.

Tusen takk to everyone who came to the January Heritage & Culture Day to celebrate the Lodge's **15th Anniversary** and start of the celebration marking **Sons of Norway's 125th year!!**

For our 15th Anniversary we looked back at pictures of our events. We have a lot of fun!! We also presented **Membership Pins** to many members who were present and I mailed/delivered many more to those who couldn't attend. In total, we gave out **28 pins** from 5 year to 70 year!!! What a membership we have!!

Kris Stocker cooked up such delicious pork, my Red Cabbage wasn't too shabby, Theresa and Robin made delicious potatoes and Eva stirred up a mean batch of cooked carrots. No one went hungry and I thank each and every one for their efforts.



We welcomed a former member back into membership. Nice to have you back, **Maria!** We also had a special guest at our event, **Doug,** and he has subsequently joined. We look forward to having him as an active member. Another guest, **Galina,** plans to join our fold in February and we say—yes!!

When Carl Peter and I started this Lodge in 2005 we had no idea how successful we would be. It has been such a blessing and has given us so much joy to be a part of Vikings of Lake Lodge. Let's keep up the "*Community, friendly, great people*" • "*Fun activities, nice people, quality programs*" that are stated on the front page! That's why we're all here!



Med Vennlig Hilsen.....Mary Beth



Support our members!

If you have a business and would like to advertise here.....let me know! N/C  
Editor

### Kevin Ness Jewelers

994-2307

14114 Lakeshore Dr.  
Clearlake, CA 95422  
Sales

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# January Anniversary Celebrations



Carl shows off our Charter from January 2005!



Mary Beth in the bunad she made and Robin and Theresa made their Viking Costumes.



SONS —1895 Vikings of Lake—2005  
It's a celebration!!



International Director, Mary Beth, is our Installing Officer. We filled all of our positions!

Joanne is recognized for perfect attendance over 15 years!



Looking back at our past—and toward our future!!



## Norwegian Vocabulary—3 Untranslatable Words

Some words are easily translated from Norwegian to English—hund means dog, for instance, and ti means ten—but others, like these, have no English equivalents and can only be approximated.

**Kos(elig)** — The warm, pleasant feeling of enjoying life’s simple pleasures with people you like. Although often translated as “nice” or “cozy,” these words only capture part of the spirit of kos. It may mean cuddling by a fire on a snowy day, but it can also mean running into an old friend, enjoying yourself at a party, or even spending some peaceful time alone.

**Dugnad** — Roughly translated as “volunteering” but encompassing so much more, a dugnad is a day when communities come together to participate voluntarily in unpaid work for a common cause. Dugnads may be organized by neighborhoods, schools, sports teams, housing complexes or other groups to accomplish tasks that are necessary for the common good, such as outdoor work at the change of seasons.



**Takk for sist** – Literally “thanks for the last time,” this is what you say upon encountering someone you haven’t seen in a while—whether that means it’s been a few days or a few decades.

**Trollfjell Folkehøgskule ages 14-17**  
**Camp Trollfjell ages 8-13**

**June 28-July 11**  
**July 12 –July 25**

On the last three days of Camp Trollfjell (July 23-25), we will have a Vikings Village set up in the meadow. The Sjørvaldar Vikings will be teaching our campers how people lived their day to days lives during the Viking era. Our campers will also be there learning some Viking era crafts. You can learn more about the group: [www. Sjørvaldar.com](http://www.Sjørvaldar.com)

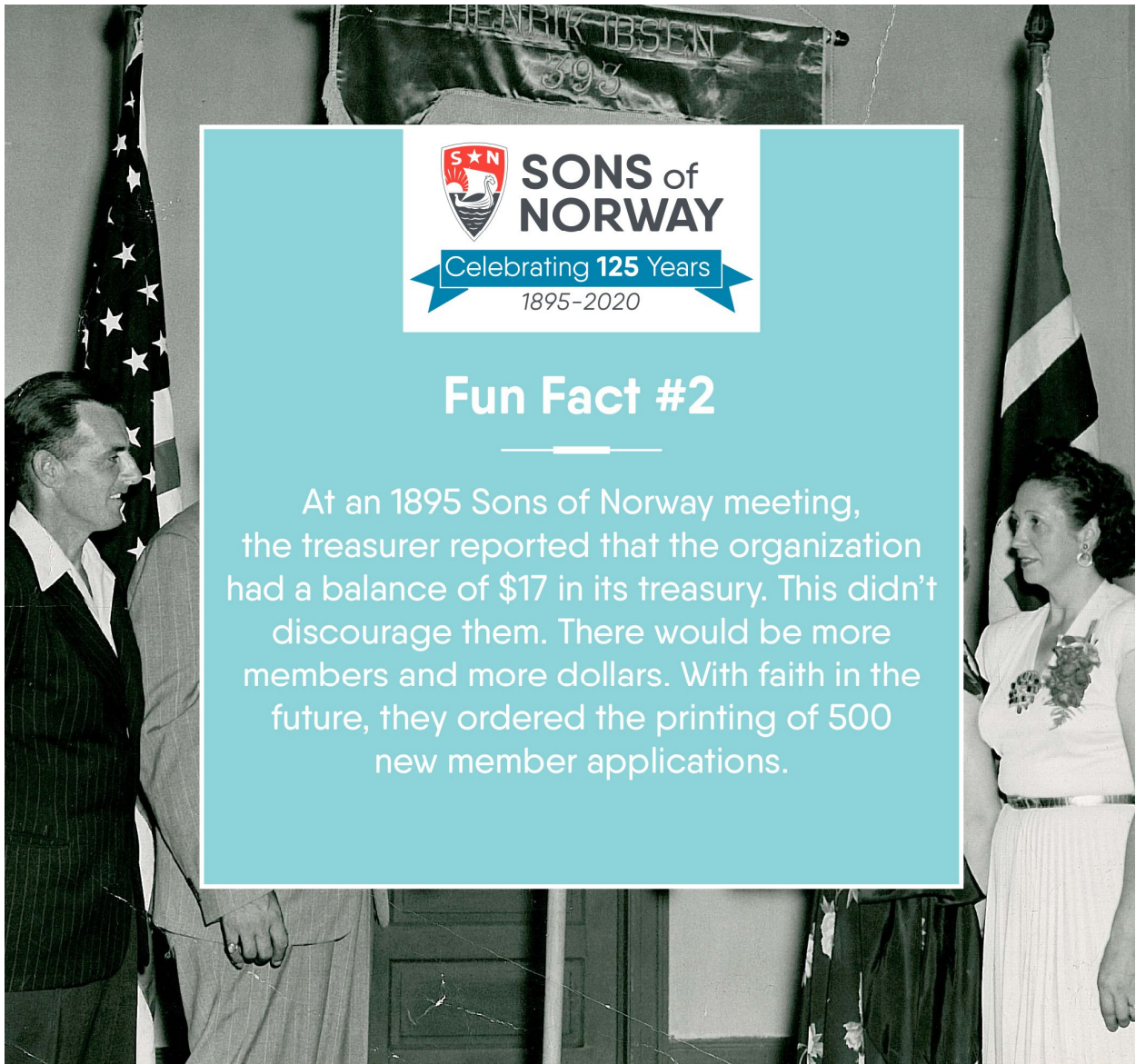
We do not want to leave parents out of this Vikings experience, so rather than just coming to pick up your campers on Saturday, as usual, we are inviting you to come Friday afternoon and spend the night with us. Visit the Viking Village, have Friday dinner and Saturday breakfast with us and enjoy Camp Norge for a day. Stay tuned for more details.

Registrations are open at:  
<https://arvarv.sofn6.org//>

Camp Director: Bruce Fihe  
Camp Program Director: Rebekah Strand







**SONS of  
NORWAY**

Celebrating **125** Years

1895-2020

## Fun Fact #2

At an 1895 Sons of Norway meeting, the treasurer reported that the organization had a balance of \$17 in its treasury. This didn't discourage them. There would be more members and more dollars. With faith in the future, they ordered the printing of 500 new member applications.

[www.sonsofnorway.com](http://www.sonsofnorway.com)



**SONS of  
NORWAY**

Celebrating **125** Years

*The strength of history, the promise of tomorrow!*

## 2020 Officers

### Co-Presidents:

Mary Beth Ingvaldstad 580-8052  
Paul Astrup 928-8364

### Co-Vice Presidents:

Robin Marsolek 275-8076  
Carl Ingvaldstad 987-2404

**Secretary:** Eva Johnson 279-4836

**Treasurer:** Kirby Aasen 349-8792

**Membership Secretary:** Ellen Aasen 349-6554

**Counselor:** Carl Ingvaldstad

**Editor/Musician:** Mary Beth Ingvaldstad

**Greeters:** Joanne Swenson and Judith Bergstrom

**Social/Cultural:** Theresa Contos, Kris Stocker

**Foundation Director:** Carl Ingvaldstad

**Sunshine:** Joanne Swenson

**Photographer/Historian:** Sharon Lewis

**Librarian:** Dennis Robison

**Tubfrim Chair:** Evelyn Robison

**Webmaster/Camp Norge Ambassador:** Kirby Aasen

**Marshalls:** Kris Kjera and Elsie Voss

**Trustees:** Theresa Contos, Robin Marsolek

**Auditor:** Irene Tisell

### Check us out on:

**Facebook: Vikings of Lake Lodge**  
[www.vikingsoflake.sofn6.org](http://www.vikingsoflake.sofn6.org)  
[www.sofn.com](http://www.sofn.com)



### Vikings of Lake-- Sons of Norway

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products

### *Birthdays To Celebrate!!!*

January 28—  
Bill Ingvaldstad

February 14—  
Paul Astrup

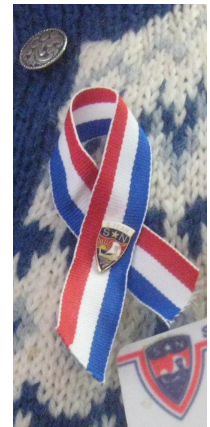


### *Members We Celebrated!!!*

We presented 28 membership pins either in person or via the Postal Service..... WOW!!!

2-5 year  
13-10 year  
7-15 year  
2-20 year  
1-25 year  
1-35 year  
1-45 year  
1-70 year

Thank you all for your dedication to our Lodge!!





DATE—2020	SOCIAL EVENT	HERITAGE EVENT	HOST(S)
Sunday Jan 12 1pm \$10.00	 15 <sup>th</sup> Anniversary Celebration and Sons of Norway's 125 <sup>th</sup>	Review of our 15-- year history in pictures Installation of 2020 Officers Membership Pin presentation	MB and CP
Sunday Feb 19 1pm \$10.00	Ertesuppe (Norwegian Pea Soup) Med Brød Potluck of Heart-shaped desserts 	Valentine's Day in Scandinavia Make red/white hearts to deliver to Care Center...Election of delegates to the D6 Convention	Ev Robison
Sunday March 8 1pm \$10.00	 Time for Corned Beef and cabbage with Soda Bread and Dessert	"Vikings Explorers" presented by Kirby Aasen plus more news on the 125 <sup>th</sup> Sons of Norway Celebration	Kris Kjera
Sunday <b>April 19</b> Note: 3 <sup>rd</sup> Sunday 1pm Tine	Potluck of Tea Sandwiches with dainty desserts... 	Program:  President of the Lake County Fiber Arts Guild---Galina Arlov What we do and you can, too!!!	Sharon Lewis
Sunday May 17 Note: 3 <sup>rd</sup> Sunday 1pm Tine	 Smorgasbord Potluck with Kransekaker for dessert Menu will be set.... signups at the April meeting....authentic Norsk mat!	 Syttende Mai Parade in the Labrynth 125 years!!!!	Mary Beth
Saturday June 13 1 pm Tine	Lompe med Polse---Kirby Everyone brings sides: salads, desserts, beverage 	We get together at Eva Johnson's house on the lake.... Fellowship, food and fun!	Kirby
June 17-20	District Six Convention 	Convention will be held at the Sheraton Hotel in Mesa, Arizona	D6 Board
Saturday July 11 1pm	Potluck of salads and desserts The Ings provide the sandwich fixings  Learn about the rest of the year after July!!!!	Slapp Av Med Venner Og Mat PLUS Karaoke at the Ingvoldstads' Home in Hidden Valley Lake	MB, CP and Paul



## **District Six Recreation Center Board—— *positions open at next election!!!***

The Camp Norge Board has four positions that are up for election at this June's District Six Convention in Mesa, Arizona.

Members of the Recreation Center Board are elected to four-year terms at each biennial district convention. To serve on the board you must be a member in good standing of District Six in Sons of Norway.

Members are expected to attend meetings on a regular basis and participate in board/camp activities and events whenever possible. Most in need are members who have a good attitude enjoy the outdoors and have professional, managerial, financial or administrative experience, skills and knowledge.

The board meets in person approximately four times each year (not including the biennial meeting at the convention). Meetings typically are convened at Camp Norge in Alta, CA, weather permitting. Otherwise, they are held in locations near Alta. The board also holds occasional phone or web-based meetings.

The Recreation Center Board holds work party weekends approximately twice per year and board members are encouraged to attend and participate. This sometimes includes landscaping and other physical labor. However, board members are not required to meet certain physical requirements.

If you are interested in running for the board or would like more information you are encouraged to contact current board members, District Six officers or Board President, Fred Hymans at (916) 412-3797 or email: [fred.hymans@campnorge.com](mailto:fred.hymans@campnorge.com)

