

CULTURAL NEWS

March 2020 **SONS OF NORWAY DISTRICT SIX** Edition #007

HILSEN FRA KULTURDIREKTØREN

Greetings from Judy Immel, your Cultural Director;

Spring appears to have arrived in Southern California; trees are blossoming, spring flowers are blooming and the sun is shining. The winter heavy rains have stopped but we still have occasional spring showers. The summer fruit trees are beginning to leaf out. Our temperatures are beginning to climb. Hope you are starting to experience some of the spring phenomenon in your part of District Six.

The 2020 District Six convention will be here soon. Hope you are finishing your projects for the Folk Art Exhibit and Competition. Remember to label your projects with the proper style of art and your personal information so nothing gets lost. I am looking forward to all of the beautiful entries.

We will also have a Bunad Parade. So get those Bunads ready. It is acceptable to wear an authentic Viking Costume. We will need to have your Bunads identified so the commentator can properly identify you and your Bunad, including the region it's from.

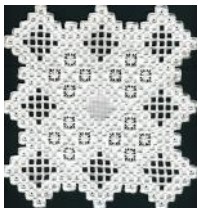
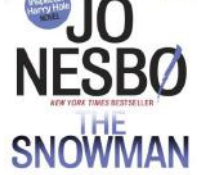
The Vikings had a big influence on the country of Ireland. Many place names, street names and harbors bear names that are both Celt and Norwegian. Check out the book review "Vikings in Ireland" by Morgan Llywelyn in this newsletter.

Hope to see many of you at District Six Convention.

SCANDINAVIAN FESTIVALS 2020

Summer is the season for festivals, be they music, film or cultural. If you will be in Norway for the Sons of Norway's 2020 International Convention and are making it a vacation consider going to a Norwegian Festival. The **St. Olav Festival** allows its visitors to go back to medieval ages and see the battle of Stiklestad with their own eyes. This is Norway's largest cultural celebration taking place in Trondheim around Nidaros Cathedral from July 28 to August 3. Or you could attend the Norwegian International **Film Festival in Haugesund** August 15 to 21. For festivals closer to home click on any of the cities below for detailed information.

- | | |
|------------|--|
| April 4-5 | Scandinavian Festival in Thousand Oaks , CA |
| April 18 | Scandinavian Festival Sacramento , CA |
| May 17 | Syttende Mai at Mindekirken, Norway House in Minneapolis , MN |
| June 26 | Midsummer Festival in Estes Park , CO |
| June 26 | Hjemkomstand Midwest Viking Festival in Moorhead , MN |
| June 27 | Tour the Viking ship at Swedish Day Midsummer Festival in Geneva , IL |
| July 23-25 | Nordic Festival in Decorah , IA |
| Aug 13-16 | Scandinavian Festival in Junction City , OR |
| Sept 29 | Hostfesst in Minot , ND |
| Oct 3 | Scandinavian Festival in New Berlin , WI |



“THE VIKINGS IN IRELAND” BY MORGAN LLYWELYN

On St. Patrick’s Day, celebrated on March 17th each year, we all claim to have a wee bit of the Irish in us. For many Norwegian Americans, that holds true. Don’t hold it against me but I am as much Irish as I am Norwegian. How about you?

How did the Vikings end up in Ireland one might ask, After all, Ireland and Norway are not next door neighbors, geographically. The Norwegians were very skilled in the ways of boat building and sailing. They were also great explorers. When they discovered that people in other lands conducted extensive trade, exchanging their goods and produce for other items they needed or wanted, the Norwegians realized that they too could learn to trade with other people in far off lands.

Because of their skill at boat building which resulted in larger vessels, they were able to go farther from home in their efforts at learning trade. At first they did as much trade as they could with their limited resources but as time passed they started plundering their neighbors to get the luxury goods that other peoples had and which they wanted for themselves.

Did you know that “viking” meant to go sea-raiding?

All of this led them in the direction of Ireland. Because Norway had a very long coast on the Atlantic Ocean, Norwegians became very skilled at sailing. As they ventured further from Norway’s shores, they found other lands. Some were islands both large and small and others were very large land masses which we don’t typically think of as islands. Ireland is one of those land masses.

Monasteries, established close to the shores, became frequent targets for raids. Their plentiful luxury goods and passive natures made them good targets for raids. This type of raiding went on for many years but, slowly, the Norwegians began to stay in Ireland longer after they reached shore. They became friendly with the Irish people and began marrying Irish women.

The Vikings brought more to Ireland than raids and terror. They brought the concepts of towns and the development of trade. They also brought a different form of art. The Irish, early Celts, believed that the soul resided in our heads. Their art took the form of depicting heads of humans and animals. The Norwegians use dragon and serpent symbols and soon dragons began to appear on Irish ornaments. Other figures, birds and horses were gradually introduced into illuminated manuscripts. (Monks had brought written language to Ireland after travels to the European continent. They illustrated these manuscripts with early forms of art. They also brought weapons made of steel.

Towns were built at every major river mouth, which gave the Viking longboats a safe harbor. “The Norse who first settled at Dublin knew that it was only a matter of time before Danes, and perhaps even Swedes, challenged them.” The sea lanes were so valuable and there was great rivalry among the various Northmen.

Similar trading bases developed at Waterford, Wexford, Cork and Limerick. These trading bases were further down the east coast of Ireland. Eventually, the Danes took over Dublin and the Norwegians concentrated their efforts on Waterford and Wexford.

Another development brought by the Norwegians was long rectangular houses. The Irish houses were circular in structure. The concept of rectangular buildings in Ireland was largely due to the way the Norwegians constructed their houses when they decided to stay rather than return to Norway.

There were other Norwegian Viking influences on Ireland. Today, many of the names of streets, towns and a great variety of other things are the result of the Norwegian language blending with the Irish language. The suffix “ford” is from the Norse “fyrd” and remains with us today. The cities of Waterford, Wexford and Carlingford are examples.

This short piece is a synopsis of a book called “The Vikings in Ireland” by Morgan Llywelyn. It was published by the O’Brien Press Ltd. in Ireland in 1996. It is one of the many books that are part of a small library owned by Sons of Norway Lodge 6-64, Solbakken, which meets in North Orange County, California.

Buy the book at Amazon by clicking [HERE](#).



Camp Connection

Mid to late March – check Camp Norge's [WEBSITE](#) for specific dates

Work Party

We are inviting hard working* volunteers for a fun weekend of teamwork to help get our buildings and grounds ready for a busy summer season. Projects include: landscaping, light painting, window washing, light repair work, kitchen cleanup, dusting, raking and sweeping, etc. Even better, meals and lodging are FREE! Lunch & Dinner on Saturday and Breakfast on Sunday are provided for all volunteers. Please contact Susan Winje today to reserve your room: (530) 389-2508 or e-mail her at: susan.winje@campnorge.org.

Fri, Mar 27, 2020 - Sun, Mar 29, 2020

Folkedans Stevne

Dancers of all skill levels are welcome to our spring stevne in Alta, CA, at District Six Sons of Norway (SON) Camp Norge, where we will present dances from all levels of the Sons of Norway Cultural Skills program. During the weekend we will help interested dancers prepare their applications for the Cultural Skills pins and discuss additional activities related to the program. In addition to learning steps and dances, we will practice balance, rhythm, leading, following, and working with your partner (of whatever experience level). For more info contact Zena Corcoran zmcocoran@gmail.com or Meg Laycock meg@jstubs.com

Sat, April 25 – Sun, April 26 2020

Rosemaling

Sold out!

Sat, 25th Sun, 26th Mon 27th 2019

Memorial Day

The Recreation Center Board invites you to Celebrate Memorial Day at Camp Norge for a fun and relaxing three-day camping experience at your own recreation center, our "Jewel in the Sierras." Come celebrate this true American Holiday with us. We have exciting plans for the weekend you won't want to miss! Bring your tent or RV or call Camp to reserve a room at (530)389-2508. Not familiar with the rooms or wish to learn more click [HERE](#). Delicious meals will be provided for the weekend and served in the Heritage Hall. The usual amenities will be available: swimming pool, horseshoe pit and the hiking trail and more! Click [HERE](#) for check for upcoming details.

Word Search Key

X	N	M	D	S	W	A	Y	S	B	D	G	D	M	K
E	I	Q	R	S	P	A	W	E	N	T	N	L	A	R
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D	R	A	B	L	A	V	S	E	O	R	A	F	K	G
B	S	W	V	N	U	D	L	P	C	B	L	R	O	R
H	I	R	E	L	A	N	D	M	R	V	O	L	C	S
K	C	I	V	W	N	R	U	A	G	C	K	I	S	I

CULTURAL NEWSLETTER STAFF

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SPRING EVENTS

Friday, March 20, 2020

10:30 AM to 3 PM

Free

Scandinavian Heritage Day in the Desert

Solskinn Lodge #6-150 will celebrate a Scandinavian heritage day at Hope Lutheran Church, 45900 Portola Ave. There will be cooking demonstrations for making lefse, rosettes, and æbleskiver. Enjoy Scandinavian folk music, Nordic vendors, and learn about genealogy and crafts, including wood carving, pattern knitting, and Hardanger embroidery. There will also be food for sale: lefse, Viking dogs (hot dogs in lefse), bløtkake, æbleskiver, rosettes, and heart waffles. Admission is free. More info: call Ulf Lokke at (760) 834-8144.

**Hope Lutheran Church
45900 Portola Ave
Palm Desert, CA 92260**

Sunday, March 15, 2020

3 PM to 4 PM

\$35 – must be 21

Nordic Mead Making & Tasting

Learn how to make mead like the Vikings! Join us and our friends at Drinking Horn Meadery and Thunderbird Lounge for a workshop to learn how to brew your very own homemade mead. Mead is an alcoholic beverage created by fermenting honey, water, and spices, often associated with Vikings and Norse mythology. Local entrepreneur, mead brewer, and Norwegian-American, Jeremiah Gratza, will lead this hands-on workshop showing you how to make some for yourself. All supplies and ingredients are included, and you will leave with a batch of your own mead to take home and ferment. Click [HERE](#) for more information.

**Thunderbird Lounge
710 W Montecito Ave
Phoenix, AZ 850151**

Saturday, March 28, 2020

10 AM to 3 PM

Free

Scandinavian Viking Festival

Experience the sights, sounds, skills, dance and tastes of Scandinavia. Scandinavian Dancers, Viking Cruises, Blacksmith, Music, Rosemaling, Genealogist, Crafts, Cookies, Lefse, Gift Boutiques, Vendors and more. Exhibits are free and open to the public. For more information click [HERE](#). Headlining the 2020 Festival is Ole and Lena Live in a 2-act, musical within a comedy, performance of "Ole Runs for Office". General admission tickets on sale now via Facebook (click on the adjacent photo) (General admission only \$10 per person plus fees. Click [HERE](#) for tickets. Tickets at the door will be \$15.)

**Scottsdale United Methodist Church
4140 N Miller Rd
Scottsdale, AZ 85251**

If you have an event you would like to see published on these pages, please submit them to the District Six Cultural Director at culturaldirector@sofn6.org by May 15 for publication in the June 1st edition of the Cultural Newsletter.

MORE SPRING EVENTS

Saturday, April 4th to 5th, 2020

10 AM to 5 PM

Adults \$10 Teens \$5
Kids under 12 Free

45th Scandinavian Festival

Both days of the Festival are filled with music, dancing, food, lectures, demonstration, vendors and activities for young and old alike. The Viking Encampment and Sami Village will once again be present. This event is produced by the Scandinavian American Cultural and Historical Foundation with support from California Lutheran University. For more information about the Scandinavian Festival, please e-mail Mindy Miller mksmithers@sbcglobal.net. Visit their Facebook page [HERE](#).

California Lutheran University
60 W Olsen Rd
Thousand Oaks, California 91360

Saturday, April 18, 2020

10 AM to 4 PM

Adults \$5
Kids under 12 Free

37th Annual Sacramento Scandinavian Festival

Come join us, once again, for the Annual Sacramento Scandinavian Festival! The festival features Scandinavian food, baked goods, and merchandise for sale. Viking reenactors will be present with interactive activities for the whole family. Come gather information about the Nordic countries and enjoy music, entertainment, and door prizes! Please Note: The festival itself only accepts cash (admittance, food). However, some of our vendors do accept credit cards. There are numerous banks and ATMs nearby. For more information visit their facebook page [HERE](#).

Scottish Rite Masonic Center
6151 H St
Sacramento, CA 95819



SAVE THE DATE



CAMP TROLLFJELL

will be July 12 through July 25,
2020 for campers 8 to 13 years
old. Click [HERE](#) for more info.



TROLLFJELL FOLKEHØGSKULE

will be June 28 through July 11,
2020 for students 14 to 17 years
old. Click [HERE](#) for more info.

New for 2020 at Camp Trollfjell

We will have a Viking Village to show our Campers a true picture of how people lived during the Viking age. This Village will be at Camp Norge July 23 to 25. [The Sjørvaldar Vikings](#) will also be teaching the Campers some Viking era skills. Parents are invited to come up Friday afternoon, July 24th and spend the night with us. Stay tuned for more details.

mission statement: The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.



SONS of NORWAY

SAVE THE DATE

Camp Oldfjell September 19th to 22nd

Camp Oldfjell, Folkehøgskule for Voksne (Folk School for Adults), Camp Oldfjell will be held from September 19th to September 22nd at Camp Norge. Our second year is going to be an exciting one! In addition to the classes we offered last year, we will be adding even more! We also plan on introducing the Sports Medal Programs by taking a walk, recording our progress toward a bronze medal in the Gangmerke Walking Medal Program.



CAMP OLDFJELL CLASS SUMMARY

Camp Oldfjell planning for 2020 is underway. An entire team, from numerous lodges, is working on creating the classes and activities for our 2020 Camp Oldfjell. The final course catalog is still in development, but they wanted to share with you the courses and descriptions they are currently working on. The class titles are all links to the Sons of Norway Cultural Skills Program Unit overviews. The classes that are not from the Cultural Skills Program are marked with asterisks. Click [HERE](#), then sign in, to view the Cultural Skills program overview.

Rosemaling

Instructor: Lotte Sather
Materials fee: \$10

Overview: This class is designed to cover the skills to create a project using the basic strokes required for a project.

Hardanger Embroidery

Instructor: Nancy Madson
Materials fee: \$5

Overview: This class is designed to cover the skills to create a small project using the six stitches required.

Figure Carving

Instructor: Steve Granberg & Joel Elliot
Materials fee: \$25

Overview: This class will provide you with the carving skills required to complete level 1 of the figure carving unit.

Tablet (card) Weaving

Instructor: Bruce Fihe
Materials fee: \$25

Overview: This class is designed to cover the skills and create a project required for Level 1.

* Viking Dress *

Instructor: Michele Edler
Materials fee: \$50

Overview: This dress is the shorter length overdress suspended by shoulder straps fastened by brooches.

* Nålbinding *

Instructor: Bruce Fihe
Materials fee: \$10

Overview: Nålbinding, a craft that predates knitting and was used during the Viking era to make hats, mittens, etc.

Literature I

Instructor: Jackie Rush Wyarch
Materials fee: TBD

Overview: The literature class will focus on the elective activity (#13) of this unit.

* Klosterom *

Instructor: Jodi Nelson
Materials fee: \$10

Overview: This is a popular Norwegian needle craft

* Embroidery Embellishment for Viking Dress *

Instructor: Judy Immel
Materials fee: \$5

Overview: you will learn 4 different embroidery stitches to use for embellishing the seams on your Viking Apron or Viking Dress

Gangmerke (Walking)

Part of the Sports Medal Program

Traditional Norwegian Cooking

Details are still in development.

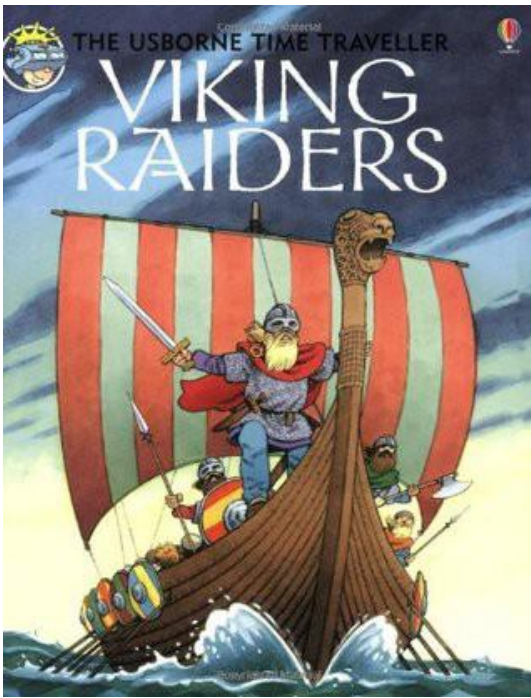
Genealogy Wool Knitting Norwegian Language

Details for these 3 classes are still in development

Norse Knitting (wire)

This class is in consideration

KID'S PAGES



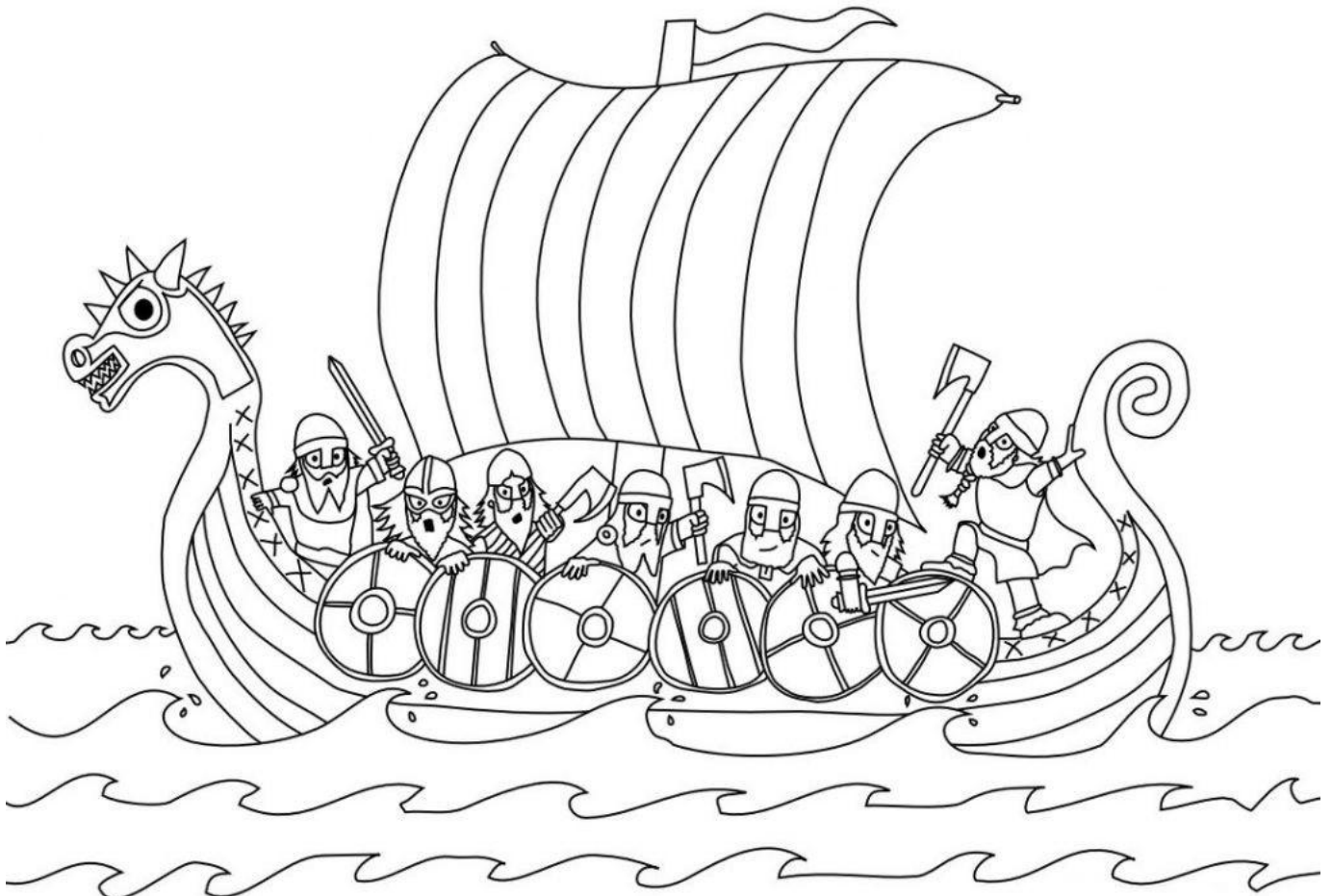
VIKING RAIDERS

(The Usborne Time Traveler Series)

by Anne Civardi, James Graham-Campbell,
Heather Amery

Put on your magic helmet and you will be whisked back to a time when ferocious bands of Viking raiders terrorized Europe. The year is AD890, and your destination is Norway. Through the adventures of a chieftain named Knut and his family, you will find out exactly what everyday life was like. Watch warriors set sail for Ireland, loot a monastery and celebrate their victory with a splendid feast. Visit a busy trading town and sail the treacherous sea in search of new land to farm.

You can buy this book on Amazon by clicking [HERE](#).



WORD SEARCH

Settlements & Lands Explored by the Vikings

X N M D S W A Y S B D G D M K
E I Q R S P A W E N T N L A R
P L I O S E E T A N A E S R A
N B S F W D D L E L K H I K M
O U A G E E E I N R E R O L N
R D Y N V C X E R T F B O A E
W H P I I J E F L B D O B N D
A I G L P R W A O T E A R D Q
Y V Y R G P N U F R Q H E D J
T G T A M D C L T Y D O T X Q
G N I C F E H E L L U L A N D
D R A B L A V S E O R A F K G
B S W V N U D L P C B L R O R
H I R E L A N D M R V O L C S
K C I V W N R U A G C K I S I

Norway
Sweden
Denmark
Faroes
Svalbard
Dublin
Markland
Shetland
Helluland

Iceland
Greenland
Ireland
Orkney
Hebrides
Cork
Wexford
Carlingford
Waterford