



October 2020  
Volume 16 -Issue 10



**Vikings of Lake Lodge #6-166 Scandinavians United!!**

*SUNDAY, OCTOBER 11, 2020——1:00PM  
Galilee Lutheran Church Labyrinth——8860 Soda Bay Road——  
Kelseyville*

Let's join together out in the open area of the Church Labyrinth and enjoy some time together. We can social distance and wear masks. Bring your own lunch and beverage.

We have some things to discuss: donation to the Sons of Norway Foundation for October Foundation month via our Tine March (see articles), put in your order for Norwegian/Swedish/Danish calendars for 2021, discuss getting together again in person versus ZOOM meetings in November and December, Senior Project suggestions for Baylee McKenney to do for our Lodge.....



### **Celebrate Foundation Month This October**



October is Foundation Month! This is a time to celebrate the Sons of Norway Foundation and the value they bring to our membership and communities.

The Sons of Norway Foundation was founded in 1966 to support our members, and it now offers a wide range of scholarships and grants focused on promoting Norwegian heritage and culture, cross-cultural educational opportunities, and humanitarian aid. During Foundation Month we ask that you find a way to support the Foundation, whether it be through making a personal donation or by participating in fundraising efforts with your lodge.

The Sons of Norway Foundation gives out over \$130,000 in grants and scholarships every year, but we need the support of members like you! Our scholarships and grants can be a lifeline for students, families and our lodges, and the economic impact of COVID-19 only increases the need for these vital opportunities.

Be a part of something bigger with the Sons of Norway Foundation—support our members and community by donating today! Donations are accepted online at [sofn.com/foundation](https://sofn.com/foundation).

## Show Your Nordic Pride This Foundation Month!

October is Foundation Month, which is a great opportunity to show your Sons of Norway pride! Gifts to the Sons of Norway Foundation showcase our Nordic culture and humanitarian spirit through grants, and highlight our passion for education through scholarships.

Now more than ever, it's important that we all be a part of something bigger. You can make a difference by giving to the Sons of Norway Foundation this fall. Learn more about the Foundation online at [sofn.com/foundation](https://sofn.com/foundation).

### Celebrating 125 years of friendship, culture and heritage

Our newest members in 2020 are loving Sons of Norway. They've recently said: ...a wonderful place to celebrate Norwegian heritage and make new friends. ...I am already seeing through emails and Facebook posts how connected the Sons of Norway community is, and that is mostly why I joined. ...I'm walking the virtual St Olav Way and loving it!



Please invite others to join our celebration as new members. When they sign up online at [sofn.com](https://sofn.com), they'll receive an official new member Welcome Kit in 2 to 3 weeks

### It's Here! Download Viking for Kids Now!

As part of our 125th anniversary celebrations, we are thrilled to announce the launch of Viking for Kids. Now available for download from [sonsofnorway.com](https://sonsofnorway.com),

Viking for Kids is a quarterly digital publication that includes Scandinavian-inspired articles, quizzes, coloring pages and more! We are excited for our heritage members to have a magazine of their own once again and we look forward to seeing it in use!



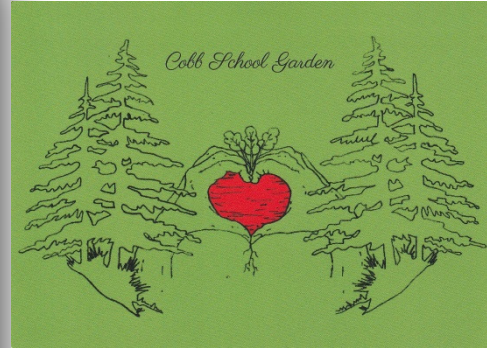
To download Viking for Kids, visit [sofn.com/vikingforkids](https://sofn.com/vikingforkids).



Helping Hands to Children Grant of \$500, through The Sons of Norway Foundation, is presented to the Cobb School Garden by Vikings of Lake Lodge!



Jessica Pyska, Lodge Treasurer Kirby Aasen and Cindy Leonard



To the Sons of Norway,  
Thank you so much for your donation to the Cobb School Garden. It is because of organizations like yours that our program has had over 30 years teaching students about the environment, healthy eating and tending the garden.

We are grateful for your support.

Sincerely, Cindy Leonard and Jessica Pyska



The garden and the fruits of the garden.

Cindy gives Kirby a card and a bouquet of their flowers in thanks!



## Norwegian Sweet Soup

Member Shelia Kershek from Fosselyngen Lodge 5-082 sent this recipe that is perfect for cooler fall weather. Shelia said: *This is a recipe that my Grandma Vaughn (nee Halvorsen) used to make. My Dad makes a bunch of it every Christmas and gives me a nice container of it. I love it!*

(Notes: The red sugar gives the soup a rosy color, and can be omitted. You can serve this warm or cold. A drizzle of heavy cream on top is extra tasty.)



- 6 cups water
- 1 cup raisins
- 1 cup prunes
- 1 cup white sugar
- 1 tablespoon red sugar
- 1/2 cup tapioca
- 1 teaspoon cinnamon or 2 cinnamon sticks
- 1/4 teaspoon salt
- 1 tablespoon vinegar or lemon juice (we use lemon juice)

\*\*\*Place all the ingredients into a kettle and boil until tapioca is clear and the raisins and prunes are cooked (about 8 minutes). The mixture will thicken and then can be thinned by adding a little water.

>>>Do you have a Norwegian or Nordic-inspired recipe to share with fellow members? Please contact [membership@sofn.com](mailto:membership@sofn.com).

**Editor: As a child, I did not want a cake for my birthday. I asked my oldest Aunt, Ella, to please make me Sõt Suppe!! My friends who came for my birthday party loved it, too**

OLE COMPLAINED to his landlord. "The people upstairs are so annoying! Last night they stomped and pounded on the floor till almost midnight." "Did they wake you up?" asked the landlord. "No," said Ole, "Fortunately, I was playing my tuba."



Support our members!  
If you have a business and would like to advertise here.....let me know! N/C  
Editor

### Kevin Ness Jewelers

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**2020**  
**Pandemic Pin by**  
**Penny**  
**To benefit Camp Norge**

An “Annual Tradition” at our Northern, Central and Southern California Kretsstevner since **1976**, this special **44th Anniversary Pin** is available for purchase.

Even though we cannot “gather together” at a Kretsstevne, we can still support our special Camp.

Please contact your Registrar to order a pin(s) to be sent to you.

Minimum \$5.00 donation each for these collectable pin(s) incl. postage



**NCK—Tove Lise Miller** tovelise@aol.com 916-364-8704

**CCK—Kristine Pilkington** kristinepilkington@hotmail.com

805—965-0309

**SCK—Nancy Madson** Norsknm@gmail.com 760-343-0848

*Payment by check, to District Six,  
or by cash upon receipt of pin(s)!*



## Congratulations Vikings of Lake Leadership!!

### LODGE MERIT AWARDS

2018—Small Lodge—Silver Award  
Vikings of Lake #6-166

2019—Small Lodge—Silver Award  
Vikings of Lake #6-166

### 2020 COMMUNICATION AWARDS

Zone 1—Vikings of Lake #6-166—Silver

Of course, these awards would have been presented at the Convention but we look forward to our Zone Director, Tove Lise Miller, presenting them to us when we can gather in person again!

## Oct. 9 is Leif Ericson day



He was the son of Eric the Red who left Norway for Iceland (not by choice but due to some misdeeds) He settled Greenland.

Leif converted to Christianity in 1000 AD and sailed to Norway. The king requested he convert Greenland to Christianity when he returned. He sailed by accident to Vinland, now Newfoundland. He started a colony, L'anse Meadows, but no one stayed and possibly returned to Greenland or Iceland.

There has been a movement to make Leif Ericson Day a holiday to replace Columbus Day. but due to the lack of written records other than sagas this a very distant possibility.



### **Build a Buzz:**

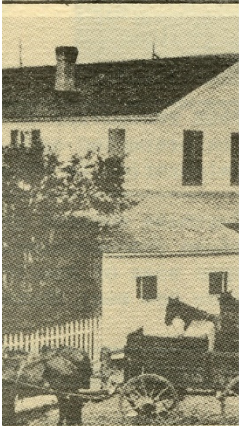
Let Others Know How Much You Enjoy Membership! Do you LOVE rosema-ling, making lefse, enjoying Nordic music and dance, or celebrating other aspects of Norwegian culture & heritage through your Sons of Norway membership?

Then spread these honey-sweet words and get nonmembers buzzing to join the fun! Help our lodge and Sons of Norway family grow in 2020 and 2021!



the Prairie Lands of those early Norwegians (The Sloopers). Learn more about Norwegian Culture and inspect the cemeteries where Sloopers Families are buried here in this area, and take a driving tour outlined on the Historical Map of the Sloopers era, that can be obtained when you arrive here. Reliving the History of those Pioneer Norwegians who followed Cleng Peerson here.

are sure all NORWEGIANS will wish to be here during the expected visit of the Royal Family and officials of the Norwegian government. Please make your room reservations and give us a call. The mobile Units.



First Permanent Norwegian settlement established by Cleng Peerson in 1834

the pathfinder of the west, was one of them who made the first adventure. As an explorer he came to Norway. Peerson came to America where his kinsmen were waiting for him. So glowing were the words he called the Restoration of the Old Norway. 52 immigrants aboard the ship sailed for America. Arriving in 1834 he appears to make farm land in the Rochester, N.Y. area.

at walking from New York..reached Chicago then a few shanty huts. The marshes of Chicago he thought were not his purpose. Again he trekked across the open plains west after many days wandering on a hill in the Valley of the Fox River. He slept and dreamed..says one Historian "and the prairie changed into a cultivated region teeming with grain and fruits, beautiful to behold that splendid prairie stood all over the land occupied by rich, prosperous



make  
gard  
y for

First Norwegian settler (Elling Eielsen) in the Valley of the Fox River. He Historical site is now a National Historic Landmark.



dedicated by State

## Fun Fact #10

A member newsletter that eventually became *Viking* magazine began publication on January 1, 1913.

### Visions come true....

Because of the dream of Cleng Peerson brought many of his countrymen to the Valley of the Fox River and a little Norway sprang into being in 1834. Like a prophecy from the Old Testament, Cleng's vision rippled into great fields of grain and vast pastures not more than a half century later. Today..Norwegians ever

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*The strength of history, the promise of tomorrow!*



## 2020 Officers

### Co-Presidents:

Mary Beth Ingvaldstad 580-8052  
Paul Astrup 928-8364

### Co-Vice Presidents:

Robin Marsolek 275-8076  
Carl Ingvaldstad 987-2404

**Secretary:** Eva Johnson 279-4836

**Treasurer:** Kirby Aasen 349-8792

**Membership Secretary:** Ellen Aasen  
349-6554

**Counselor:** Carl Ingvaldstad

**Editor/Musician:** Mary Beth Ingvaldstad

**Greeters:** Joanne Swenson and Judith Bergstrom

**Social/Cultural:** Theresa Contos, Kris Stocker

**Foundation Director:** Carl Ingvaldstad

**Sunshine:** Joanne Swenson

**Photographer/Historian:** Sharon Lewis

**Librarian:** Dennis Robison

**Tubfrim Chair:** Evelyn Robison

**Webmaster/Camp Norge Ambassador:** Kirby Aasen

**Marshalls:** Kris Kjera and Elsie Voss

**Trustees:** Theresa Contos, Robin Marsolek

**Auditor:** Irene Tisell

## Sons of Norway

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.

### *Birthdays To Celebrate!!! Gratulerer Med Dagen!!*

#### October

- 2—Jim Berglund
- 9—Kevin Ness
- 22—Guri Clark
- 24—George Smith



*Heritage Member:*

28—Naome Groves  
(14)



### Recruit a New Member and Be Recognized!

Please invite daughters, sons and friends of Norway to join as new members. When you recruit a new member and include your member number on the join form, you'll be awarded this beautiful 2020 Recruiter Pin.