

LAKE VIEWS

Vikings of Lake Lodge #6-166
Scandinavians United!!



September 2021
Volume 17-
Issue 9



Well, it is **Labor Day** weekend and I had planned to be at Camp Norge with Carl Peter and dozens of other Sons of Norway friends to celebrate our Annual Kretsstevne but, alas, it was not to be. The smoke from the Caldor fire inundated Camp Norge with extremely unhealthy smoke. So, we are safely at home overlooking the hazy Mayacamas and hoping for better days ahead.

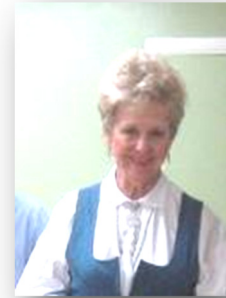
Check out the Slapp Av pictures on pages 2-3. What a wonderful day of fellowship on our deck on a lovely August afternoon as we celebrated Carl Peter and Else becoming Golden Members while the Astrup boys received 5-year Heritage Badges. Plus, they pinned their late Father's 5-year member pin on their Mom, our newest member Mahanga.

Please enjoy a fun story about our 92 year old Charter/Lifetime Member **Eva Johnson** on pages 5 and 6.

Make a Difference Day is coming in October. What can WE do in our community? (page 7)

Join us on September 12th for a Picnic in the Park . Check it out right below.

Med Vennlig Hilsen—Mary Beth



Grandparents' Day
— hint hint!!

Lakeside County Park 1985 Park Drive

(just west and north of Clearlake State Park on Soda Bay Rd)

No entrance fee, lots of parking, playground and picnic tables (not a lot of shade so bring a hat)

Sunday, September 12th

12:00 Noon

BYOL

(Bring Your Own Lunch)

Dessert will be provided

Questions? Call MB at 580-8052

**Slapp Av med Venner og Mat—
August 21 at the Ingvoldstads’**



“Bootie Cuties” MB and Sharon compare their right foot apparel!



The elusive Michael Contos joins wife Theresa to quell rumors that he is a figment of one’s imagination !



Kris and Ray continue their attempts to solve the world’s problems.



Ev enjoys Dennie’s company for awhile and then joins Irene in the kitchen to discuss more important matters



Pres Mary Beth presents Adam and Gordon with their 5-year Heritage Membership Puffin Badges. Then, they pin a 5-year membership pin on Mom in honor of their father, Paul.





Chris and Vale Hanzel relax with daughter, Aimee McKenney.



Vicky was her cousin Sharon's Chauffeur today!



Else Storm Rodrigues's family threw her a huge 90th birthday party in Washington with special T-shirts—"Still Stormy at 90"



New **GOLDEN MEMBERS**—Carl P Ingvoldstad and Else Rodrigues receive their Certificates and Pins!! Congratulations!! Over 65 with 30 years of membership!

Spice-Crusted Salmon with Aquavit Sour Cream

The spices that are used in this salmon dish may lead you to think that this is a Middle Eastern recipe. All the spices, however, are also ingredients in the traditional Scandinavian aquavit - the potato-based liquor. Serves 2.

Ingredients:

1 pound (½ kg) salmon fillet, skin on,
any pinbones removed
2 tsp. coriander seeds, crushed
2 tsp. cumin seeds
2 tsp. dill seeds
2 tsp. fennel seeds
1 tsp. salt
¼ cup (½ dl) fresh lemon juice
¼ cup (½ dl) sour cream
1 Tbsp. aquavit
1 tsp. caraway seeds
1 Tbsp. finely chopped fresh chervil
2 tsp. white wine vinegar, or to taste



Directions:

Preheat the oven to 350°F / 175°C

Rinse the fish under cold running water. Pat dry with paper towels. In a small skillet, toast the coriander, cumin, dill, and fennel seeds over medium heat for about 2 minutes, until they start to release their fragrance. Transfer to a small bowl, add the salt, and mix well. Rub the fish with the spice mixture and place in a baking dish. Sprinkle with 1 tablespoon of the lemon juice. Cover and let marinate in the refrigerator for 1 to 2 hours. To prepare the aquavit sour cream, in a small bowl, mix together the sour cream, aquavit, caraway seeds, and chervil. Add vinegar to taste. Cover and refrigerate.

Place the baking dish with the fish on the middle oven rack and bake for 12 to 15 minutes, until the fish flakes nicely with a fork. Serve the fish topped with the sour cream and accompanied by the fennel.

Note: If you cannot find aquavit, season the sour cream with ¼ teaspoon ground fennel seeds, ¼ teaspoon ground dill seeds, ¼ teaspoon ground cumin seeds, 1 teaspoon sugar, and 1 tablespoon brandy.

Recipe from Andreas Viestad, NEW SCANDINAVIAN COOKING
Newsletter Service

Welcome New Member: Mahanga Astrup

Paul's widow, Mahanga, is now a member of our Lodge and her two boys, Adam and Gordon, continue as Heritage Members. We are so delighted this family is continuing to share heritage and culture with us. Mahanga is originally from Tonga and works as a caregiver. She is a delightful person and we look forward to getting to know her better.



Celebrating the History of our Charter/Life Member *Eva Dahl Johnson*—

written by her niece Deborah Dahl Shanks

When my father was born my Grandmother Stella Christopher-son Dahl was going to name him Ole. No doubt this was due to the fact that my Great Grandfather who immigrated to the US was named “Ole Larsen Dahl” (he was the son of Lars and the farm was named “Dalen”, just outside of Skarnes in Hedmark). This is true! Her sister told her “you can’t possibly be thinking of naming him Ole, you wouldn’t dare saddle him with a name like that here!” So, she changed his name to Orrin. This is absolutely true. My father’s name was Orrin Tillman Dahl. Maybe that is why my father loved telling Ole jokes. Not unlike Victor Borge, he was one droll joke teller.



My Norwegian Grandmother, Stella, was one tough lady. She managed to come to CA with 6 children in tow with an old pick up truck and small trailer full of what they could bring. I have a copy of a letter she wrote to her sister in which she chronicled the trip. They left Wisconsin on July 21, 1939 and it took them one week to get to California.

Each day they arose at 5:30am with the beginning 2 days of the trip on dirt or gravel roads. They did some minimal sight seeing on the way as well as commentary about the changing landscapes. On their way they visited the Swedish Old People’s Home and Eastern Star Masonic Temple in Ames, Iowa, and stopped to watch people threshing the corn. They typically rose at 5:30am every morning sometimes dealing with fog or unexpected weather.

When going through Omaha they visited Boy’s Town (as per the movie of the same name) where they stopped and let the boys act as a guide. While there they viewed various aspects of the “town” which was run like an incorporated village. The boys learned many things and did all the work, including cooking. Note that 16 of the teachers were nuns. The boys came various nationalities and faiths. Boy’s Town was designed to accommodate about 400 boys, at that time there were 200 boys.

The next day they started through Colorado where her eldest daughter, Eva, left her glasses in the rest room. A strong wind made it tough to travel. Going through rural Colorado there were acres of wasteland covered with sagebrush, and then large stockyards with cowboys driving big herds of steers. In Denver, there were more stockyards, as well as steel and ironworks and large oil refineries. But from there was the long climb through the Rockies where they constantly had to stop to cool the engine (they had to stop 6 times just to make it to the top of the first pass). They spent their third night at the first pass at 8000 feet. They did not expect the freezing cold in July with six-inch icicles on the water faucets. They all froze!

Con’t on page 6

Starting again at 5:30am and once more through the mountains brought them to the Utah flats. More sagebrush and rough roads, followed by another mountain pass and a really bad road that was under construction. It was no wonder that after over 20 miles of bad roads they discovered the starter did not work and the cable was broken. In spite of this they forged on since it was now all downhill into Salt Lake City.

There they found the international garage and had the cable fixed. But since they were there for a while they visited the Mormon Tabernacle and listened to the organ. Once the car was up and running they continued through miles of “desolate country” before reaching the Great Salt Lake Desert.

They finally made it to Nevada, but they did not stop to visit any gold or copper mines. With California in sight, they went through 8 small mountain passes and finally entered California reaching Sacramento where they called my grandfather, Louie, to let him know they were near. It was so late they stayed in Sacramento.

On the last day of their journey they stopped at various fruit stands and noted that California is beautiful, but dry. [Don't we know it!] All in all they covered 2454 miles in 7 days: one gutsy Norwegian mother with six children: 18, 16, 15, 12, 10 and 7, and old pick up truck and trailer. One could say there is nothing we Norwegians can't do! But I'm not sure I would have attempted that trip. But sometimes you just have to do, what you have to do.

They settled in Richmond, attended Grace Lutheran Church, raised their children, then retired and moved to Soda Springs, Clear Lake where my grandfather built their home on the lake. Eva, the girl who left her glasses in the restroom, now lives there. She is 92, and is also one strong Norwegian woman.



Let Others Know How Much You Enjoy Membership! Do you LOVE rosemaling, making lefse, enjoying Nordic music and dance, or celebrating other aspects of Norwegian culture & heritage through your Sons of Norway membership? Spread the word!!!!

TIX Celebrates Differences at Eurovision

Norway's entry into this year's Eurovision Song Contest, "Fallen Angel," was written and performed by flamboyant rock star Andreas Haukeland, better known to his fans as TIX. This stage name was inspired by the constant storms of facial twitching and blinking he experiences due to **Tourette's Syndrome**. He arrived at Eurovision not just to showcase his music, but to celebrate the fact that living with a debilitating condition doesn't have to stand in the way of achieving your dreams.



Lyrics for "Fallen Angel" were born out of TIX's **own experiences with bullying** and mental health issues. He feels a lot of people can relate to the latter, after living through 2020 and the continued pandemic. TIX made it to the final round of the epic contest, which typically draws a television audience of 200 million.

Hey Vikings of Lake Lodge Members—-what should we do?

Make a Difference Day —October 23, 2021

Have you ever wondered how one person can create positive changes in the world? Contributing in a significant way can seem like a monumental task. On October 23rd, you can pitch in to help others on Make a Difference Day. There is still time to lend a hand to others in a meaningful service project.

Make a difference with these three steps:

1. Identify a need

Do some research and determine who needs help in your community. Donate canned goods, clean up a park, make care packages for a shelter, or host a fundraiser for a charity.

2. Make plans and get the word out

Post flyers, e-mail your friends and family and advertise your project on social media, so volunteers can join your efforts. Make sure to include the date, time, project details, and any other important information.

3. Report back

What measurable impact did your project have? After the 23rd, tell others how you helped change lives for the better. Send a description of your project with results and photos to your District Publicity Director for use in *Viking* magazine.

Whether you design your own project or pitch in on someone else's, do something good for someone else and make a difference in your community.

2020 Officers

President:

Mary Beth Ingvoldstad 580-8052

Co-Vice Presidents:

Robin Marsolek 275-8076

Carl Ingvoldstad 987-2404

Secretary: Eva Johnson 279-4836

Treasurer: Kirby Aasen 349-8792

Membership Secretary: Ellen Aasen 349-6554

Counselor: Carl Ingvoldstad

Editor/Musician: Mary Beth Ingvoldstad

Greeter: Joanne Swenson

Social/Cultural: Theresa Contos, Kris Stocker

Foundation Director: Carl Ingvoldstad

Sunshine: Joanne Swenson

Photographer/Historian: Sharon Lewis

Librarian: Dennis Robison

Tubfrim Chair: Evelyn Robison

Webmaster/Camp Norge Ambassador: Kirby Aasen

Marshalls: Kris Kjera and Elsie Voss

Trustees: Theresa Contos, Robin Marsolek

Auditor: Irene Tisell



Sons of Norway

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.

Gratulerer Med Dagen!!



September

6—Theresa Contos

10—Robin Marsolek

15—Cheryl Smith

23—Carl P Ingvoldstad

25—Jay Jessen



Recruit a new member and receive this cool pin!!