

LAKE VIEWS

Vikings of Lake Lodge #6-166 Scandinavians United!!



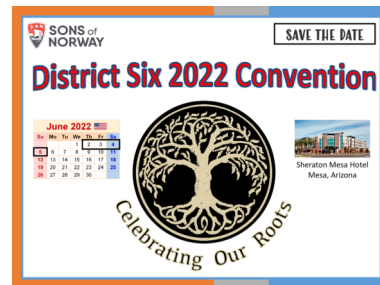
Mary Beth, Joanne Irene, President Kirby, Ellen, Robin and Theresa.....up front is Carl



February 2022
Volume 19—
Issue 2



International Director, Mary Beth Ingvaldstad, performed the Installation of Officers for our Lodge on January 9th. We enjoyed a potluck lunch and good camaraderie.



Greetings fellow Vikings

I am happy to be writing you as your newly elected president for 2022. As we look forward to the year ahead I hope it finds everyone well in these strange & difficult times. This year we are going to try and meet in person more than we have been able to in the past two years. In order to make this happen and keep everyone safe, I would ask that members refrain from attending if they show any symptoms of being ill.

Now for the year ahead, on **February 13th at 1:00 pm** we will have a **zoom meeting to discuss and plan** what we can do as a lodge this year. We will need to **look at our finances, elect delegates for convention** and think about **Camperships for Camp Trollfjell**. (The Zoom link will be sent closer to the date. Please watch for it!)



I'm also suggesting that as a start we have a traditional **“Corned Beef & Cabbage” dinner on Sunday, March 13th** at Galilee (let me know if anyone can help with the cooking).



Looking forward to seeing everyone this year.

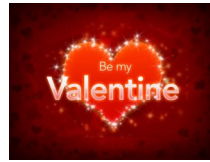
Fraternally
Kirby Aasen

Dates of Note in February

6—Norwegian Flag Day
13—Norwegian Mother's Day
14—Valentine's Day



21—Presidents' Day



National Flag Day in Canada
King Harald V of Norway's birthday—1937—
he acceded to the throne on 17 January 1999



Historical Sámi Document Goes Home

A document from 1751 ensures that Sámi can move reindeer across national borders. Now the Sámi «Magna Carta» has come home to Kautokeino.

King Harald will be present when the "Lappekodusillen" is handed over to the Sámi Archive in Kautokeino. The 270-year-old document has been crucial in determining Sámi rights and is still in effect today.



“It is a symbolic day, and it fits into a tradition of returning both documents and also cultural objects that mean something to indigenous peoples, back to them,” law professor Øyvind Ravna said to NTB.

Reduces Disadvantages

The document was created as an addition to the border treaty that was negotiated between Denmark-Norway and Sweden in 1751.

The document is the first international law and bilateral treaty given to protect the Sami as a minority and indigenous peoples in Norway, the professor says.

“The Codicil is a child of the Enlightenment where the Sámi were considered a separate people who had the right to ‘future existence,’ i.e. that they should not be assimilated into the Norwegian and Swedish state, as the policy would be later,” says Ravna.

The King is In The Hall

When the document is officially transferred to the Sámi during a ceremony in Kautokeino on Tuesday, outgoing Sámi Parliament President Aili Keskitalo will receive it.

“It will be a very special event when His Majesty the King himself comes to contribute to this event. I think I put it in a very symbolic context, because at the time the Lapp codicil came into being, there were autocratic rulers in the Nordic countries,” says Keskitalo.

Officers for 2022

President:

Kirby Aasen 349-8792

Vice President:

Robin Marsolek 275-8076

Secretary: Eva Johnson 279-4836

Treasurer: Ellen Aasen 349-6554

Membership Secretary:

Irene Tisell 533-3464

Counselor: Carl Ingvaldstad 987-2404

Editor/Musician:

Mary Beth Ingvaldstad 987-2404

Greeter: Joanne Swenson, Mahanga Astrup

Social/Cultural: Theresa Contos, Kris Stocker

Foundation Director: Carl Ingvaldstad

Sunshine: Joanne Swenson

Photographer/Historian:

Sharon Lewis

Librarian: Dennis Robison

Tubfrim Chair:

Webmaster/Camp Norge

Ambassador: Kirby Aasen

Marshalls: Kris Kjera, Elsie Voss, Adam Astrup, Gordon Astrup

Trustees: Theresa Contos, Robin Marsolek

Auditor: Irene Tisell

Thank you everyone for offering to serve!!

Scholarships from Sons of Norway Foundation Sofn.com Foundation

Due March 1

Astrid G. Cates Vocational Scholarship

Dan and Betty Rude Scholarship

King Olav V Norwegian-American Heritage Scholarship

Myrtle Beinhauer Fund (membership required)

Nancy Lorraine Jensen Memorial Scholarship Fund (membership required)

Orel and Marie Winjum Memorial Scholarship

District 4 Scholarship

Bernt Anker Scholarship

Sissel and Roger Espeland Memorial Scholarship Fund

Elaine Nelson Scholarship (membership required)

Douglas Warne – Rolf & Wenche Eng Scholarship

Helen Tronvold Adult Learner Scholarship (membership required)

Helen Tronvold Norwegian Folk High School Scholarship (membership required)

Lund Fund Scholarship (membership required)

Oslo International Summer School Scholarship (membership required)

Take a good look at these scholarships and apply! Adult Learner Scholarship/ Oslo Summer School Scholarship—us old “fogeys” as well as young people!

Share your love of Norwegian heritage and culture

In 2022 our Recruitment Challenge theme is “Share Nordic Culture & Heritage.”

When you **recruit at least one new adult member** (age 16+) and provide your member number at the time they enroll, you'll receive this limited-edition 2022 Recruiter pin. Supplies are limited. Don't miss out—invite a friend to join today!



SONS of NORWAY

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.

Gratulerer Med Dagen!!

*No Member Birthdays
this month*



As we get on board for the New Year!!

FLIGHT 2022

We are prepared to take off into a New Year. Please make sure your positive attitude and gratitude are secured and locked in the upright position

All self destructive devices & pity, anger, selfishness, pride, and resentment should be turned off at this time.

All negativity, hurt, and discouragement should be put away.



Connect with us and the entire organization of Sons of Norway..

International—sofn.com

District Six—sofn6.org

Our Lodge—
vikingsoflakelodge.sofn6.org

Follow us on Facebook

Vikings of Lake Lodge

Sons of Norway District Six

Official Sons of Norway Facebook Group



The recent drought has been very hard on CAMP NORGE.



During this past season, the camp *ran out of water four times*. But there is a solution to the problem! We need to replace the **20-year-old** back-up well pump and bring the Camp into the 21st century. That's where *you* come in.

We need \$15,000 to bring the system up to date.

Add Camp Norge to your Holiday Gift List

Today, go to our **GoFundMe** Page here

<https://gofund.me/e5da7570>

Or if you prefer, make your check payable to Camp Norge and send to

P.O. Box 622, Alta, CA 95701 and put "Let it Flow" on the memo line.

Questions? Contact Fred Hymans at (916) 412-3797 or fred.hymans@campnorge.org

Kjøttkaker i brun saus - Meatballs with brown gravy

2-3 servings (perfect for many of us)

Meatballs/Kjøttkaker

400 grams/14,1 ounces beef minced meat

1 tsp. salt 1/4 tsp. pepper

1/4 tsp. ground nutmeg

2 Tbsp.s potato flour/starch

1.5 dl/0,6 cups water or milk (I used water)



Brown gravy / Brun saus

4 Tbsp.s butter

4 Tbsp.s wheat flour

1 liter/33,8 ounces broth (meat broth cube, or "real broth")

1/2 tsp. salt

1/4 tsp. pepper

Mushy peas/Ertestuing

1 package of frozen peas (400 grams/14,1 ounces)

1 dl/0,4 cup meat broth (made with bouillon)

1 Tbsp. butter

1/4 tsp. pepper

Use lingonberry jam, but cranberries also work nicely. Hard boiled potatoes (plenty)

Source:

THE WAY NORTH – FILM EVENT FOR SON MEMBERS

Norm Midthun's grandchildren return to Norway to retrace his steps 71 years after he piloted Crown Prince Olav on his 1945 Post-WWII, victory tour of Norway. Don't miss this members-only film, available through Monday, February 7! (Please be sure you are logged on to sofn.com to access the link)

A screenshot of a Vimeo video player page for the film "The Way North". The page features a large video thumbnail with the title "THE WAY NORTH" and the subtitle "A WWII story of resilience, family, and celebration". Below the thumbnail are several award logos, including "SCANDINAVIAN FILM AWARDS" and "WINNER". A "Watch Trailer" button is visible. At the bottom of the page, there are two pricing options: "Rent \$3.99" with a note "48-hour streaming period" and "Buy \$9.99" with a note "Stream + download anytime". A red arrow points to the "Rent \$3.99" button with the text "CLICK HERE". The Vimeo interface includes navigation links like "Manage Videos", "Resources", "Features", "Watch", and "Upgrade".